

MINDFUL HR SOLUTIONS LIMITED

**Company Registration Number:
10628735 (England and Wales)**

Unaudited statutory accounts for the year ended 31 March 2019

Period of accounts

Start date: 01 April 2018

End date: 31 March 2019

MINDFUL HR SOLUTIONS LIMITED

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MINDFUL HR SOLUTIONS LIMITED

Company Information

for the Period Ended 31 March 2019

Director:

Pawan Singh Budhwar

Laxmi Budhwar

Registered office:

10a
Bracebridge Road
Sutton Coldfield
GBR
B74 2QL

Company Registration Number:

10628735 (England and Wales)

MINDFUL HR SOLUTIONS LIMITED

Balance sheet

As at 31 March 2019

	<i>Notes</i>	<i>2019</i> £	<i>2018</i> £
Fixed assets			
Tangible assets:	2	248	372
Total fixed assets:		<u>248</u>	<u>372</u>
Current assets			
Cash at bank and in hand:		13,131	14,017
Total current assets:		<u>13,131</u>	<u>14,017</u>
Creditors: amounts falling due within one year:	3	(13,179)	(14,189)
Net current assets (liabilities):		<u>(48)</u>	<u>(172)</u>
Total assets less current liabilities:		200	200
Total net assets (liabilities):		<u>200</u>	<u>200</u>

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Balance sheet continued

As at 31 March 2019

	<i>Notes</i>	<i>2019</i> £	<i>2018</i> £
Capital and reserves			
Called up share capital:		200	200
Profit and loss account:		0	0
Shareholders funds:		200	200

For the year ending 31 March 2019 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 19 December 2019

And Signed On Behalf Of The Board By:

Name: Pawan Singh Budhwar

Status: Director

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2019

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2019

2. Tangible assets

	Office equipment		Total
Cost	£	£	
At 01 April 2018	372		372
Additions	0		0
Disposals	(0)		(0)
Revaluations	0		0
Transfers	0		0
At 31 March 2019	372		372
Depreciation			
At 01 April 2018	0		0
Charge for year	124		124
On disposals	(0)		(0)
Other adjustments	0		0
At 31 March 2019	124		124
Net book value			
At 31 March 2019	248		248
At 31 March 2018	372		372

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2019

3.Creditors: amounts falling due within one year note

	<i>2019</i> <i>£</i>	<i>2018</i> <i>£</i>
Taxation and social security	1,414	1,325
Other creditors	11,765	12,864
Total	13,179	14,189

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.