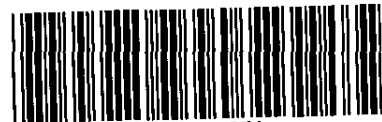


**Report of the Directors and  
Unaudited Financial Statements  
for the Period 7 May 2016 to 31 October 2017  
for  
FIRSTCARE CONNECTION CIC**

WEDNESDAY

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A07 28/03/2018 #322  
COMPANIES HOUSE

**FIRSTCARE CONNECTION CIC**

**Contents of the Financial Statements  
for the period 7 May 2016 to 31 October 2017**

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**FIRSTCARE CONNECTION CIC**

**Company Information  
for the period 7 May 2016 to 31 October 2017**

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**Directors:**

Mrs R Dudhia  
Mr P M Patel  
Mr N S Sehmi  
Mr K V Patel

**Secretary:**

Mr K V Patel

**Registered office:**

211 High Road  
South Woodford  
London  
E18 2PB

**Registered number:**

10168482 (England and Wales)

**Accountants:**

Haines Watts Essex LLP  
Chartered Accountants  
Coopers House  
65a Wingletye Lane  
Hornchurch  
Essex  
RM11 3AT

**FIRSTCARE CONNECTION CIC**  
**Report of the Directors**  
**for the period 7 May 2016 to 31 October 2017**

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The directors present their report with the financial statements of the company for the period 7 May 2016 to 31 October 2017.

**Incorporation**

The company was incorporated on 7 May 2016 and commenced trading on 1 November 2016.

**Principal activity**

The principal activity of the company in the period under review was that of the provision of medical training.

**Directors**

The directors who have held office during the period from 7 May 2016 to the date of this report are as follows:

Mrs R Dudhia - appointed 8 February 2017

Mr P M Patel - appointed 8 February 2017

Mr N S Sehmi - appointed 8 February 2017

Mr K V Patel - appointed 8 February 2017

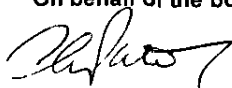
Mr M Krishek - appointed 7 May 2016 - resigned 8 February 2017

Mr B Patel - appointed 7 May 2016 - resigned 8 February 2017

All the directors who are eligible offer themselves for election at the forthcoming first Annual General Meeting.

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

**On behalf of the board:**



Mr K V Patel - Secretary

31 January 2018

**Chartered Accountants' Report to the Board of Directors  
on the Unaudited Financial Statements of  
Firstcare Connection CIC**

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In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Firstcare Connection CIC for the period ended 31 October 2017 which comprise the Statement of Income and Retained Earnings, Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed within the ICAEW's regulations and guidance at <http://www.icaew.com/en/membership/regulations-standards-and-guidance>.

This report is made solely to the Board of Directors of Firstcare Connection CIC, as a body, in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Firstcare Connection CIC and state those matters that we have agreed to state to the Board of Directors of Firstcare Connection CIC, as a body, in this report in accordance with ICAEW Technical Release 07/16AAF. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Firstcare Connection CIC and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that Firstcare Connection CIC has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Firstcare Connection CIC. You consider that Firstcare Connection CIC is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the financial statements of Firstcare Connection CIC. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

Haines Watts Essex LLP  
Chartered Accountants  
Coopers House  
65a Wingletye Lane  
Hornchurch  
Essex  
RM11 3AT

6 February 2018

**FIRSTCARE CONNECTION CIC**

**Statement of Income and Retained Earnings  
for the period 7 May 2016 to 31 October 2017**

	Notes	£
<b>Turnover</b>		<b>64,104</b>
Cost of sales		<u>(58,873)</u>
<b>Gross profit</b>		<b>5,231</b>
Administrative expenses		<u>(3,790)</u>
<b>Operating profit and Profit before taxation</b>		<b>1,441</b>
Tax on profit		<u>(186)</u>
<b>Profit for the financial period</b>		<b>1,255</b>
<b>Retained earnings at end of period</b>		<u><u>1,255</u></u>

The notes form part of these financial statements

**FIRSTCARE CONNECTION CIC (REGISTERED NUMBER: 10168482)**

**Balance Sheet  
31 October 2017**

	Notes	£	£
<b>Fixed assets</b>			
Tangible assets	3		<b>484</b>
<b>Current assets</b>			
Debtors	4	<b>945</b>	
Cash at bank		<b>14,481</b>	
		<b>15,426</b>	
<b>Creditors</b>			
Amounts falling due within one year	5	<b>14,655</b>	
<b>Net current assets</b>			<b>771</b>
<b>Total assets less current liabilities</b>			<b>1,255</b>
<b>Reserves</b>			
Retained earnings			<b>1,255</b>
			<b>1,255</b>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 31 October 2017.

The members have not required the company to obtain an audit of its financial statements for the period ended 31 October 2017 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 31 January 2018 and were signed on its behalf by:



Mr K V Patel - Director

The notes form part of these financial statements

## FIRSTCARE CONNECTION CIC

### Notes to the Financial Statements for the period 7 May 2016 to 31 October 2017

#### 1. Statutory information

Firstcare Connection CIC is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

#### 2. Accounting policies

##### Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

##### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 20% on cost

##### Taxation

Taxation for the period comprises current and deferred tax. Tax is recognised in the Profit and Loss Account, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

##### Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the period end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

#### 3. Tangible fixed assets

	Computer equipment £
<b>Cost</b>	
Additions	501
At 31 October 2017	501
<b>Depreciation</b>	
Charge for period	17
At 31 October 2017	17
<b>Net book value</b>	
At 31 October 2017	484



**FIRSTCARE CONNECTION CIC**

**Notes to the Financial Statements - continued  
for the period 7 May 2016 to 31 October 2017**

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**4. Debtors: amounts falling due within one year**

	<b>£</b>
Other debtors	<b>945</b>
	<u><u>          </u></u>

**5. Creditors: amounts falling due within one year**

	<b>£</b>
Taxation and social security	<b>186</b>
Other creditors	<b>14,469</b>
	<u><u>14,655</u></u>

**FIRSTCARE CONNECTION CIC**

**Trading and Profit and Loss Account  
for the period 7 May 2016 to 31 October 2017**

	£	£
<b>Turnover</b>		
Grants received		<b>64,104</b>
<b>Cost of sales</b>		
Support services	<b>45,375</b>	
Health coaching	<b>9,232</b>	
Participation fees	<b>4,266</b>	
	<hr/>	<b>58,873</b>
<b>Gross profit</b>		<b>5,231</b>
<b>Expenditure</b>		
Insurance	<b>189</b>	
Equipment costs	<b>2,754</b>	
Sundry expenses	<b>110</b>	
Accountancy	<b>720</b>	
Depreciation of tangible fixed assets		
Computer equipment	<b>17</b>	
	<hr/>	<b>3,790</b>
<b>Net profit</b>		<b>1,441</b>
		<hr/> <hr/>

This page does not form part of the statutory financial statements

~~NTM~~  
000039/15  
**CIC 34**

## Community Interest Company Report

**For official use**  
*(Please leave blank)*

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**Company Name in  
full**

Firstcare Connection CIC

**Company Number**

10168482

**Year Ending**

31 October 2017

**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

31<sup>st</sup> October 2017

The community has benefitted from the company's activities by the organised effort to improve health of the population in various NE London boroughs particularly Barking and Dagenham and Waltham Forest.

**1 Mental health project:** Working with North-East London Foundation Trust we applied for funding from Health Foundation to improve the rates for physical health checks for psychotic patients by using community pharmacies. This project also improved access to Heart checks as the patients are given meds which can cause atrial fibrillation. The project was given an award for the pioneering work (<https://www.nelft.nhs.uk/news-events/news20171117nelftnellpcwinafaward-2697>). Public Health England has also highlighted the project as an example of innovative project.

**2 Atrial Fibrillation (AF) in Primary Care:** 1:10 over 65s are likely to suffer from AF which can lead to strokes. In partnership with CareCity, an NHS testbed for innovative ideas, and the local pharmaceutical committee, a project to deliver AF tests using an innovative tool was carried out.

(<http://www.carecity.london/news/updates/426-launching-our-life-saving-atrial-fibrillation-pathway-at-expo2017>).

*(If applicable, please just state "A social audit report covering these points is attached").*

***(Please continue on separate continuation sheet if necessary.)***

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

No consultation has taken place. However, FCC CIC worked in collaboration with CareCity, Waltham Forest CCG, Barts Health NHS Trust, North East London Foundation Trust and NEL LPC to improve patient care. Individual patient feedback has been incorporated into project reports.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No directors remuneration was paid for the period

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.


No transfers of any assets has been made during the period

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

26/3/2018

Office held (delete as appropriate) Director/~~Secretary~~

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

HAINES WATTS <del>ESSEX</del> LLP	
COOPERS HOUSE, 65A WINKLEIGH LANE,	
HORNCHURCH, <del>ESSEX</del>	
Rm11 3AF	Tel 01708 475220
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**