



Companies House

**CS01** (ef)

**Confirmation Statement**

Company Name: **ABLE BODY COMPANY LTD**

Company Number: **10563945**



Received for filing in Electronic Format on the: **25/01/2022**

XAWFLWNF

Company Name: **ABLE BODY COMPANY LTD**

Company Number: **10563945**

Confirmation Statement date: **12/01/2022**

Sic Codes: **74909**  
**96090**

Principal activity description: **Other professional, scientific and technical activities n.e.c.**  
**Other service activities n.e.c.**

## Statement of Capital (Share Capital)

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<b>Class of Shares:</b>	<b>A</b>	Number allotted	<b>40001</b>
	<b>ORDINARY</b>	Aggregate nominal value:	<b>40001</b>
Currency:	<b>GBP</b>		

Prescribed particulars

**EACH A SHARE CARRIES A RIGHT TO VOTE. EACH A SHARE CARRIES A RIGHT TO PARTICIPATE IN A RETURN OF CAPITAL ON LIQUIDATION IN EQUAL PREFERENCE TO ALL OTHER CLASSES OF SHARE. EACH A SHARE CARRIES A RIGHT TO RECEIVE A NON-CUMULATIVE DIVIDEND SUCH AS THE DIRECTORS HAVE DETERMINED TO DISTRIBUTE ON THE A SHARES. THE A SHARES ARE NOT REDEEMABLE.**

<b>Class of Shares:</b>	<b>B</b>	Number allotted	<b>40001</b>
	<b>ORDINARY</b>	Aggregate nominal value:	<b>40001</b>
Currency:	<b>GBP</b>		

Prescribed particulars

**EACH B SHARE CARRIES A RIGHT TO VOTE. EACH B SHARE CARRIES A RIGHT TO PARTICIPATE IN A RETURN OF CAPITAL ON LIQUIDATION IN EQUAL PREFERENCE TO ALL OTHER CLASSES OF SHARE. EACH B SHARE CARRIES A RIGHT TO RECEIVE A NON-CUMULATIVE DIVIDEND SUCH AS THE DIRECTORS HAVE DETERMINED TO DISTRIBUTE ON THE B SHARES. THE B SHARES ARE NOT REDEEMABLE.**

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## Statement of Capital (Totals)

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Currency:	<b>GBP</b>	Total number of shares:	<b>80002</b>
		Total aggregate nominal value:	<b>80002</b>
		Total aggregate amount	<b>0</b>
		unpaid:	

## Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1: **40001 A ORDINARY shares held as at the date of this confirmation statement**

Name: **BRENDAN STAFFORD**

Shareholding 2: **40001 B ORDINARY shares held as at the date of this confirmation statement**

Name: **DOMINIC STAFFORD**

## **Confirmation Statement**

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

# Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,  
Judicial Factor