

RYDAL COMMUNITY GYM CIC  
Company limited by guarantee

Company Registration Number:  
1025066 (England and Wales)

Period of accounts  
Year ended 30 September 2018

FRIDAY



A32      \*A8GBQRLE\*      #103  
18/10/2019  
COMPANIES HOUSE

RYDAL COMMUNITY GYM CIC

Company limited by guarantee

Company Information

For the year ended 30<sup>th</sup> September 2018

Director: Robert Joseph Butler  
Barry Francis O'Toole  
Joseph Allen Wood

Registered office: Rydal Community Gym CIC  
384 Stanley Road  
Liverpool  
L20 2AG

Company Registration Number: 10250666 (England and Wales)

RYDAL COMMUNITY GYM CIC

Company limited by guarantee

Contents of the Financial Statements

For the year ended 30<sup>th</sup> September 2018

Company information – 3

Report of the Directors – 4

Income and Expenditure Account – 5

Balance Sheet – 6

RYDAL COMMUNITY GYM CIC

Company limited by guarantee

Directors' report year ended 30<sup>th</sup> September 2018

The directors present their report with the financial statements of the company for the year ended 30 September 2018.

Principal activities

Rydal Gym's role in the community is to provide a safe environment for boxing classes for all fitness levels ages 8 yrs-60yrs.

Directors

The directors shown below have held during the whole of the period from 1 October 2017 to 30 September 2018

Robert Joseph Butler

Barry Francis O'Toole

Joseph Allen Wood

This report was signed by the board of directors on 8<sup>TH</sup> October 2019

Robert Joseph Butler

Director

A handwritten signature in black ink that reads "R Butler". The signature is written in a cursive, flowing style.

RYDAL COMMUNITY GYM CIC

Company limited by guarantee

Income and Expenditure Account

For the year ended 30 September 2018

	Year to 30.9.18	15 months to 30.9.17
Turnover	£16,127	£36,450
Other income	-	-
Cost of materials	-	-
Staff costs	£1,600	£5,700
Other charges	£16,344	£27,856
Tax on surplus	-	£550
Surplus or deficit for year	£(1,817)	£2,344

RYDAL COMMUNITY GYM CIC  
Company limited by guarantee  
Balance Sheet  
As at 30 September 2018

	30.9.18	30.9.17
	£	£
Fixed Assets	-	-
Current Assets:	1,090	2,907
Prepayments and accrued income	-	-
Creditors: Amounts falling due in one year	(563)	(563)
<b>Net current assets (liabilities)</b>	<b>527</b>	<b>2,344</b>
Creditors: amounts due after more than one year	-	-
<b>Total net assets (liabilities)</b>	<b>527</b>	<b>2,344</b>
<b>Reserves:</b>	<b>527</b>	<b>2,344</b>

For the year ending 30 September 2018 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions of the small companies regime applicable to micro-entities.

This report was approved by the board of directors on 8<sup>th</sup> October 2019 and signed on their behalf by:

Robert Joseph Butler

Director



# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

--

Please  
complete in  
typescript, or  
in bold black  
capitals.

Company Name in  
full

RYDAL COMMUNITY GYM CIC

Company Number

10250666

Year Ending

30 SEPTEMBER 2018

**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Rydal Gym's role in the community is to provide a safe environment for boxing class for all fitness levels for people aged 8-60 years old, male or female.

We provide an amateur boxing class for children wanting to compete or just train to keep fit, and an adult amateur class for people 16-40 years who can box in competitions or just train to keep fit.

We provide boxing fitness classes which are non contact so people can learn all the aspects of boxing without physical contact.

We are multi cultural and inclusive and welcome people from all areas of the community.

We also provide a class for Impact, which looks after children who have been excluded from mainstream school.

*(If applicable, please just state "A social audit report covering these points is attached").*

***(Please continue on separate continuation sheet if necessary.)***



**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are users of the gym and boxing facilities.

We regularly talk to our users to gain information about what classes they would like to see, and at what times.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The aggregate amount of emoluments paid to or receivable by directors in respect of qualifying services was £1,400.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

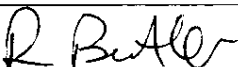
No transfer of assets other than for full consideration has been made.

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

**The original report must be signed by a director or secretary of the company**

Signed



Date 08/10/2019

*Office held (delete as appropriate) Director/Secretary*

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Smooth Law Limited	
6 Deacon Park	
Moorgate Road	
Liverpool L33 7RX	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**