

**MST FITNESS LTD  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 MARCH 2023**

**MST Fitness Ltd**  
**Balance Sheet**  
**As At 30 March 2023**

**Registered number:** 10228595

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Fixed assets	32,634	43,053
Current assets	112,914	55,065
Creditors: Amounts Falling Due Within One Year	(71,484 )	(18,917 )
<b>NET CURRENT ASSETS</b>	<b>41,430</b>	<b>36,148</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>74,064</b>	<b>79,201</b>
Creditors: Amounts Falling After More Than One Year	(73,937 )	(78,917 )
<b>NET ASSETS</b>	<b>127</b>	<b>284</b>
<b>CAPITAL AND RESERVES</b>	<b>127</b>	<b>284</b>

**Notes**

**1. General Information**

MST Fitness Ltd is a private company, limited by shares, incorporated in England & Wales, registered number 10228595 . The registered office is 76 Church Street, Lancaster, Lancashire, LA1 1ET.

**2. Average Number of Employees**

Average number of employees, including directors, during the year was: 2 (2022: 2)

**3. Directors Advances, Credits and Guarantees**

Included within Debtors are the following loans to directors:

	<b>As at 31 March 2022</b>	<b>Amounts advanced</b>	<b>Amounts repaid</b>	<b>Amounts written off</b>	<b>As at 30 March 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Mr Shane Jerman	25,400	15,716	-	-	41,466
Ms Shannon Peters	25,400	15,716	-	-	41,466

The above loan is unsecured, incurs interest at 2% and is repayable on demand.

**MST Fitness Ltd**  
**Balance Sheet (continued)**  
**As At 30 March 2023**

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For the year ending 30 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

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Ms Shannon Peters

Director

08/03/2024

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.