

MINDFUL HR SOLUTIONS LIMITED

**Company Registration Number:
10628735 (England and Wales)**

Unaudited statutory accounts for the year ended 31 March 2021

Period of accounts

Start date: 01 April 2020

End date: 31 March 2021

MINDFUL HR SOLUTIONS LIMITED

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for the Period Ended 31 March 2021

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MINDFUL HR SOLUTIONS LIMITED

Company Information

for the Period Ended 31 March 2021

Director:

Pawan Budhwar

Laxmi Budhwar

Registered office:

10a
Bracebridge Road
Sutton Coldfield
GBR
B74 2QL

Company Registration Number:

10628735 (England and Wales)

MINDFUL HR SOLUTIONS LIMITED

Directors' Report Period Ended 31 March 2021

The directors present their report with the financial statements of the company for the period ended 31 March 2021

Directors

The directors shown below have held office during the whole of the period from 01 April 2020 to 31 March 2021

Pawan Budhwar

Laxmi Budhwar

This report was approved by the board of directors on 27 December 2021

And Signed On Behalf Of The Board By:

Name: Pawan Budhwar

Status: Director

MINDFUL HR SOLUTIONS LIMITED

Balance sheet

As at 31 March 2021

	<i>Notes</i>	<i>2021</i> £	<i>2020</i> £
Fixed assets			
Tangible assets:	4	401	525
Total fixed assets:		<u>401</u>	<u>525</u>
Current assets			
Cash at bank and in hand:		25,041	11,055
Total current assets:		<u>25,041</u>	<u>11,055</u>
Creditors: amounts falling due within one year:	5	(24,333)	(10,925)
Net current assets (liabilities):		<u>708</u>	<u>130</u>
Total assets less current liabilities:		1,109	655
Accruals and deferred income:		(909)	(455)
Total net assets (liabilities):		<u>200</u>	<u>200</u>

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Balance sheet continued

As at 31 March 2021

	<i>Notes</i>	<i>2021</i> £	<i>2020</i> £
Capital and reserves			
Called up share capital:		200	200
Shareholders funds:		200	200

For the year ending 31 March 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 27 December 2021

And Signed On Behalf Of The Board By:

Name: Pawan Budhwar

Status: Director

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2021

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2021

2. Employees

	<i>2021</i>	<i>2020</i>
Average number of employees during the period	0	0

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2021

3. Off balance sheet disclosure

No

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2021

4. Tangible assets

	Office equipment		Total
Cost	£	£	
At 01 April 2020	525		525
Additions	-		-
Disposals	-		-
Revaluations	-		-
Transfers	-		-
At 31 March 2021	525		525
Depreciation			
At 01 April 2020	-		-
Charge for year	124		124
On disposals	-		-
Other adjustments	-		-
At 31 March 2021	124		124
Net book value			
At 31 March 2021	401		401
At 31 March 2020	525		525

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2021

5.Creditors: amounts falling due within one year note

	<i>2021</i>	<i>2020</i>
	<i>£</i>	<i>£</i>
Taxation and social security	2,027	1,398
Accruals and deferred income	22,306	9,527
Total	24,333	10,925

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.