

Unique Fitness Lifestyle Ltd

Unaudited Filleted Financial Statements
for the Year Ended 31 October 2022

Chisnall Comer Ismail & Co
Chartered Accountants
Maria House
35 Millers Road
Brighton
BN1 5NP

Unique Fitness Lifestyle Ltd

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Unique Fitness Lifestyle Ltd

Company Information

Directors	Mr A Radford Mr A Burgess
Registered office	Fitnesshub Brighton Units 7 - 8 Circus Parade, New England Road Brighton BN1 4GW
Accountants	Chisnall Comer Ismail & Co Chartered Accountants Maria House 35 Millers Road Brighton BN1 5NP

Unique Fitness Lifestyle Ltd
(Registration number: 09845613)
Balance Sheet as at 31 October 2022

	2022 £	2021 £
Fixed assets	27,532	29,929
Current assets	20,725	15,408
Prepayments and accrued income	227	227
Creditors: Amounts falling due within one year	(20,944)	(20,198)
Net current assets/(liabilities)	8	(4,563)
Total assets less current liabilities	27,540	25,366
Creditors: Amounts falling due after more than one year	(26,188)	(17,145)
Accruals and deferred income	(1,260)	(1,170)
	92	7,051
Capital and reserves	92	7,051

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

Fitnesshub Brighton
Units 7 - 8
Circus Parade, New England Road
Brighton
BN1 4GW

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 2 (2021 - 2).

For the financial year ending 31 October 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Unique Fitness Lifestyle Ltd
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Balance Sheet as at 31 October 2022

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved and authorised by the Board on 11 August 2023 and signed on its behalf by:

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Mr A Burgess

Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.