

**REGISTERED NUMBER: 10876182 (England and Wales)**

**UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021  
FOR  
HEALTHCARE 4LIFE LTD**

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FOR THE YEAR ENDED 31 MARCH 2021**

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**HEALTHCARE 4LIFE LTD**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**DIRECTORS:** N Pullin  
Miss M Brown

**SECRETARY:** Miss M Brown

**REGISTERED OFFICE:** 45 Queen Street  
Deal  
Kent  
CT14 6EY

**REGISTERED NUMBER:** 10876182 (England and Wales)

**ACCOUNTANTS:** Higson APS Limited  
45 Queen Street  
Deal  
Kent  
CT14 6EY

**HEALTHCARE 4LIFE LTD (REGISTERED NUMBER: 10876182)**

**BALANCE SHEET  
31 MARCH 2021**

	Notes	2021 £	£	2020 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		3,134		532
<b>CURRENT ASSETS</b>					
Stocks	5	138,000		-	
Debtors	6	20,944		-	
Cash at bank		<u>14,060</u>		<u>1,681</u>	
		173,004		1,681	
<b>CREDITORS</b>					
Amounts falling due within one year	7	<u>251,822</u>		<u>49,541</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(78,818)</u>		<u>(47,860)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>(75,684)</u>		<u>(47,328)</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	8		100		100
Retained earnings			<u>(75,784)</u>		<u>(47,428)</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>(75,684)</u>		<u>(47,328)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 30 March 2022 and were signed on its behalf by:

N Pullin - Director

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**1. STATUTORY INFORMATION**

Healthcare 4life Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The financial statements are presented in round pounds sterling £.

The financial statements are prepared on a going concern basis.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Revenue is recognised when all the risks and rewards of ownership are transferred.

Turnover represents the sale of food.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 25% on reducing balance

Computer equipment - 25% on reducing balance

The Company reviews tangible fixed assets for impairment annually.

It is the policy of the Company to capitalise items with an estimated useful economic life in excess of two years, and in excess of £250.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**3. EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2020 - 2 ) .

**4. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2020	160	699	859
Additions	<u>520</u>	<u>2,396</u>	<u>2,916</u>
At 31 March 2021	<u>680</u>	<u>3,095</u>	<u>3,775</u>
<b>DEPRECIATION</b>			
At 1 April 2020	10	317	327
Charge for year	<u>70</u>	<u>244</u>	<u>314</u>
At 31 March 2021	<u>80</u>	<u>561</u>	<u>641</u>
<b>NET BOOK VALUE</b>			
At 31 March 2021	<u>600</u>	<u>2,534</u>	<u>3,134</u>
At 31 March 2020	<u>150</u>	<u>382</u>	<u>532</u>

**5. STOCKS**

	2021 £	2020 £
Stocks	<u>138,000</u>	<u>-</u>

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade debtors	76	-
Other debtors	400	-
Tax	10,744	-
VAT	<u>9,724</u>	<u>-</u>
	<u>20,944</u>	<u>-</u>

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2021 £	2020 £
Trade creditors	4,863	-
Social security and other taxes	400	1,449
Other creditors	1,628	-
Directors' current accounts	244,151	47,336
Accrued expenses	<u>780</u>	<u>756</u>
	<u>251,822</u>	<u>49,541</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**8. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2021 £	2020 £
100	Ordinary	1	<u>100</u>	<u>100</u>

**9. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES**

The following Directors loans subsisted during the year;

**Directors Loan Account****Mr N Pullin - Director**

During the period the Director advanced the Company £192,120 (2020: 16,888)

During the period the Company repaid the Director £1,049 (2020: £350)

As at the period end, the Company owed the Director £227,883 (2020: £36,812)

The Director charges interest at a market rate, and the loan is repayable upon demand.

**Directors Loan Account****Miss M Brown - Director**

During the period the Director advanced the Company £5,945 (2020: £3,470)

During the period the Company repaid the Director £200 (2020: £Nil)

As at the period end, the Company owed the Director £16,269 (2020: £10,524).

The Director charges interest at a market rate, and the loan is repayable upon demand.

**HEALTHCARE 4LIFE LTD**

**REPORT OF THE ACCOUNTANTS TO THE DIRECTORS OF  
HEALTHCARE 4LIFE LTD**

**The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements. In accordance with the Companies Act 2006, the company is only required to file a Balance Sheet. Readers are cautioned that the Income Statement and certain other primary statements and the Report of the Directors are not required to be filed with the Registrar of Companies.**

As described on the Balance Sheet you are responsible for the preparation of the financial statements for the year ended 31 March 2021 set out on pages one to nine and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us.

Higson APS Limited  
45 Queen Street  
Deal  
Kent  
CT14 6EY

Date: .....



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.