

**Report of the Trustees and
Unaudited Financial Statements
For The Year Ended
31st August 2022**

for

**Heart 2 Heart Norfolk
(A Company Limited by Guarantee)**

Haines Watts
Chartered Accountants
Englands Lane Business Centre
47 Englands Lane
Gorleston
Great Yarmouth
Norfolk
NR31 6BE

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**Report of the Trustees
For The Year Ended 31st August 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st August 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The advancement of health and saving of lives.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

10910857 (England and Wales)

Registered Charity number

1174503

Registered office

8 Sun Lane
Bradwell
Great Yarmouth
NR31 8PY

Trustees

Mrs J Biggs
A J Biggs
M J Cox
Miss Z R Kerswill

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 31st August 2023 and signed on its behalf by:

Mrs J Biggs - Trustee

Heart 2 Heart Norfolk

Statement of Financial Activities (Incorporating an Income and Expenditure Account) For The Year Ended 31st August 2022

		2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	3,683	11,718
Charitable activities			
Improving health and saving lives		103,002	77,777
Other trading activities	3	8,549	7,492
Total		<u>115,234</u>	<u>96,987</u>
EXPENDITURE ON			
Raising funds	4	4,496	6,105
Charitable activities	5		
Improving health and saving lives		111,141	86,945
Total		<u>115,637</u>	<u>93,050</u>
NET INCOME/(EXPENDITURE)		(403)	3,937
RECONCILIATION OF FUNDS			
Total funds brought forward		43,958	40,021
TOTAL FUNDS CARRIED FORWARD		<u>43,555</u>	<u>43,958</u>

The notes form part of these financial statements

Balance Sheet
31st August 2022

		2022	2021
		Unrestricted	Total
		fund	funds
		£	£
CURRENT ASSETS	Notes		
Cash at bank		44,373	44,947
CREDITORS			
Amounts falling due within one year	9	(818)	(989)
NET CURRENT ASSETS		43,555	43,958
TOTAL ASSETS LESS CURRENT LIABILITIES		43,555	43,958
NET ASSETS		43,555	43,958
FUNDS	10		
Unrestricted funds		43,555	43,958
TOTAL FUNDS		43,555	43,958

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st August 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st August 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31st August 2023 and were signed on its behalf by:

J Biggs - Trustee

Notes to the Financial Statements
For The Year Ended 31st August 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	3,433	11,718
Compensation	250	-
	<u>3,683</u>	<u>11,718</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	1,248	-
Shop income	7,301	7,492
	<u>8,549</u>	<u>7,492</u>

Notes to the Financial Statements - continued
For The Year Ended 31st August 2022

4. RAISING FUNDS

Raising donations and legacies

	2022	2021
	£	£
Support costs	<u>737</u>	<u>1,278</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs	Support costs	Totals
	£	£	£
Improving health and saving lives	<u>111,080</u>	<u>61</u>	<u>111,141</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Other operating leases	<u>3,072</u>	<u>3,900</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st August 2022 nor for the year ended 31st August 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st August 2022 nor for the year ended 31st August 2021.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund
	£
INCOME AND ENDOWMENTS FROM	
Donations and legacies	11,718
Charitable activities	
Improving health and saving lives	77,777
Other trading activities	7,492
Total	<u>96,987</u>
EXPENDITURE ON	
Raising funds	6,105
Charitable activities	
Improving health and saving lives	86,945
Total	<u>93,050</u>
NET INCOME	3,937

Notes to the Financial Statements - continued
For The Year Ended 31st August 2022

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

Unrestricted
fund
£

RECONCILIATION OF FUNDS

Total funds brought forward

40,021

TOTAL FUNDS CARRIED FORWARD

43,958

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other creditors	170	389
Accruals and deferred income	648	600
	<u>818</u>	<u>989</u>

10. MOVEMENT IN FUNDS

	At 1/9/21 £	Net movement in funds £	At 31/8/22 £
Unrestricted funds			
General fund	43,958	(403)	43,555
TOTAL FUNDS	<u>43,958</u>	<u>(403)</u>	<u>43,555</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	115,234	(115,637)	(403)
TOTAL FUNDS	<u>115,234</u>	<u>(115,637)</u>	<u>(403)</u>

Notes to the Financial Statements - continued
For The Year Ended 31st August 2022

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/9/20 £	Net movement in funds £	At 31/8/21 £
Unrestricted funds			
General fund	40,021	3,937	43,958
TOTAL FUNDS	<u>40,021</u>	<u>3,937</u>	<u>43,958</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	96,987	(93,050)	3,937
TOTAL FUNDS	<u>96,987</u>	<u>(93,050)</u>	<u>3,937</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/9/20 £	Net movement in funds £	At 31/8/22 £
Unrestricted funds			
General fund	40,021	3,534	43,555
TOTAL FUNDS	<u>40,021</u>	<u>3,534</u>	<u>43,555</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	212,221	(208,687)	3,534
TOTAL FUNDS	<u>212,221</u>	<u>(208,687)</u>	<u>3,534</u>

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st August 2022.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.