

MINDFUL HR SOLUTIONS LIMITED

**Company Registration Number:
10628735 (England and Wales)**

Unaudited statutory accounts for the year ended 31 March 2020

Period of accounts

Start date: 01 April 2019

End date: 31 March 2020

MINDFUL HR SOLUTIONS LIMITED

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MINDFUL HR SOLUTIONS LIMITED

Company Information

for the Period Ended 31 March 2020

Director:

Pawan Budhwar

Laxmi Budhwar

Registered office:

10a
Bracebridge Road
Sutton Coldfield
GBR
B74 2QL

Company Registration Number:

10628735 (England and Wales)

MINDFUL HR SOLUTIONS LIMITED

Balance sheet

As at 31 March 2020

	<i>Notes</i>	<i>2020</i> £	<i>2019</i> £
Fixed assets			
Tangible assets:	4	525	248
Total fixed assets:		<u>525</u>	<u>248</u>
Current assets			
Cash at bank and in hand:		11,055	13,131
Total current assets:		<u>11,055</u>	<u>13,131</u>
Creditors: amounts falling due within one year:	5	(11,380)	(13,179)
Net current assets (liabilities):		<u>(325)</u>	<u>(48)</u>
Total assets less current liabilities:		200	200
Total net assets (liabilities):		<u>200</u>	<u>200</u>

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Balance sheet continued

As at 31 March 2020

	<i>Notes</i>	<i>2020</i> £	<i>2019</i> £
Capital and reserves			
Called up share capital:		200	200
Profit and loss account:		0	0
Shareholders funds:		<u>200</u>	<u>200</u>

For the year ending 31 March 2020 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 23 December 2020

And Signed On Behalf Of The Board By:

Name: Pawan Budhwar

Status: Director

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2020

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2020

2. Employees

	<i>2020</i>	<i>2019</i>
Average number of employees during the period	0	0

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2020

3. Off balance sheet disclosure

No

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2020

4. Tangible assets

	Office equipment		Total
Cost	£	£	
At 01 April 2019	248		248
Additions	401		401
Disposals	-		-
Revaluations	-		-
Transfers	-		-
At 31 March 2020	649		649
Depreciation			
At 01 April 2019	-		-
Charge for year	124		124
On disposals	-		-
Other adjustments	-		-
At 31 March 2020	124		124
Net book value			
At 31 March 2020	525		525
At 31 March 2019	248		248

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2020

5.Creditors: amounts falling due within one year note

	<i>2020</i>	<i>2019</i>
	<i>£</i>	<i>£</i>
Taxation and social security	1,398	1,414
Accruals and deferred income	455	455
Other creditors	9,527	11,310
Total	11,380	13,179

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.