

**ALLEGRO HEALTH AND FITNESS LTD
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 OCTOBER 2019**

Allegro Health and Fitness LTD
Statement of Financial Position
As at 30 October 2019

Registered number: 10413041

	2019	2018
	£	£
Fixed assets	342,067	348,716
Current assets	55,876	64,905
Prepayments and accrued income	9,538	8,862
Creditors: Amounts Falling Due Within One Year	(30,670)	(30,160)
NET CURRENT ASSETS	34,744	43,607
TOTAL ASSETS LESS CURRENT LIABILITIES	376,811	392,323
Creditors: Amounts Falling After More Than One Year	(331,781)	(373,275)
Accruals and deferred income	(2,700)	(2,700)
NET ASSETS	42,330	16,348
CAPITAL AND RESERVES	42,330	16,348

Notes

1. Average Number of Employees

Average number of employees, including directors, during the year was: 2 (2018: 2)

2. General Information

Allegro Health and Fitness LTD is a private company, limited by shares, incorporated in England & Wales, registered number 10413041. The registered office is 22 Maclise Road, London, Surrey, W14 0PR.

Allegro Health and Fitness LTD
Statement of Financial Position (continued)
As at 30 October 2019

For the year ending 30 October 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities

- The member has not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The director acknowledges her responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mrs Cassandra Georgouras

Director

05/08/2020

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.