

BETTER BODY TRAINING LIMITED
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2020

BETTER BODY TRAINING LIMITED
ANNUAL REPORT AND UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30 NOVEMBER 2020

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BETTER BODY TRAINING LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30 NOVEMBER 2020

Directors	Joanne Everill-Taylor Paul Taylor
Company Number	09856435 (England and Wales)
Registered Office	BarnElms Rose Hill Porthtowan Truro TR4 8GJ ENGLAND
Accountants	North Star Accounting Ltd Pinewood 22 Ashley Close Walton On Thames Surrey KT12 1BJ

BETTER BODY TRAINING LIMITED
STATEMENT OF FINANCIAL POSITION
AS AT 30 NOVEMBER 2020

	2020	2019
	£	£
Fixed assets	1,089	1,279
Current assets	28,298	23,084
Creditors: amounts falling due within one year	(6,923)	(425)
Net current assets	21,375	22,659
Total assets less current liabilities	22,464	23,938
Creditors: amounts falling due after more than one year	-	(6,410)
Net assets	22,464	17,528
Capital and reserves	22,464	17,528

NOTES TO THE ACCOUNTS

1 Statutory information

BETTER BODY TRAINING LIMITED is a private company, limited by shares, registered in England and Wales, registration number 09856435. The registered office is BarnElms, Rose Hill, Porthtowan, Truro, TR4 8GJ, ENGLAND.

2 Average number of employees

During the year the average number of employees was 0 (2019: 0).

For the year ending 30 November 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the board on 28 February 2021

Joanne Everill-Taylor
Director

Company Registration No. 09856435

