

Company registration number 11191957 (England and Wales)

SEABIRDS BRIGHTON CIC
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022
PAGES FOR FILING WITH REGISTRAR



SEABIRDS BRIGHTON CIC

BALANCE SHEET

AS AT 31 MARCH 2022

	2022		2021	
	£	£	£	£
Fixed assets		886		970
Current assets	14,920		13,407	
Creditors: amounts falling due within one year	(12,055)		(5,412)	
Net current assets		2,865		7,995
Total assets less current liabilities		3,751		8,965
Creditors: amounts falling due after more than one year		(3,723)		(4,667)
Net assets		28		4,298
Capital and reserves		28		4,298

Notes to the financial statements

1 Employees

The average number of persons, including directors, employed by the company during the year was as follows:

	2022 Number	2021 Number
Employees	2	2

Seabirds Brighton CIC is a private company limited by shares incorporated in England and Wales. The registered office is 27 Larkfield Way, Brighton, BN1 8EG.

For the year ended 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

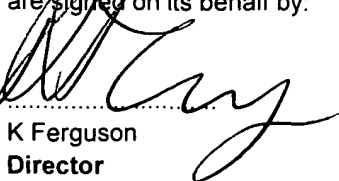
These financial statements have been prepared in accordance with the micro-entity provisions and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime' and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

SEABIRDS BRIGHTON CIC

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2022

The financial statements were approved by the board of directors and authorised for issue on 15/3/23.... and are signed on its behalf by:


.....
K Ferguson
Director


.....
C Brown
Director

Company Registration Number 11191957

011536/15

CIC 34

Community Interest Company Report

For official use
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*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in
full

SEABIRDS BRIGHTON CIC

Company Number

11191957

Year Ending

31/03/22

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The community interest company;

- runs an outdoor swimming online shop with a particular emphasis on selling ethically, sustainable produced goods. Profits are donated to small community groups that aim to improve the environment or wellbeing and/or used to run free sea swimming wellbeing courses.
- facilitates events, talks, courses and sessions that focus on sea swimming as a way of managing mental health and wellbeing in the local community.
- Administer a swimming community group – members 4.6k
- Participates and supports in community initiatives

The company was formed 7th February 2018 and opened the swim webshop for business on 1st June 2018. In 2019 the company commenced providing wellbeing sessions in the sea and created a local swimming community group.

During the financial year 1st April 2021- 31st March 2022 the company's activities have benefited the community in the following ways:

- Local NHS WORKERS as having mental health or wellbeing issues referred to participate in Seabirds Wellbeing and Water courses over the summer in 2021. Profits from swim shop donated to cover all courses expenses, administration, safety crew total £480
- Donated Lessons and kit for 6 local residents – cost £850
- Continued administration and nurturing of Salty Seabirds sea swimming community group growing to 4.6K members
- Hosting free wellbeing events, IWD swim, Full Moon Swims, Starling Swims and Mental Health Awareness week activities.
- Provided subsidised or free community places on all coached sessions on request- £200
- Donations; Arctic Tern Challenge Total donated to Community Swim Fund £1,436
- Donations to Survivors Network - £160
- Donation to Leave No Trace Brighton - £500
- Donation to Surfers Against Sewage - £240
- Donation made to 54 Days Film- £3,600

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are residents of and visitors to Brighton and Hove Seafront that swim in the sea, members of the Salty Seabird community group and local people with poor mental health in the surrounding area. The directors of the company have lived in Brighton and Hove for a number of years and developed the business model for their webshop and wild swim group based on their experience of talking to other sea swimmers, watersports providers and mental health workers.

The two Seabirds Directors are member of the Network of Admins of Outdoor Swimming Society Wild Swim Groups. We have built links and friendships with other swim groups and swimmers to enable best practice sharing. We regularly reach out to our community group members to understand the requirements of the group and how we can better meet their needs. We provide regular blogs and talks with advice on sea swimming and wellbeing. These have been adapted for covid with the introduction of free online webinars.

We ask everyone who has completed a water and wellbeing course with us to fill in a short questionnaire about their experience and emotions. This has helped us to build up a profile of participant needs and what we can do to meet them effectively. Our research has enabled us to identify that childcare, transport and confidence are the biggest barriers preventing people from swimming in the sea to improve their wellbeing.

Our focus in 2022 will be on those who are unable to swim and do not identify with the current swimming community and work with other organisations to increase the diversity of the group to encourage all members of our local community to access the sea as a way of managing their wellbeing. We have signed up to the Black Swimming Association DIPER Charter and have a lot of work to do to make our swim group membership better reflect our whole community. We hope to achieve this by funding courses of swimming lessons in local pools and provision of swim kit for both children and adults that are underrepresented in the outdoor swimming community.

We have sponsored a film exploring mental health, race, friendship, grief and wild swimming. The film is produced by Kusini Productions - a platform dedicated to creating opportunities, changing the narrative and championing the voices of Black women and girls.

In 2022 we are partnering with the BMWs - Brighton Multicultural Women's Cycle Club - a group of multicultural women included migrants and refugees from all parts of the world, some of whom were completely new to cycling. Turns out they want to learn to swim too! So we are running a grant funded swimming courses specifically tailored to their needs - whole pool hire, modesty swim suits etc. The idea being at the end of the course we all cycle to the sea to swim and introduce them to the local swimming community!

We specifically set up confidence and technique swim lessons in small groups with qualified swimming teachers and coaches. We initiated "Introduction to Sea Swimming" courses as a way of providing specific safety tips and advice to effectively provide a holding hand for people interested in swimming in the sea but were too nervous to join an established group.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS’ REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

The aggregate amount of emoluments paid to or receivable by directors in respect of qualifying services was £11,424

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

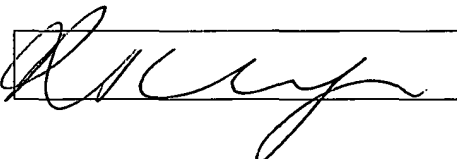
No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

The original report must be signed by a director or secretary of the company

Signed



(DD/MM/YY)

Date

15-03-23

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)