

**OLD STABLE WELLNESS LIMITED  
UNAUDITED ABRIDGED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**Old Stable Wellness Limited**  
**Unaudited Financial Statements**  
**For The Year Ended 31 March 2022**

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**Old Stable Wellness Limited**  
**Abridged Balance Sheet**  
**As at 31 March 2022**

Registered number: 11279644

		<b>2022</b>		<b>2021</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>FIXED ASSETS</b>					
Tangible Assets	<b>3</b>		390		520
			<u>390</u>		<u>520</u>
<b>CURRENT ASSETS</b>					
Stocks		860		158	
Debtors		421		10	
Cash at bank and in hand		4,025		4,043	
		<u>5,306</u>		<u>4,211</u>	
<b>Creditors: Amounts Falling Due Within One Year</b>		(9,689 )		(5,805 )	
		<u>(9,689 )</u>		<u>(5,805 )</u>	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			(4,383 )		(1,594 )
			<u>(4,383 )</u>		<u>(1,594 )</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			(3,993 )		(1,074 )
			<u>(3,993 )</u>		<u>(1,074 )</u>
<b>Creditors: Amounts Falling Due After More Than One Year</b>			(3,229)		(5,000)
			<u>(3,229)</u>		<u>(5,000)</u>
<b>NET LIABILITIES</b>			(7,222 )		(6,074 )
			<u>(7,222 )</u>		<u>(6,074 )</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	<b>4</b>		10		10
Profit and Loss Account			(7,232 )		(6,084 )
			<u>(7,232 )</u>		<u>(6,084 )</u>
<b>SHAREHOLDERS' FUNDS</b>			(7,222)		(6,074)
			<u>(7,222)</u>		<u>(6,074)</u>

**Old Stable Wellness Limited**  
**Abridged Balance Sheet (continued)**  
**As at 31 March 2022**

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For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

The company has taken advantage of section 444(1) of the Companies Act 2006 and opted not to deliver to the registrar a copy of the company's Profit and Loss Account.

All of the company's members have consented to the preparation of an Abridged Balance Sheet for the year end 31 March 2022 in accordance with section 444(2A) of the Companies Act 2006.

On behalf of the board

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L A Collinson

Director

**09/11/2022**

The notes on pages 3 to 4 form part of these financial statements.

**Old Stable Wellness Limited**  
**Notes to the Abridged Financial Statements**  
**For The Year Ended 31 March 2022**

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**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**1.2. Going Concern Disclosure**

The company has retained losses at 31 March 2022 of £7,232 (2021: £(6,084) ). The company therefore relies upon the continuing support of its directors to maintain its going concern status into the foreseeable future.

**1.3. Turnover**

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

**Sale of goods**

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

**Rendering of services**

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

**1.4. Tangible Fixed Assets and Depreciation**

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	25% on reducing balance
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**1.5. Stocks and Work in Progress**

Stocks and work in progress are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving stocks. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads. Work-in-progress is reflected in the accounts on a contract by contract basis by recording turnover and related costs as contract activity progresses.

**1.6. Government Grant**

Government grants are recognised in the profit and loss account in an appropriate manner that matches them with the expenditure towards which they are intended to contribute.

Grants for immediate financial support or to cover costs already incurred are recognised immediately in the profit and loss account. Grants towards general activities of the entity over a specific period are recognised in the profit and loss account over that period.

Grants towards fixed assets are recognised over the expected useful lives of the related assets and are treated as deferred income and released to the profit and loss account over the useful life of the asset concerned.

All grants in the profit and loss account are recognised when all conditions for receipt have been complied with.

**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows: 1 (2021: 1)

**Old Stable Wellness Limited**  
**Notes to the Abridged Financial Statements (continued)**  
**For The Year Ended 31 March 2022**

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**3. Tangible Assets**

	<b>Total £</b>
<b>Cost</b>	
As at 1 April 2021	826
As at 31 March 2022	826
<b>Depreciation</b>	
As at 1 April 2021	306
Provided during the period	130
As at 31 March 2022	436
<b>Net Book Value</b>	
As at 31 March 2022	390
As at 1 April 2021	520

**4. Share Capital**

	<b>2022</b>	<b>2021</b>
Allotted, Called up and fully paid	10	10

**5. Directors Advances, Credits and Guarantees**

Included within Debtors are the following loans to directors:

The above loan is unsecured, interest free and repayable on demand.

**6. General Information**

Old Stable Wellness Limited is a private company, limited by shares, incorporated in England & Wales, registered number 11279644 . The registered office is The Old Stable Studios, Unit 1 Abbey Yard, Darley Abbey, Derby, DE22 1DS.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.