

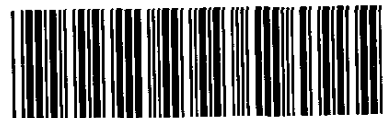
# Rammy Men CIC

Company Number: 10907726

Balance Sheet

**Year Ending  
25th August 2021**

THURSDAY



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05/05/2022

#23

COMPANIES HOUSE

## BALANCE SHEET AS AT 25th AUGUST 2021

### ASSETS

2019/20		2020/21
	CURRENT ASSETS	
£ 5.00	Credit Union Balance	£ -
£ 15,984.09	Triodos Account Balance	£ 14,682.38
£ -	Debtors	£ -
<u>£ 15,984.09</u>	<b>TOTAL CURRENT ASSETS</b>	<u>£ 14,682.38</u>

### FUNDED BY

2019/20		2020/21
£ 15,984.09	Retained Earnings	£ 14,682.38
<u>£ 15,984.09</u>		<u>£ 14,682.38</u>

For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies. No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006. The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the presentation of accounts. The accounts have been prepared in accordance with the small companies' regime.

R W MOSS (Director)



## PROFIT AND LOSS AS AT 25th AUGUST 2020

### INCOME

2019/20		2020/21
£ -	Grant Payments	£ 69,904.88
£ 1,901.38	Fundraising & Collections	£ 4,827.27
£ 990.82	Other Income	£ 3,390.70
£ 3,008.67	Providing Activities	£ 5,222.95
£ 403.31	Admin and Web	£ -
£ 966.16	Courses and Events	£ 170.00
£ 2,051.62	Covid Response Work	£ -
£ 18,476.77	New Projects	£ -
<u>£ 27,798.73</u>	<b>TOTAL INCOME</b>	<u>£ 83,515.80</u>

### EXPENDITURE

2019/20		2020/21
£ 2,974.16	Administration, Web, Telecomms	£ 2,195.37
£ 1,344.18	Courses & Events	£ 720.00
£ 8,745.36	Providing Activities and Consumables	£ 5,876.85
£ 502.17	Marketing	£ 891.94
£ -	Stationery	£ 93.72
£ -	Office and Activities Equipment	£ 9,503.81
£ -	Software	£ 545.15
£ -	Facility Rental, refurb and Overheads	£ 40,114.83
£ 18.00	Bank Charges, tax, licenses	£ 462.21
£ -	Insurance	£ 462.64
£ 1,651.99	Covid Response Work	£ 9,385.43
£ 1,141.69	New Projects	£ 6,309.59
£ 1,002.49	Other Expenditure	£ 2,000.00
£ -	Charity Donations	£ 6,255.97
<u>£ 17,380.04</u>	<b>TOTAL EXPENDITURE</b>	<u>£ 84,817.51</u>

2019/20		2020/21
£10,418.69	<b>Profit</b>	£ (1,301.71)
<u>£10,418.69</u>		<u>£ (1,301.71)</u>

# CIC 34

## Community Interest Company Report

**For official use**  
(Please leave blank)

*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

Rammy Men CIC

**Company Number**

10907726

**Year Ending**

25<sup>th</sup> August 2021

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

### **PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

This year we have:

- Co-ordinated and run a range of online and physical Covid support for local residents.
- Operated a mental health support helpline, online chat, text line, and in person sessions.
- Run a games morning and evening with approximately 40 attendees per week.
- Run a range of in-person activities including scale modelling, singing, ukulele group, gardening, walking, cycling, photography, cookery.
- Provided subsidised mental health one-on-one counselling and group peer support.
- Provided training placements for two trainee counsellors.

We have countless accounts of the positive impact we've had on many people's lives, particularly older and/or isolated people and have worked closely with local statutory services to help improve provision.

In February we took on our own premises, which has helped us scale up our support activities enormously. Many of our sessions have involved attendees helping refurbish the premises (garden, kitchen, in particular).

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Anyone and everyone is welcome to join in with any of our activities. We market activities in a way which is encouraging to men, but all of our activities (with the exception of football and yoga for men, which have parallel, similar organisations) have appreciable numbers of women participants.

We invite all new members, or members signing up to a new activity to complete a form on our website saying what their interests are and suggesting other things that we could undertake. We enter into an email conversation with everyone who completes the form in order to engage, and find out more about them and their needs.

We also encourage communication through our facebook, twitter, online chat and numerous Whatsappgroups, inviting interested members to help setup and run their own groups and activities, with great success.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.


*(Please continue on separate continuation sheet if necessary.)*

**PART 5 – SIGNATORY (Please note this must be a live signature)**

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed



Date

27/4/22

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Rob Moss

Tel 07944 038512

DX Number

DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
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AMENDING

# CIC 34

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£7,000 remuneration was received by directors.

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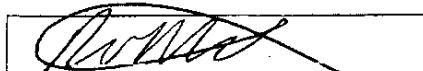


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