

**MST FITNESS LTD**  
**UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2020**

Scott & Wilkinson LLP  
Chartered Accountants  
Dalton House  
9 Dalton Square  
LANCASTER  
LA1 1WD

**MST FITNESS LTD (REGISTERED NUMBER: 10228595)**

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BALANCE SHEET  
31 MARCH 2020

	2020		2019	
	£	£	£	£
<b>Fixed assets</b>		21,528		20,404
<b>Current assets</b>	5,420		424	
<b>Creditors</b>				
Amounts falling due within one year	<u>(3,990)</u>		<u>(10,529)</u>	
<b>Net current assets/(liabilities)</b>		<u>1,430</u>		<u>(10,105)</u>
<b>Total assets less current liabilities</b>		22,958		10,299
<b>Accruals and deferred income</b>		<u>2,289</u>		<u>2,279</u>
<b>Net assets</b>		<u>20,669</u>		<u>8,020</u>
<b>Reserves</b>		<u>20,669</u>		<u>8,020</u>

## Notes to the financial statements

## 1. Statutory information

MST Fitness Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address are as below:

**Registered number:** 10228595

**Registered office:** Dalton House  
9 Dalton Square  
LANCASTER  
LA1 1WD

## 2. Average number of employees

The average number of employees during the year was 1 (2019 - 1).

## 3. Director's advances, credits and guarantees

The following advances and credits to a director subsisted during the years ended 31 March 2020 and 31 March 2019:

	2020	2019
	£	£
<b>Mr S Jerman</b>		
Balance outstanding at start of year	(10,529)	(16,754)
Amounts advanced	33,081	20,324
Amounts repaid	(18,305)	(14,099)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>4,247</u>	<u>(10,529)</u>

**BALANCE SHEET - continued**  
**31 MARCH 2020**

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The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director and authorised for issue on 31 March 2021 and were signed by:

Mr S Jerman - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.