Company Registration No. 10551592 (England and Wales)

AMCK FIT LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2022

AMCK FIT LIMITED
UNAUDITED ACCOUNTS
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AMCK FIT LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2022

	Notes	2022 £	2021 £
Fixed assets			
Intangible assets	4	25,807	25,807
Current assets			
Debtors	5	5,300	7,344
Cash at bank and in hand		13,662	(17,261)
		18,962	(9,917)
Creditors: amounts falling due within one year	6	(50,239)	(23,947)
Net current liabilities		(31,277)	(33,864)
Net liabilities		(5,470)	(8,057)
Capital and reserves			
Called up share capital		100	100
Profit and loss account		(5,570)	(8,157)
Shareholders' funds		(5,470)	(8,057)

For the year ending 30 June 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

The financial statements were approved by the Board and authorised for issue on 28 March 2023 and were signed on its behalf by

Aicha Alicia Mckenzie
Director

Company Registration No. 10551592

AMCK FIT LIMITED
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 30 JUNE 2022

1 Statutory information

AMCK FIT Limited is a private company, limited by shares, registered in England and Wales, registration number 10551592. The registered office is Studio 2, 329 Latimer Road, London, W10 6RA, England.

2 Compliance with accounting standards

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

3 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

Basis of preparation
The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

Presentation currency
The accounts are presented in £ sterling.

Intangible fixed assets
Intangible fixed assets (including purchased goodwill and patents) are included at cost less accumulated amortisation.

4 Intangible fixed assets

	Other
	£
Cost	
At 1 July 2021	25,807
At 30 June 2022	25,807
Amortisation	
At 1 July 2021	-
At 30 June 2022	-
Net book value	
At 30 June 2022	25,807
At 30 June 2021	25,807

5 Debtors

	2022	2021
	£	£
Amounts falling due within one year		
Trade debtors	500	4,144
Accrued income and prepayments	4,800	3,200
	5,300	7,344

6 Creditors: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	140	-
Other creditors	50,099	23,947
	50,239	23,947

7 Average number of employees

During the year the average number of employees was 1 (2021: 0).