

MINDFUL HR SOLUTIONS LIMITED

**Company Registration Number:
10628735 (England and Wales)**

Unaudited statutory accounts for the year ended 31 March 2017

Period of accounts

Start date: 20 February 2017

End date: 31 March 2017

MINDFUL HR SOLUTIONS LIMITED

Contents of the Financial Statements

for the Period Ended 31 March 2017

Company Information - 3

Balance sheet - 4

Additional notes - 6

Balance sheet notes - 8

MINDFUL HR SOLUTIONS LIMITED

Company Information

for the Period Ended 31 March 2017

Director:	Pawan Budhwar
Secretary:	Laxmi Budhwar
Registered office:	10a Bracebridge Road Sutton Coldfield GBR B74 2QL
Company Registration Number:	10628735 (England and Wales)

MINDFUL HR SOLUTIONS LIMITED

Balance sheet

As at 31 March 2017

	<i>Notes</i>	<i>1 month to 31 Mar 2017 £</i>
Fixed assets		
Tangible assets:	3	0
Total fixed assets:		<u>0</u>
Current assets		
Cash at bank and in hand:		7,323
Total current assets:		<u>7,323</u>
Creditors: amounts falling due within one year:	4	(7,123)
Net current assets (liabilities):		<u>200</u>
Total assets less current liabilities:		200
Total net assets (liabilities):		<u>200</u>

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Balance sheet continued

As at 31 March 2017

	<i>Notes</i>	<i>1 month to 31 Mar 2017</i>
		£
Capital and reserves		
Called up share capital:		200
Profit and loss account:		0
Shareholders funds:		200

For the year ending 31 March 2017 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

This report was approved by the board of directors on 28 October 2017

And Signed On Behalf Of The Board By:

Name: Pawan Budhwar

Status: Director

The notes form part of these financial statements

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2017

1. Accounting policies

Basis of measurement and preparation

These financial statements have been prepared in accordance with the provisions of Section 1A (Small Entities) of Financial Reporting Standard 102

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2017

2. Dividends

*1 month to
31 Mar 2017
£*

Dividends paid

1,862

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2017

3. Tangible assets

	Office equipment		Total
Cost	£	£	
Additions	1,930		1,930
Disposals	-		-
Revaluations	-		-
Transfers	-		-
At 31 March 2017	1,930		1,930
Depreciation			
Charge for year	1,930		1,930
On disposals	-		-
Other adjustments	-		-
At 31 March 2017	1,930		1,930
Net book value			
At 31 March 2017	0		0

MINDFUL HR SOLUTIONS LIMITED

Notes to the Financial Statements

for the Period Ended 31 March 2017

4.Creditors: amounts falling due within one year note

	<i>1 month to 31 Mar 2017</i>
	£
Taxation and social security	465
Other creditors	6,658
Total	7,123

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.