

**ALLEGRO HEALTH AND FITNESS LTD
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 OCTOBER 2018**

Allegro Health and Fitness LTD
Balance Sheet
As at 30 October 2018

Registered number: 10413041

	30 October 2018	Period to 30 October 2017
	£	£
Fixed assets	348,716	38,747
Current assets	64,905	140,685
Prepayments and accrued income	8,862	-
Creditors: Amounts Falling Due Within One Year	(30,160)	(72,665)
NET CURRENT ASSETS	43,607	68,020
TOTAL ASSETS LESS CURRENT LIABILITIES	392,323	106,767
Creditors: Amounts Falling After More Than One Year	(373,275)	-
Accruals and deferred income	(2,700)	(2,700)
NET ASSETS	16,348	104,067
CAPITAL AND RESERVES	16,348	104,067

Notes

1. **Average Number of Employees**

Average number of employees, including directors, during the year was as follows:

	30 October 2018	Period to 30 October 2017
Office and administration	2	-
	2	-

2. **General Information**

Allegro Health and Fitness LTD is a private company, limited by shares, incorporated in England & Wales, registered number 10413041. The registered office is 22 Maclise Road, London, Surrey, W14 0PR.

Allegro Health and Fitness LTD
Balance Sheet (continued)
As at 30 October 2018

For the year ending 30 October 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the micro-entity provisions in the Companies Act 2006, Pt. 15 and FRS 105 the Financial Reporting Standard applicable to the Micro-entities Regime.
- These accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mrs Cassandra Georgouras

05/04/2019

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.