

Unique Fitness Lifestyle Ltd

Annual Report and Unaudited Financial Statements
for the Year Ended 31 October 2019

Unique Fitness Lifestyle Ltd

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Unique Fitness Lifestyle Ltd

Company Information

Directors	Mr A Radford Mr A Burgess
Registered office	Unit 6 Circus Parade New England Road Brighton BN1 4GW
Accountants	Chisnall Comer Ismail & Co Chartered Accountants Maria House 35 Millers Road Brighton BN1 5NP

Unique Fitness Lifestyle Ltd
(Registration number: 09845613)
Balance Sheet as at 31 October 2019

	2019 £	2018 £
Fixed assets	40,889	36,854
Current assets	12,907	19,831
Prepayments and accrued income	227	220
Creditors: Amounts falling due within one year	(21,738)	(23,993)
Net current liabilities	(8,604)	(3,942)
Total assets less current liabilities	32,285	32,912
Creditors: Amounts falling due after more than one year	(27,892)	(30,987)
Accruals and deferred income	(1,050)	(954)
	<u>3,343</u>	<u>971</u>
Capital and reserves	<u>3,343</u>	<u>971</u>

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

Unit 6 Circus Parade
New England Road
Brighton
BN1 4GW

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime'.

2 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 2 (2018 - 2).

These financial statements have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

For the financial year ending 31 October 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

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Balance Sheet as at 31 October 2019

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Approved and authorised by the Board on 22 October 2020 and signed on its behalf by:

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Mr A Burgess

Director

Maria House

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

BN1 5NP