

RP04

Second filing of a document previously delivered

✓ What this form is for

You can only use this form to file a second filing of a document delivered under the Companies Act 2006 on or after 1 October 2009 that held inaccuracies.

A second filing of a document must only be filed where it is providing corrected information that has been properly delivered but inaccuracies still appear on the register.

✗ What this form is NOT for

You cannot use this form to file a second filing of a document delivered under the Companies Act 1985 or the Companies (Northern Ireland) Order 1986 regardless of whether it was properly delivered.

A second filing of a document cannot be filed where it is providing information that was originally properly delivered. Form RP04 is not used in these circumstances.

For further information, please refer to our guidance at www.gov.uk/companieshouse



A08 *A7ZFE0TV* 16/02/2019 #143
COMPANIES HOUSE

SATURDAY

1 Company details

Company number 1 0 5 7 7 4 2 5

Company name in full Pro-Active Nutrition Limited

→ Filling in this form

Please complete in typescript or in bold black capitals.

All fields are mandatory unless specified or indicated by *

2 Applicable documents

This form **only** applies to the following forms:

- AP01 Appointment of director
- AP02 Appointment of corporate director
- AP03 Appointment of secretary
- AP04 Appointment of corporate secretary
- CH01 Change of director's details
- CH02 Change of corporate director's details
- CH03 Change of secretary's details
- CH04 Change of corporate secretary's details
- TM01 Termination of appointment of director
- TM02 Termination of appointment of secretary
- SH01 Return of allotment of shares
- AR01 Annual Return
- CS01 Confirmation statement (Parts 1-5 only)
- PSC01 Notice of individual person with significant control (PSC)
- PSC02 Notice of relevant legal entity (RLE) with significant control
- PSC03 Notice of other registrable person (ORP) with significant control
- PSC04 Change of details of individual person with significant control (PSC)
- PSC05 Change of details of relevant legal entity (RLE) with significant control
- PSC06 Change of details of other registrable person (ORP) with significant control
- PSC07 Notice of ceasing to be a person with significant control (PSC), relevant legal entity (RLE), or other registrable person (ORP)
- PSC08 Notification of PSC statements
- PSC09 Update to PSC statements

RP04

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Description of the original document

Document type ①

Form AP01, appointment of Marcus Roy as a director

① **Description of the original document**

Please enter the document type (e.g. a Return of allotment of shares—SH01) and any distinguishing information if more than one document of that type was filed on the same day.

Date of registration of the original document

^d1 ^d7 ^m0 ^m9 ^y2 ^y0 ^y1 ^y8

4

Section 243 or 790ZF Exemption ②


If you are applying for, or have been granted, exemption under section 243 or 790ZF of the Companies Act 2006 and the document(s) you are updating contain(s) your usual residential address, please post this form along with the updated document(s) to the address below:


The Registrar of Companies, PO BOX 4082, Cardiff, CF14 3WE.

② If you are currently in the process of applying for or have been granted a Section 243 or 790ZF exemption, you may wish to check that you have not entered your usual residential address as the service address in the accompanying form (e.g. AP01 or CH01).


RP04

Second filing of a document previously delivered

 Presenter information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	
Contact name	Leah Ritchie
Company name	Associated British Foods plc
Address	Weston Centre
10 Grosvenor Street	
Post town	London
County/Region	
Postcode	W 1 K 4 Q Y
Country	United Kingdom
DX	
Telephone	0207 299 7284

 Checklist
We may return forms completed incorrectly or with information missing.
<p>Please make sure you have remembered the following:</p> <ul style="list-style-type: none"> <input type="checkbox"/> The company name and number match the information held on the public Register. <input type="checkbox"/> You can only use this form to file a second filing of a document delivered to the Registrar of Companies under the Companies Act 2006 on or after 1 October 2009 that held inaccuracies. <input type="checkbox"/> If you are updating a document where you have previously paid a fee, do not send a fee along with this form. <input type="checkbox"/> You have enclosed the second filed document(s). <input type="checkbox"/> If the company to which this document relates has signed up to the PROOF (PROtected Online Filing) scheme, you must also deliver with this form, and the second filed document(s), a PR03 form 'Consent for paper filing.'

 Important information
Please note that all information on this form will appear on the public record.
 Where to send
<p>You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:</p> <p>For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.</p> <p>For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).</p> <p>For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.</p> <p>Section 243 or 790ZF exemption If you are applying for or have been granted a section 243 or 790ZF exemption, please post this whole form to the different postal address below: The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE.</p>

 Further information
<p>For further information, please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk</p> <p>This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse</p>



✓ What this form is for
You may use this form to appoint an individual as a director.

X What this form
You cannot use
a corporate direc
please use form
of corporate dire

SATURDAY

10/02/2019 #123
COMPANIES HOUSE

1	Company details
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Company number	1	0	5	7	7	4	2	5
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Company name in full	Pro-Active Nutrition Limited
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→ Filling in this form

Please complete in typescript or in
bold black capitals.

All fields are mandatory unless specified or indicated by *

2	Date of director's appointment
---	--------------------------------

Date of appointment	^d 1	^d 4	^m 0	^m 9	^y 2	^y 0	^y 1	^y 8
---------------------	----------------	----------------	----------------	----------------	----------------	----------------	----------------	----------------

3 New director's details

Title*	
Full forename(s)	Marcus
Surname	Roy
Former name(s) ❶	
Country/State of residence ❷	United Kingdom
Nationality	British
Month/year of birth ❸	<div> <div>X</div> <div>X</div> <div> <div>m</div> <div>0</div> </div> <div> <div>m</div> <div>5</div> </div> <div> <div>y</div> <div>1</div> </div> <div> <div>y</div> <div>9</div> </div> <div> <div>y</div> <div>7</div> </div> <div> <div>y</div> <div>7</div> </div> </div>
Business occupation (if any) ❹	Accountant

Former name(s)

Please provide any previous names (including maiden or married names) which have been used for business purposes in the last 20 years.

Continue in section 7 if required.

② Country/State of residence

This is in respect of your usual residential address as stated in section 4a.

③ Month and year of birth

Please provide month and year only.
Provide full date of birth in
section 3a.

4 Business occupation

If you have a business occupation, please enter here. If you do not, please leave blank.

4 New director's service address ⁹

Please complete your service address below. You must also complete your usual residential address in **Section 4a**.

Building name/number	Weston Centre, 10
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Street	Grosvenor Street
--------	------------------

Post town	London
-----------	--------

County/Region

Postcode	W	1	K		4	Q	Y	
----------	---	---	---	--	---	---	---	--

Country	United Kingdom
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⑤ Service address

This is the address that will appear on the public record. This does not have to be your usual residential address.

Please state 'The Company's Registered Office' if your service address is recorded in the company's register of directors as the company's registered office.

If you provide your residential address here it will appear on the public record.

AP01

Appointment of director

5

Consent to act as director

Please tick the box to confirm consent.

- ☒ The company confirms that the person named in section 3 has consented to act as a director of the company named in section 1.

6

Signature

I am signing this form on behalf of the company.

Signature

Signature

X  X

This form may be signed and authorised by:

Director ❶, Secretary, Person authorised ❷, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor.

❶ Societas Europaea

If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership.

❷ Person authorised

Under either section 270 or 274 of the Companies Act 2006.

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Additional former names (continued from Section 3)

Former names ❸

❸ Additional former names

Use this space to enter any additional names.

AP01

Appointment of director

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Leah Ritchie
Company name	Associated British Foods plc
Address	Weston Centre 10 Grosvenor Street
Post town	London
County/Region	
Postcode	W 1 K 4 Q Y
Country	United Kingdom
DX	
Telephone	0207 299 7284

**Checklist**

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have completed the date of appointment.
- ☐ You have included all former names used for business purposes over the last 20 years.
- ☐ You have completed the nationality box.
- ☐ You have provided the month and year of birth in section 3.
- ☐ You have provided a business occupation if you have one.
- ☐ You have provided your full date of birth in section 3a.
- ☐ You have provided both the service address and the usual residential address.
- ☐ Addresses must be a physical location. They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number.
- ☐ You have enclosed a relevant section 243 application if applying for this at the same time as completing this form.
- ☐ You have ticked the consent to act statement.
- ☐ You have signed the form.

**Important information**

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses and day of birth.

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

For companies registered in Scotland:

The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG.
DX 481 N.R. Belfast 1.

Section 243 exemption

If you are applying for, or have been granted a section 243 exemption, please post this whole form to the different postal address below:

The Registrar of Companies, PO Box 4082,
Cardiff, CF14 3WE.

**Further information**

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