

RYDAL COMMUNITY GYM CIC
Company limited by guarantee

Company Registration Number:
10250666 (England and Wales)

Period of accounts
Year ended 30 September 2022

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30/06/2023

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RYDAL COMMUNITY GYM CIC

Company limited by guarantee

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RYDAL COMMUNITY GYM CIC

Company limited by guarantee

Company Information

For the year ended 30th September 2022

Directors: **Robert Joseph Butler**
 Barry Francis O'Toole
 Joseph Allen Wood

Registered office: **Rydal Community Gym CIC**
 384 Stanley Road
 Liverpool
 L20 2AG

Company Registration Number: 10250666 (England and Wales)

RYDAL COMMUNITY GYM CIC

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Directors' report year ended 30th September 2022

The directors present their report with the financial statements of the company for the year ended 30 September 2022.

Principal activities

Rydal Gym's role in the community is to provide a safe environment for boxing classes for all fitness levels ages 8 yrs-60yrs.

Directors

The directors shown below have held during the whole of the period from 1 October 2021 to 30 September 2022.

Robert Joseph Butler

Barry Francis O'Toole

Joseph Allen Wood

This report was signed by the board of directors on 28th June 2023.

A handwritten signature in black ink, appearing to read 'RJB', with a stylized flourish at the end.

Robert Joseph Butler

DIRECTOR

RYDAL COMMUNITY GYM CIC

Company limited by guarantee

Income and Expenditure Account

For the year ended 30 September 2022

	Year to 30.9.22	Year to 30.9.21
	£	£
Turnover	50,862	77,051
Other income	52,497	-
Cost of materials	-	-
Staff costs	60,741	22,317
Other charges	52,327	51,119
Tax on surplus	-	686
Surplus or deficit for year	(9,709)	2,929

RYDAL COMMUNITY GYM CIC
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Balance Sheet
As at 30 September 2022

	30.9.22	30.9.21
	£	£
Fixed Assets	16,292	11,362
Current Assets:	52,252	72,613
Prepayments and accrued income	-	-
Creditors: Amounts falling due in one year	(19,119)	(15,080)
Net current assets (liabilities)	49,425	68,895
Creditors: amounts due after more than one year	(28,708)	(38,469)
Total net assets (liabilities)	20,717	30,426
Reserves:	20,717	30,426

For the year ending 30 September 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.



SIGNED: ROBERT JOSEPH BUTLER

DIRECTOR

28th June 2023

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in
full

Rydal Community Gym CIC

Company Number

10250666

Year Ending

30/09/2022

(The date format is required in full)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

Rydal Gym's role in the community is to provide a safe environment for boxing classes for all fitness levels for people aged 8-60 years old, male or female.

We provide an amateur boxing class for children wanting to compete or just train to keep fit, and an adult amateur class for people 16-40 years who can box in competitions or just train to keep fit.

We provide boxing fitness classes which are non contact so people can learn all the aspects of boxing without physical contact.

We are multi cultural and inclusive and welcome people from all areas of the community. We also provide a class for impact, which looks after children who have been excluded from mainstream school.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are the users of the gym and boxing facilities.
We regularly talk to our users to gain information about what classes they would like to see and at what times.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The amount paid to Rob Butler during the year was £14,400.00.
There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

There were no transfers of assets other than for full consideration.


(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed



Date

28/06/2023

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)