REGISTERED NUMBER: 09867433 (England and Wales)

Unaudited Financial Statements for the Year Ended 30 November 2019

for

LIMITLESS LIFE LTD.

Contents of the Financial Statements
for the Year Ended 30 November 2019

LIMITLESS LIFE LTD.

Company Information
for the Year Ended 30 November 2019

DIRECTORS:	J M Reilly F A Mitchell
REGISTERED OFFICE:	Avaland House 110 London Road Hemel Hempstead Hertfordshire HP3 9SD
REGISTERED NUMBER:	09867433 (England and Wales)
ACCOUNTANTS:	David Lindon & Co Chartered Accountants Avaland House 110 London Road Hemel Hempstead Hertfordshire HP3 9SD

Balance Sheet
30 November 2019

	Notes	2019 £	2019 £	2018 £	2018 £
FIXED ASSETS					
Tangible assets	4		29,663		30,573
CURRENT ASSETS					
Debtors	5	1,773		1,333	
Cash at bank		12,787		15,941	
		14,560		17,274	
CREDITORS					
Amounts falling due within one year	6	15,128		26,974	
NET CURRENT LIABILITIES			(568)		(9,700)
TOTAL ASSETS LESS CURRENT LIABILITIES			29,095		20,873
PROVISIONS FOR LIABILITIES			5,636		5,664
NET ASSETS			23,459		15,209
CAPITAL AND RESERVES					
Called up share capital			3		3
Retained earnings			23,456		15,206
SHAREHOLDERS' FUNDS			23,459		15,209

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2019 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and

(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes on pages 4 to 6 form part of these financial statements

continued...

Balance Sheet - continued
30 November 2019

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 29 August 2020 and were signed on its behalf by:

J M Reilly - Director

The notes on pages 4 to 6 form part of these financial statements

1. STATUTORY INFORMATION

LIMITLESS LIFE LTD. is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements
These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover
Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

Taxation
Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

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2. ACCOUNTING POLICIES - continued

Hire purchase and leasing commitments
Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits
The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 3 (2018 - 4) .

4. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Totals
	£	£	£
COST			
At 1 December 2018	51,614	1,122	52,736
Additions	7,714	119	7,833
At 30 November 2019	59,328	1,241	60,569
DEPRECIATION			
At 1 December 2018	21,870	293	22,163
Charge for year	8,508	235	8,743
At 30 November 2019	30,378	528	30,906
NET BOOK VALUE			
At 30 November 2019	28,950	713	29,663
At 30 November 2018	29,744	829	30,573

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Other debtors	440	-
Prepayments and accrued income	1,333	1,333
	1,773	1,333

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6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019	2018
	£	£
Bank loans and overdrafts	2,632	1,247
Tax	5,862	-
Social security and other taxes	67	455
Pensions payable	-	28
VAT	4,791	3,937
Wages control account	-	1,005
Directors' current accounts	91	18,617
Accruals and deferred income	1,685	1,685
	15,128	26,974

7. ULTIMATE CONTROLLING PARTY

The Company is under the control of the Directors who between them own all shares currently in issue.