

NOURISH.GROWCOOKENJOY LTD
Filleted Accounts Cover

NOURISH.GROWCOOKENJOY LTD

Company No. 09907004

Unaudited Accounts

31 December 2021

NOURISH.GROWCOOKENJOY LTD

Directors Report Registrar

The Directors present their report and accounts for the year ended 31 December 2021.

Principal activities

The principal activity of the company during the year under review was production and sales of organic foods.

Directors

The Directors who served during the year were as follows:

I. Nugteren

R.P. Nugteren

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006.

Signed on behalf of the board

.....
I. Nugteren

Director

27 September 2022

NOURISH.GROWCOOKENJOY LTD**Balance Sheet Registrar****at 31 December 2021****Company No. 09907004**

	2021	2020
	£	£
Fixed assets	21,179	2,028
Current assets	117,483	150,451
Creditors: Amounts falling due within one year	(29,729)	(23,796)
Net current assets	87,754	126,655
Total assets less current liabilities	108,933	128,683
Creditors: Amounts falling due after more than one year	(39,023)	(15,033)
Accruals and deferred income	(3,802)	(12,703)
	66,108	100,947
Capital and reserves	66,108	100,947

NOTES TO THE ACCOUNTS**1 Basis of preparation**

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105 - The Financial Reporting Standard applicable to the Micro-entities Regime (March 2018).

2 Employees

	2021	2020
	Number	Number
The average monthly number of employees (including directors) during the year was:	4	2

3 General information

Its registered number is: 09907004

Its registered office is:

39 Upper Bridge Road

Redhill

Surrey

RH1 6DE

For the year ended 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The functional and presentational currency of the company is Sterling. The accounts are rounded to the nearest pound.

As permitted by section 444 (5A) of the Companies Act 2006 the directors have not delivered to the Registrar a copy of the company's profit and loss account.

The accounts were approved by the board of directors on 27 September 2022 and signed on its behalf by:

I. Nugteren - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.