

Registered number  
10624046

Changing Lives through Changing Minds CIC

Filleted Accounts

31 March 2019

SATURDAY



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COMPANIES HOUSE

**Changing Lives through Changing Minds CIC**  
**Registered number:** 10624046  
**Balance Sheet**  
**as at 31 March 2019**

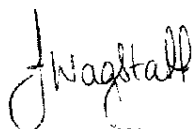
	Notes	2019 £	2018 £
<b>Fixed assets</b>			
Tangible assets	2	5,494	3,568
<b>Current assets</b>			
Stocks		118	118
Debtors	3	13,793	16,341
Cash at bank and in hand		57,364	3,457
		<u>71,275</u>	<u>19,916</u>
<b>Creditors: amounts falling due within one year</b>	4	(53,820)	(12,447)
<b>Net current assets</b>		<u>17,455</u>	<u>7,469</u>
<b>Net assets</b>		<u>22,949</u>	<u>11,037</u>
<b>Capital and reserves</b>			
Profit and loss account		22,949	11,037
<b>Shareholders' funds</b>		<u>22,949</u>	<u>11,037</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.



Ms Joanne Wagstaff  
Director

Approved by the board on 30 September 2019

**Changing Lives through Changing Minds CIC**  
**Notes to the Accounts**  
**for the year ended 31 March 2019**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by section 1A of the standard).

***Turnover***

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

***Intangible fixed assets***

Intangible fixed assets are measured at cost less accumulative amortisation and any accumulative impairment losses.

***Tangible fixed assets***

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Freehold buildings	over 50 years
Leasehold land and buildings	over the lease term
Plant and machinery	over 5 years
Fixtures, fittings, tools and equipment	over 3 years

***Stocks***

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.

***Debtors***

Short term debtors are measured at transaction price (which is usually the invoice price), less any impairment losses for bad and doubtful debts. Loans and other financial assets are initially recognised at transaction price including any transaction costs and subsequently measured at amortised cost determined using the effective interest method, less any impairment losses for bad and doubtful debts.

***Creditors***

Short term creditors are measured at transaction price (which is usually the invoice price). Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method.

**Changing Lives through Changing Minds CIC**  
**Notes to the Accounts**  
**for the year ended 31 March 2019**

***Taxation***

A current tax liability is recognised for the tax payable on the taxable profit of the current and past periods. A current tax asset is recognised in respect of a tax loss that can be carried back to recover tax paid in a previous period. Deferred tax is recognised in respect of all timing differences between the recognition of income and expenses in the financial statements and their inclusion in tax assessments. Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date and that are expected to apply to the reversal of the timing difference, except for revalued land and investment property where the tax rate that applies to the sale of the asset is used. Current and deferred tax assets and liabilities are not discounted.

***Provisions***

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

**2 Tangible fixed assets**

	Land and buildings £	Plant and machinery etc £	Total £
<b>Cost</b>			
At 1 April 2018	3,079	539	3,618
Additions	814	1,836	2,650
At 31 March 2019	<u>3,893</u>	<u>2,375</u>	<u>6,268</u>
<b>Depreciation</b>			
At 1 April 2018	-	50	50
Charge for the year	139	585	724
At 31 March 2019	<u>139</u>	<u>635</u>	<u>774</u>
<b>Net book value</b>			
At 31 March 2019	<u>3,754</u>	<u>1,740</u>	<u>5,494</u>
At 31 March 2018	<u>3,079</u>	<u>489</u>	<u>3,568</u>

**3 Debtors**

	2019 £	2018 £
Trade debtors	8,990	16,232
Deferred tax asset	331	93
Other debtors	4,472	16
	<u>13,793</u>	<u>16,341</u>

**Changing Lives through Changing Minds CIC**  
**Notes to the Accounts**  
**for the year ended 31 March 2019**

<b>4 Creditors: amounts falling due within one year</b>	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
Trade creditors	43,758	8,696
Taxation and social security costs	5,817	2,534
Other creditors	4,245	1,217
	<u>53,820</u>	<u>12,447</u>

**5 Other information**

Changing Lives through Changing Minds CIC is a private company limited by shares and incorporated in England. Its registered office is:

Manor Farm  
 Coleby Road  
 Coleby  
 North Lincolnshire  
 DN15 9AL

100321/15

# CIC 34

## Community Interest Company Report

**For official use**  
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**Please  
complete in  
typescript, or  
in bold black  
capitals.**

**Company Name in  
full**

CHANGING LIVES THROUGH CHANGING MINDS  
CIC

**Company Number**

10624046

**Year Ending**

31<sup>st</sup> March 2019

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The company was set up with the objective of providing therapeutic intervention through the use of horses and ponies in the natural environment.

By providing education, training and consultation services for children, young people and adults we have been able to increase our support to include 15 schools in the local authority area which in effect supported a total of 50 vulnerable children and young people who struggled to attend main stream schooling for a variety of reasons. The prior year we supported 14 schools and 43 young people.

We have completed an additional piece of work funded by the Community Safety Partnership amounting to £22,270 of funding to provide therapy for families of missing children. There will be another payment of £22,270 this year to continue with work until Mar 2021. In addition to children we have also supported adults and professionals to enhance care for these vulnerable young people.

Through our support and nurturing these children have gone on to mainstream education, colleges, work placements and home tutoring. We have also evidenced young people being discharged from specialist mental health services, reduced number of missing children and withdrawal from medication.

As well as benefiting the individuals concerned, this has benefited the wider community by ensuring that children who would have had difficulty in mainstream school, and may have been disruptive as a consequence, have had the support to understand how to develop relationships and work in partnership with others so that then can later re-join mainstream education and become valued members of their school and wider communities.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are the children and young people who attend, and the local authority education department.

Two of the directors have backgrounds in social work and charities supporting vulnerable children, and together with other directors that have a passion for horses, they saw a way of trying to help children learn to trust again where incidences in their past had lead them to be mistrusting of all relationships with other people, especially adults.

Through their work previously in social care they knew that there was a need for these children that wasn't being met by conventional education, and through speaking with partners at the local authority they gained their support for the program. The support for this company has grown, not only from the education department, but from other external bodies including grant funding from Tesco, NISA Today and the Community Safe Partnership.

The feedback from the children attending has been gathered by way of feedback, questionnaires, audit, evaluation, outcome measures and consultation/participation.

The results of which were children, young people and vulnerable adults feel safe and supported by the project, they feel listened to and not judged, nothing feels like too much trouble, they can access the support when they need it the most and they feel like we fight for them. Parents, carers and professionals have reported feeling better equipped and more skilled, by attending training and consultation sessions.

Local authority feedback has been extremely positive and they have expanded the funding to encompass more pupils and schools.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The aggregate amount of emoluments paid to or receivable by directors in respect of qualifying services was £30,001 (£17,628 prior year).

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets has been made.

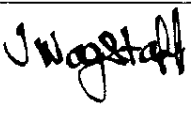
*(Please continue on separate continuation sheet if necessary.)*



## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

26.10.19

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Manor Farm, Coleby Road

Coleby, North Lincolnshire

DN15 9AL

Tel 07851265523

DX Number

DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**