

**REGISTERED NUMBER: 09849982 (England and Wales)**

Unaudited Financial Statements for the Year Ended 31 December 2017

for

London Mindfulness Centre Limited

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for the Year Ended 31 December 2017

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London Mindfulness Centre Limited

Company Information  
for the Year Ended 31 December 2017

**DIRECTORS:**

W Koole  
Ms A Frey  
Miss A Totton

**REGISTERED OFFICE:**

39 Long Acre  
London  
WC2E 9LG

**REGISTERED NUMBER:**

09849982 (England and Wales)

**ACCOUNTANTS:**

We'll Mind Your Own Business LTD  
39 Long Acre  
London  
WC2E 9LG

Balance Sheet  
31 December 2017

	Notes	31.12.17 £	£	31.12.16 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		1,221		-
<b>CURRENT ASSETS</b>					
Debtors	5	36,578		25,587	
Cash at bank		<u>96,691</u>		<u>6,245</u>	
		133,269		31,832	
<b>CREDITORS</b>					
Amounts falling due within one year	6	<u>155,422</u>		<u>56,961</u>	
<b>NET CURRENT LIABILITIES</b>			<u>(22,153)</u>		<u>(25,129)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>(20,932)</u>		<u>(25,129)</u>
<b>RESERVES</b>					
Income and expenditure account			<u>(20,932)</u>		<u>(25,129)</u>
			<u>(20,932)</u>		<u>(25,129)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2017.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2017 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

Balance Sheet - continued  
31 December 2017

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 27 September 2018 and were signed on its behalf by:

Miss A Totton - Director

Notes to the Financial Statements  
for the Year Ended 31 December 2017

**1. STATUTORY INFORMATION**

London Mindfulness Centre Limited is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

These financial statements for the year ended 31 December 2017 are the first financial statements that comply with FRS 102 Section 1A small entities. The date of transition is 30 October 2015.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 33% on cost
Office equipment	- 33% on cost

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Pension costs and other post-retirement benefits**

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

**Creditors**

Short term creditors are measured at transaction price.

Loans and other financial liabilities are initially recognised at transaction price net of any transaction costs and subsequently measured at amortised cost determined using the effective interest method. Where amounts are repayable on demand or within one year, they are measured at an undiscounted value.

Notes to the Financial Statements - continued  
for the Year Ended 31 December 2017

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 3 .

4. **TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Office equipment £	Totals £
<b>COST</b>			
Additions	474	945	1,419
At 31 December 2017	474	945	1,419
<b>DEPRECIATION</b>			
Charge for year	32	166	198
At 31 December 2017	32	166	198
<b>NET BOOK VALUE</b>			
At 31 December 2017	442	779	1,221

5. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.12.17 £	31.12.16 £
Trade debtors	33,703	23,663
Other debtors	1,935	1,924
Prepayments	940	-
	<u>36,578</u>	<u>25,587</u>

6. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.12.17 £	31.12.16 £
Trade creditors	11,558	4,768
Tax	96	-
Social security and other taxes	608	242
Other creditors	110,246	24,656
Directors' loan accounts	9	-
Accruals and deferred income	32,905	27,295
	<u>155,422</u>	<u>56,961</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.