

Registered number

11323971

Care Plus Solutions Ltd

Filleted Accounts

30 April 2020

**Care Plus Solutions Ltd****Registered number:** 11323971**Balance Sheet****as at 30 April 2020**

	Notes	2020 £
<b>Current assets</b>		
Debtors	3	2,850
Cash at bank and in hand		10,115
		<hr/> 12,965
<b>Creditors: amounts falling due within one year</b>	4	(11,872)
<b>Net current assets</b>		<hr/> 1,093
<b>Net assets</b>		<hr/> 1,093
<b>Capital and reserves</b>		
Called up share capital		100
Profit and loss account		993
<b>Shareholders' funds</b>		<hr/> 1,093

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

J Jallim

Director

Approved by the board on 28 April 2021

**Care Plus Solutions Ltd**  
**Notes to the Accounts**  
**for the year ended 30 April 2020**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

The financial statements are presented in sterling (£) which is also the functional currency for the company and rounded to the nearest £.

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue from the rendering of services. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

***Debtors***

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

***Taxation***

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

***Pensions***

Contributions to defined contribution plans are expensed in the period to which they relate.

**Number**

Average number of persons employed by the company 1

**3 Debtors****2020****£**

Other debtors 2,850

**4 Creditors: amounts falling due within one year****2020****£**

Trade creditors 340

Taxation and social security costs 11,531

Other creditors 1

11,872**5 Related party transactions**

During the year a director Ms J Jallim received an interest free loan of £3,000.  
to enable him to carry his duties. The amount outstanding at the year end was £2,850.

**6 Other information**

Care Plus Solutions Ltd is a private company limited by shares and incorporated in England. Its registered office is:

Suite 17

East London Office Centre

80-86 St Mary Rd

London

E17 9RE

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.