

REGISTERED NUMBER: 10268208 (England and Wales)

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2022

FOR

BALANCED NATURE LTD

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for the Year Ended 31 July 2022

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BALANCED NATURE LTD

COMPANY INFORMATION
for the Year Ended 31 July 2022

DIRECTOR: Ms J Karpovic

SECRETARY:

REGISTERED OFFICE: Unit 2, The Calvert Centre Rownest Wood
Woodmancott
Winchester
Hampshire
SO21 3BN

REGISTERED NUMBER: 10268208 (England and Wales)

ACCOUNTANTS: C Jezierski Associates
Chartered Certified Accountants
and Statutory Auditors
43 Chiswick Lane
London
W4 2LR

BALANCED NATURE LTD (REGISTERED NUMBER: 10268208)**BALANCE SHEET****31 July 2022**

	Notes	31.7.22 £	£	31.7.21 £	£
FIXED ASSETS					
Tangible assets	4		21,811		27,710
CURRENT ASSETS					
Stocks		57,346		56,500	
Debtors	5	41,578		11,078	
Cash at bank		<u>5,648</u>		<u>19,766</u>	
		104,572		87,344	
CREDITORS					
Amounts falling due within one year	6	<u>234,649</u>		<u>213,253</u>	
NET CURRENT LIABILITIES			<u>(130,077)</u>		<u>(125,909)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			(108,266)		(98,199)
CREDITORS					
Amounts falling due after more than one year	7		<u>21,933</u>		<u>28,750</u>
NET LIABILITIES			<u>(130,199)</u>		<u>(126,949)</u>
CAPITAL AND RESERVES					
Called up share capital			100		100
Retained earnings			<u>(130,299)</u>		<u>(127,049)</u>
			<u>(130,199)</u>		<u>(126,949)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2022 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

BALANCE SHEET - continued
31 July 2022

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 22 March 2023 and were signed by:

Ms J Karpovic - Director

**NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31 July 2022**

1. STATUTORY INFORMATION

Balanced Nature Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the [Company Information page](#).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 2 (2021 - NIL).

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 July 2022

4. TANGIBLE FIXED ASSETS

Plant and
machinery
etc
£**COST**At 1 August 2021
and 31 July 202249,365**DEPRECIATION**

At 1 August 2021

21,655

Charge for year

5,899

At 31 July 2022

27,554**NET BOOK VALUE**

At 31 July 2022

21,811

At 31 July 2021

27,710

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

31.7.22

31.7.21

£

£

Trade debtors

39,593

9,093

Other debtors

1,9851,98541,57811,078

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

31.7.22

31.7.21

£

£

Bank loans and overdrafts

10,676

10,627

Trade creditors

(2)

-

Taxation and social security

9,457

3,636

Other creditors

214,518198,990234,649213,253

7. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

31.7.22

31.7.21

£

£

Bank loans

21,93328,750

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.