



Companies House

CS01 (ef)

Confirmation Statement

Company Name: **ALLEGRO HEALTH AND FITNESS LTD**

Company Number: **10413041**



Received for filing in Electronic Format on the: **10/11/2023**

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Company Name: **ALLEGRO HEALTH AND FITNESS LTD**

Company Number: **10413041**

Confirmation **10/11/2023**

Statement date:

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1:	9200 ORDINARY shares held as at the date of this confirmation statement
Name:	EMANUEL GEORGOURAS
Shareholding 2:	250 ORDINARY shares held as at the date of this confirmation statement
Name:	STEPHEN JOHN BOWER
Shareholding 3:	500 ORDINARY shares held as at the date of this confirmation statement
Name:	NICHOLAS BOYD
Shareholding 4:	90 ORDINARY shares held as at the date of this confirmation statement
Name:	MAYBACH HOLDINGS PTY LTD ATF THE HORNER LEGACY FUND
Shareholding 5:	60 ORDINARY shares held as at the date of this confirmation statement
Name:	SARAH HORNER
Shareholding 6:	250 ORDINARY shares held as at the date of this confirmation statement
Name:	VINETA SALALE
Shareholding 7:	50 ORDINARY shares held as at the date of this confirmation statement
Name:	SUSANNA KENYON-MUIR
Shareholding 8:	485 REDEEMABLE PREFERENCE shares held as at the date of this confirmation statement
Name:	M.C.J.J
Shareholding 9:	484 ORDINARY shares held as at the date of this confirmation statement
Name:	SASATI JONATHAN
Shareholding 10:	484 ORDINARY shares held as at the date of this confirmation statement
Name:	HALA HEALTH LTD
Shareholding 11:	485 REDEEMABLE PREFERENCE shares held as at the date of this confirmation statement
Name:	HALA HEALTH LTD
Shareholding 12:	250 ORDINARY shares held as at the date of this confirmation statement

Name: **SHANE MOYNIHAN**

Shareholding 13: **150 ORDINARY shares held as at the date of this confirmation statement**

Name: **CHRISTIAN DUSS**

Shareholding 14: **400 ORDINARY shares held as at the date of this confirmation statement**

Name: **JAMES ROSE**

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor