

MINDFUL HR SOLUTIONS LIMITED

**Company Registration Number:
10628735 (England and Wales)**

Unaudited micro entity accounts for the year ended 31 March 2023

Period of accounts

Start date: 01 April 2022

End date: 31 March 2023

MINDFUL HR SOLUTIONS LIMITED

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MINDFUL HR SOLUTIONS LIMITED

Company Information

for the Period Ended 31 March 2023

Registered office:

10a
Bracebridge Road
Sutton Coldfield
GBR
B74 2QL

Company Registration Number:

10628735 (England and Wales)

MINDFUL HR SOLUTIONS LIMITED

Balance sheet

As at 31 March 2023

	<i>2023</i> £	<i>2022</i> £
Fixed Assets:	153	277
Current assets:	16,161	14,051
Creditors: amounts falling due within one year:	(16,114)	(13,753)
Net current assets (liabilities):	<u>47</u>	<u>298</u>
Total assets less current liabilities:	200	575
Accruals and deferred income:		(375)
Total net assets (liabilities):	<u>200</u>	<u>200</u>
Capital and reserves:	<u>200</u>	<u>200</u>

MINDFUL HR SOLUTIONS LIMITED

Balance sheet continued

For the year ending 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 23 December 2023

And Signed On Behalf Of The Board By:

Name: Pawan Budhwar

Status: Director

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Footnotes to the Financial Statements

for the Period Ended 31 March 2023

1. Employee Information

Average number of employees: 0

MINDFUL HR SOLUTIONS LIMITED

Footnotes to the Financial Statements

for the Period Ended 31 March 2023

2. Off balance sheet disclosure

No

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.