



For further information, please  
refer to our guidance at  
[www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

### 1 Company details

Company number 0 9 7 9 6 7 2 0

Company name in full Health Made Easy Limited

#### → Filling in this form

Please complete in typescript or in  
bold black capitals.

### 2 Administrator's name

Full forename(s) Christopher Robert

Surname Pole

### 3 Administrator's address

Building name/number c/o Interpath Ltd

Street 2nd Floor, 45 Church Street

Post town Birmingham

County/Region

Postcode B 3 2 R T

Country

### 4 Administrator's name ①

Full forename(s) Ryan

Surname Grant

#### ① Other administrator

Use this section to tell us about  
another administrator.

### 5 Administrator's address ②

Building name/number c/o Interpath Ltd

Street 2nd Floor, 45 Church Street

Post town Birmingham

County/Region

Postcode B 3 2 R T

Country

#### ② Other administrator

Use this section to tell us about  
another administrator.

# AM10

## Notice of administrator's progress report

### 6 Period of progress report

From date	<sup>d</sup> 2	<sup>d</sup> 6	<sup>m</sup> 0	<sup>m</sup> 2	<sup>y</sup> 2	<sup>y</sup> 0	<sup>y</sup> 2	<sup>y</sup> 3
To date	<sup>d</sup> 2	<sup>d</sup> 5	<sup>m</sup> 0	<sup>m</sup> 8	<sup>y</sup> 2	<sup>y</sup> 0	<sup>y</sup> 2	<sup>y</sup> 3

### 7 Progress report

☒ I attach a copy of the progress report

### 8 Sign and date

Administrator's  
signature

Signature

X



X

Signature date	<sup>d</sup> 2	<sup>d</sup> 1	<sup>m</sup> 0	<sup>m</sup> 9	<sup>y</sup> 2	<sup>y</sup> 0	<sup>y</sup> 2	<sup>y</sup> 3
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**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name **Francine Pearlman**

Company name **Interpath Ltd**

Address **5th Floor, 130 St Vincent Street  
Glasgow**

Post town **G2 5HF**

County/Region

Postcode

Country

DX

Telephone **Tel +44 (0) 121 817 8600**

**Checklist**

**We may return forms completed incorrectly or with information missing.**

**Please make sure you have remembered the following:**

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

**Important information**

**All information on this form will appear on the public record.**

**Where to send**

**You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:**

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.

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# Joint Administrators' progress report for the period 26 February 2023 to 25 August 2023

Health Made Easy Limited - in  
Administration

21 September 2023

Deemed delivered: 21 September 2023

# Notice to creditors

This progress report provides an update on the administration of the Company.

We have included (Appendix 2) an account of all amounts received and payments made since the date of our appointment.

We have also explained our future strategy for the administration and how likely it is that we will be able to pay each class of creditor.

You will find other important information in this progress report such as the costs which we have incurred to date.

A glossary of the abbreviations used throughout this document is attached (Appendix 7).

Finally, we have provided answers to frequently asked questions and a glossary of insolvency terms on the following website, [www.ia-insolv.com/case+INTERPATH+HM81962305.html](http://www.ia-insolv.com/case+INTERPATH+HM81962305.html). We hope this is helpful to you.

**Please also note that an important legal notice about this progress report is attached (Appendix 8).**

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# 1 Executive summary

This progress report covers the period from 26 February 2023 to 25 August 2023 (the 'Period').

As previously reported, on 26 August 2022 the Joint Administrators completed a sale of the shares of Higher Nature and Freshly Cut, being the Company's main asset, to CGK Consulting Limited (the 'Purchaser') for total consideration of £454,000. (Section 2 – Progress to date).

During the period, we wrote to certain shareholders of Higher Nature where it was found they were entitled to a proportion of the sale proceeds from the acquisition of Higher Nature by the Company in September 2018. This proportion of the sale proceeds was set aside in a ring-fenced Trust account and such sales proceeds remain held on trust. We will shortly be making a distribution to these shareholders.

On appointment, the Company had two secured creditors, HSBC Bank UK Plc ('the Bank') and HSBC Invoice Finance (UK) Limited ('HIF') (together 'the Secured creditors'). We estimate that the Bank will suffer a shortfall on their lending provided to the Company and the wider group. In addition, HSBC Invoice Finance (UK) Limited ('HIF') provided Higher Nature with a specific invoice discounting facility, in respect of which HIF has been satisfied in full (Section 3 - Dividend prospects).

The Company had no employees, and we are not aware of any ordinary preferential creditors. Based on current estimates, we do not anticipate that there will be sufficient funds to enable a dividend to ordinary or secondary preferential creditors (Section 3 - Dividend prospects).

We do not anticipate that there will be sufficient funds for a distribution to be made to unsecured creditors (Section 3 - Dividend prospects).

During the period, the Secured creditor granted a six-month extension to the period of the administration.

We have included a revised fee estimate at Appendix 4. We have incurred more time than originally envisaged due to additional time spent attending to higher than anticipated creditor queries, dealing with post completion matters following the sale of business process and attending to post-appointment tax matters (Section 4 – Joint Administrators' remuneration, expenses and pre-administration costs).

We intend to seek the approval of our revised fee estimate from the Bank in order to draw additional fees (Section 4 – Joint Administrators' remuneration, expenses and pre-administration costs).

We anticipate that the most likely exit route will be dissolution once asset realisations and distributions are complete (Section 6 – Future strategy).

Please note: you should read this progress report in conjunction with our previous progress reports and proposals issued to the Company's creditors which can be found at [www.ia-insolv.com/case+INTERPATH+HM81962305.html](http://www.ia-insolv.com/case+INTERPATH+HM81962305.html). Unless stated otherwise, all amounts in this progress report and appendices are stated net of VAT.



Chris Pole, Joint Administrator

## 2 Progress to date

This section updates you on our strategy for the administration and on our progress to date. It follows the information provided in our proposals and previous progress report.

### 2.1 Strategy and progress to date

#### Strategy

As discussed in our previous reports, the Joint Administrators completed a sale of the Company's share capital and share rights of Higher Nature and Freshly Cut to CGK Consulting Limited on 26 August 2022. Full details of the sale are set out in our Proposals available at [www.ia-insolv.com/case+INTERPATH+HM81962305.html](http://www.ia-insolv.com/case+INTERPATH+HM81962305.html).

We are not aware of any other assets of the Company that need to be realised for the benefit of creditors. As such, our strategy remains to settle all remaining liabilities in addition to an anticipated distribution to the Bank.

#### Trust account

Higher Nature was acquired by Health Made Easy in September 2018, and we are aware of a number of shareholders who were entitled to a proportion of the sale proceeds but were not paid. This proportion of the sale proceeds was set aside in a ring-fenced Trust account and such sales proceeds remain held on trust. We have sought legal advice from our solicitors to ascertain the legal position of the Trust and the Administrators' obligations in this respect.

We wrote to all relevant shareholders on 21 August 2023, and we will shortly be distributing the funds where we are able. In the event of no response to our communication within the timeline specified the unclaimed sale proceeds will be paid to Court. It will then be necessary for shareholders to make an application to Court to establish the entitlement to the relevant sales proceeds.

As the Trust account is not considered to be the Company's assets, any time incurred in relation to the distribution of the Trust funds will not be charged to the administration and will be excluded.

We will commence closure of the administration once we have finalised the above matters.

### 2.2 Asset realisations

Apart from the bank interest received on funds held in the administration estate, there were no other realisations during the Period, as set out in the attached receipts and payments account (Appendix 2).



## **2.3 Costs**

Payments made in this period are set out in the attached receipts and payments account (Appendix 2).

Summaries of the most significant payments made during the period are provided below.

### **Legal fees**

During the Period, fees of £27,997 were paid for legal advice provided to the Joint Administrators.

Squire Patton Boggs LLP ('Squires') have been paid £20,317. Of this, £16,576 relates to pre-administration legal fees for their work preparing sale of business contracts and the preparation of appointment documents. These fees were disclosed in our proposals. A further £3,730 has been paid for providing general advice for the administration.

Eversheds Sutherland (International) LLP ('Eversheds') have been paid £7,683. Of this, £6,478 relates to pre-administration legal fees (disclosed in our proposals) for their work preparing the debt settlement and waiver agreement. A further £1,205 has been paid in relation to providing advice regarding the validity of the Joint Administrators' appointment.

### **Administrators' fees**

Pre-appointment administrators' fees of £10,350 were paid in the period following approval from Secured creditors.

In addition, Administrators' fees of £6,676.50 have been paid in the period.

## **2.4 Schedule of expenses**

We have detailed the costs incurred during the period, whether paid or unpaid, in the schedule of expenses attached (Appendix 3).

## **3 Dividend prospects**

### **3.1 Secured creditors**

HSBC Bank Plc

As previously reported, the Bank provided a term loan and Coronavirus Business Interruption Loan to the Group, with total exposure of £1.9m on appointment. The Bank's exposure is cross guaranteed across all companies in the Group.

As at the date of appointment, Higher Nature and Freshly Cut had cash at bank of £74,832 and £124,432 respectively. The transaction involved the retention of these cash balances by the Bank as partial settlement of their exposure.

Based on current estimates, we expect that there will be a future dividend to the Bank, although we do not expect them to recover their outstanding debt in full.

HSBC Invoice Finance (UK) Limited

HIF provided Higher Nature with an invoice discounting facility, with funds in use of £56,000 as at 26 August 2022. On completion of the pre-packaged sale, HIF's indebtedness was settled in full by the Purchaser.

### **3.2 Ordinary preferential creditors (employees)**

The Company had no employees and we are not aware of any ordinary preferential claims against the Company.

### **3.3 Secondary preferential creditors (HMRC)**

Certain claims from HMRC rank preferentially, but secondary to the employee ordinary preferential creditors referred to above. These claims are therefore referred to as "secondary preferential creditors".

The amount of secondary preferential claims is currently unknown.

Based on current estimates, it is highly unlikely that there will be a dividend to secondary preferential creditors.

### **3.4 Unsecured creditors**

Based on current estimates, it is highly unlikely that there will be a dividend to unsecured creditors.

## **4 Joint Administrators' remuneration, expenses and pre-administration costs**

### **4.1 Joint Administrators' remuneration and expenses**

During the period the Secured creditors have provided approval that:

our remuneration will be drawn on the basis of time properly given by us and the various grades of our staff in accordance with the fees estimate provided in our proposals and Interpath usual charge-out rates for work of this nature.

Pre-appointment costs be paid as an expense of the administration.

As reported in our last progress report, we have exceed our previous fees estimate. Therefore, we are now seeking approval from the Bank to draw additional remuneration as per the revised fees estimate included in Appendix 4.

Time costs

From 26 February 2023 to 25 August 2023, we have incurred time costs of £36,379. These represent 73 hours at an average rate of £497 per hour.

From the date of our appointment to 25 August 2023, we have incurred time costs of £116,861. These represent 260 hours at an average rate of £449 per hour.

Please see detailed analysis of the time spent and a narrative description of the work performed (Appendix 6) and in our previous progress reports.

Remuneration

During the period, we have not drawn any remuneration.

Administrators' Expenses

During the period, we have not incurred any expenses.

Additional information

We have attached a revised fees estimate and detailed supporting notes at Appendix 4. Our time costs have increased largely in relation to the following matters:

Asset realisations – additional work was required to realise the Company's main asset, the sale of business process and attend to post completion matters including ongoing liaison with the Purchaser on matters affecting the administration.

Creditors - we received and attended to higher than anticipated creditor queries relating to the insolvency of the Company and the wider Group. Our increased costs also relate to reporting to the Secured and unsecured creditors on matters affecting the administration and the sales process.

Tax - time incurred by the Corporation Tax team in respect of reviewing the implications for the Company of selling certain of its assets to the Purchaser was beyond what was initially envisaged. Additionally, more time has been incurred preparing post appointment VAT returns as the Company is required to submit returns on a monthly basis and corporation tax return accounting for the asset disposals. We are currently seeking a tax clearance from HMRC and have filed the final corporation tax and VAT returns. Further time will be spent in liaising with HMRC to attend to any queries as they may have.

Statutory matters – our time costs in this respect are slightly higher than previously anticipated this is as a result of extending the administration period, which will require further reporting and ongoing compliance with statutory matters.

Therefore, we are now seeking approval from the Bank to draw further fees as per the revised fee estimate included in Appendix 4.

We have attached a revised expenses estimate at Appendix 5. Our estimated expenses are expected to increase above the initial estimate in relation to storage and legal fees. Legal fees incurred for providing advice regarding the validity of our appointment, the security review and other general advice pertaining to the administration has been higher than initially anticipated.

We have attached (Appendix 6) an analysis of the time spent, the charge-out rates for each grade of staff and the expenses paid directly by Interpath for the period from 26 February 2023 to 25 August 2023. We have also attached our charging and expenses policy.

## 4.2 Pre-administration costs

We disclosed the following pre-administration costs, which were unpaid at the date of our appointment, in our proposals:

Interpath fees	25,680.50	25,680.50	NIL	10,350.00	15,330.50
Legal fees – Eversheds	6,478.00	6,478.00	NIL	6,478.00	NIL
Legal fees – Squires	16,491.50	16,491.50	NIL	16,491.50	NIL
Legal disbursements – Squires	85.31	85.31	NIL	85.31	NIL
<b>Total</b>	<b>48,735.31</b>	<b>48,735.31</b>	<b>NIL</b>	<b>33,404.81</b>	<b>15,330.50</b>

On 2 May 2023, we obtained approval from the Secured creditors to pay the pre-administration costs as an expense of the administration. We have agreed to limit our pre-administration costs to £10,350.

## **5 Future strategy**

### **5.1 Future conduct of the administration**

We will continue to manage the affairs, the business and the property of the Company in order to achieve the purpose of the administration. This will include but not be limited to:

Distribution of trust monies to the shareholders of Higher Nature in order to conclude the administration. As noted in Section 2.1 above, time incurred in this respect is excluded.

Reviewing, agreeing and paying all outstanding costs of the administration;

Obtaining tax and VAT clearance for the administration;

To make a distribution to the Bank from available funds; and

Complying with all legal and statutory matters arising in the administration.

### **5.2 Extension of the administration**

During the period the Bank granted a six-month extension to the period of the administration.

The administration is currently due to end on 25 February 2024.

### **5.3 Discharge from liability**

During the period the Bank have granted approval that we be discharged from liability in respect of any actions as Joint Administrators upon filing of our final receipts and payments account with the Registrar of Companies.

Discharge does not prevent the exercise of the Court's power in relation to any misfeasance action against us.

### **5.4 Future reporting**

We intend to provide our final progress report by 25 February 2024.

## Appendix 1      Statutory information

Company name	Health Made Easy Limited
Date of incorporation	27 September 2015
Company registration number	09796720
Present registered office	Interpath Ltd, 2nd Floor, 45 Church Street, Birmingham, B3 2RT
Administration appointment	The administration appointment granted in High Court of Justice, Business and Property Courts in Birmingham, 000393 of 2022
Appointor	Directors
Date of appointment	26 August 2022
Joint Administrators' details	Chris Pole and Ryan Grant
Values of the Net Property and Prescribed Part	Estimated Net Property is £Nil. Estimate Prescribed Part is £Nil.
Prescribed Part distribution	<p>If funds do become available for a distribution under the Prescribed Part, the Joint Administrators may make a distribution to the unsecured creditors; or if appropriate, may apply to the Court to obtain an order that the Prescribed Part shall not apply on the grounds that the cost of making a distribution to the unsecured creditors would be disproportionate to the benefits.</p> <p>Alternatively, the Prescribed Part will be automatically disapplied if the Net Property is less than £10,000 and the costs of making a distribution would be disproportionate to the benefits.</p>
Functions	The functions of the Joint Administrators are being exercised by them individually or together in accordance with Paragraph 100(2)
Current administration expiry date	25 February 2024

## Appendix 2 Joint Administrators' receipts and payments account

### Health Made Easy Limited - in Administration

#### Abstract of receipts & payments

Statement of affairs (£)		From 26/02/2023 To 25/08/2023 (£)	From 26/08/2022 To 25/08/2023 (£)
FIXED CHARGE ASSETS			
500,000.00	Investments	NIL	454,000.00
		NIL	454,000.00
FIXED CHARGE COSTS			
	Administrators' fees	(6,676.50)	(54,676.50)
	Administrators' expenses	(575.09)	(603.06)
	Legal fees	(4,935.37)	(4,935.37)
	Pre-appointment legal fees	(23,054.81)	(23,054.81)
	Administrators' pre-appointment fees	(10,350.00)	(10,350.00)
	Statutory advertising	(86.00)	(172.00)
		(45,677.77)	(93,791.74)
FIXED CHARGE CREDITORS			
(1,883,947.00)	Fixed charge creditor	NIL	NIL
		NIL	NIL
ASSET REALISATIONS			
	HN and FC Employee costs	NIL	36,839.50
6,091.00	Cash at bank	NIL	NIL
		NIL	36,839.50
OTHER REALISATIONS			
	Bank interest, gross	728.68	804.66
		728.68	804.66
COST OF REALISATIONS			
	HN and FC Employee costs	NIL	(31,649.51)
		NIL	(31,649.51)
PREFERENTIAL CREDITORS			
(68,389.00)	HMRC secondary preferential	NIL	NIL
		NIL	NIL
UNSECURED CREDITORS			
(14,324,822.00)	Unsecured creditors	NIL	NIL
		NIL	NIL
DISTRIBUTIONS			
(128,980.00)	Ordinary shareholders	NIL	NIL
		NIL	NIL

**Health Made Easy Limited - in Administration****Abstract of receipts & payments**

Statement of affairs (£)	From 26/02/2023 To 25/08/2023 (£)	From 26/08/2022 To 25/08/2023 (£)
<b>(15,900,047.00)</b>	<b>(44,949.09)</b>	<b>366,202.91</b>
REPRESENTED BY		
Floating charge current		347,454.18
Fixed charge VAT rec'able		18,748.73
		<b>366,202.91</b>



## Appendix 3      Schedule of expenses

### **Fixed charge costs**

Administrators' fees	6,676.50	0.00	<b>54,676.50</b>
Administrators' expenses	575.09	0.00	<b>603.06</b>
Administrators' pre-appointment fees	10,350.00	0.00	<b>10,350.00</b>

### **Cost of realisations**

Legal fees	27,990.17	0.00	<b>27,990.17</b>
<b>TOTAL</b>	<b>45,591.76</b>	<b>0.00</b>	<b>93,619.73</b>

Please note that there is a difference between the payments made during the period and the expenses incurred and paid in the period (per the schedule of expenses).

This is due to the fact that some of the payments made in the period relate to expenses incurred in a prior period.

## **Requests for further information and right to challenge our remuneration and expenses**

Creditors' requests for further information

If you would like to request more information about our remuneration and expenses disclosed in this progress report, you must do so in writing within 21 days of receiving this progress report.

Requests from unsecured creditors must be made with the concurrence of at least 5% in value of unsecured creditors (including, the unsecured creditor making the request) or with the permission of the Court.

Creditors' right to challenge our remuneration and expenses

If you wish to challenge the basis of our remuneration, the remuneration charged, or the expenses incurred during the period covered by this progress report, you must do so by making an application to Court within eight weeks of receiving this progress report.

Applications by unsecured creditors must be made with concurrence of at least 10% in value of unsecured creditors (including the unsecured creditor making the challenge) or with the permission of the Court.

The full text of the relevant rules can be provided on request by writing to Francine Pearlman at Interpath Ltd, 2nd Floor, 45 Church Street, Birmingham, B3 2RT.

## Appendix 4

## Joint Administrators' revised fees estimate

Statutory and compliance	1	39.00	15,425.00	395.51	41.80	21,733.64	519.94	37,158.64
Cashiering	2	6.00	1,610.00	268.33	6.70	2,564.52	382.76	4,174.52
Tax	3	11.50	5,017.50	436.30	32.50	16,005.85	492.49	21,023.35
Bankrupt/Director/Member*	4	-	-	-	6.70	3,343.65	499.05	3,343.65
General	5	10.00	5,165.00	516.50	4.30	693.34	161.24	5,858.34
<b>Administration &amp; Planning</b>		<b>66.50</b>	<b>27,217.50</b>	<b>409.29</b>	<b>92.00</b>	<b>44,341.00</b>	<b>481.97</b>	<b>71,558.50</b>
<b>Trading</b>					-	-		-
<b>Realisation of Assets</b>	6	11.00	5,810.00	528.18	13.25	8,468.04	639.10	14,278.04
Employees	7	-	-	-	-	-	-	-
Creditors and claims	8	25.00	9,765.00	390.60	76.00	36,348.21	478.27	46,113.21
Committees		-	-	-	-	-	-	-
<b>Creditors</b>		<b>25.00</b>	<b>9,765.00</b>	<b>390.60</b>	<b>76.00</b>	<b>36,348.21</b>	<b>478.27</b>	<b>46,113.21</b>
Directors	9	25.00	11,110.00	444.40	-	-	-	11,110.00
Investigations	10	28.00	9,255.00	330.54	-	-	-	9,255.00
<b>Investigations</b>		<b>53.00</b>	<b>20,365.00</b>	<b>384.25</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>20,365.00</b>
<b>Total</b>		<b>155.50</b>	<b>63,157.50</b>	<b>406.16</b>	<b>181.25</b>	<b>89,157.25</b>	<b>491.90</b>	<b>152,314.75</b>

### Note 1 – Statutory and compliance

Statutory and compliance related matters to included arranging bonding, reviewing and documenting the administration strategy and dealing with closure matters.

### Note 2 – Cashiering

Cashiering costs relate to the processing of receipts and payments, performing bank reconciliations and day to day administration of all bank accounts.

### Note 3 – Tax

Tax and VAT specialists within Interpath have reviewed the tax and VAT affairs of the Company. We have also spent time submitting post appointment tax and VAT returns and will apply for final tax and VAT clearance before closure of the administration.

### Note 4 – Bankrupt/Director/Member

Time spent dealing with the Trust account, reviewing claims from shareholders and distributing funds as well as making an application to court to pay in any unclaimed amounts.

\*Note, as the Trust account is not considered to be the Company's assets, any time incurred in relation to the distribution of the Trust funds will not be charged to the administration and will be excluded.

### Note 5 – General

General time costs include maintaining files, drawing and seeking approval for the basis of the Administrator's fees.

### Note 6 – Asset realisations

This relates to time spent on the sale of the Company's assets (as detailed in SIP16 memo) and investigating any potential further assets.

### Note 7 – Employees

We are not aware of any employees of the Company, therefore no time costs have been incurred.

### Note 8 – Creditors and claims

This relates to time spent dealing with general communications and statutory reporting to creditors.

**Note 9 – Directors**

Our work has involved corresponding with Directors of the Company regarding their statutory duties, requesting the completion of the Statement of Affairs (since provided) and directors questionnaires. Along with submitting director conduct reports and other relevant reports to the Insolvency Service.

**Note 10 – Investigations**

This work has involved reviewing the affairs of the Company, directorship searches, correspondence with the Directors and any claims that may arise from the investigations.

## Appendix 5

## Joint Administrators' revised expenses estimate

Expenses estimate: Health Made Easy Limited - in administration					
Category	Note	Previous Estimate (£)	Paid to date (£)	Future costs (£)	Total (£)
Pre-administration officeholder fees		25,681.00	10,350.00	-	<b>10,350.00</b>
Pre-administration legal fees & disbursements		23,054.81	23,054.81	-	<b>23,054.81</b>
Legal fees & disbursements	1	2,500.00	4,935.37	17,620.50	<b>22,555.87</b>
Insurance		500.00	-	-	-
Bank charges		500.00	-	-	-
Books and records storage	2	2,000.00	-	3,000.00	<b>3,000.00</b>
Mailing costs		500.00	-	-	-
Other		2,000.00	172.00	-	<b>172.00</b>
<b>Total</b>		<b>56,735.81</b>	<b>38,512.18</b>	<b>20,620.50</b>	<b>59,132.68</b>

### Note 1 – Legal fees & disbursements

Legal fees incurred for providing advice regarding the validity of our appointment, the security review and other general advice pertaining to the administration has been higher than initially anticipated.

### Note 2 – Books and records storage

Additional costs were incurred for the uplift, storage and subsequent destruction of the Company's books and records once the Company is dissolved.

## Appendix 6 Joint Administrators' charging and expenses policy

### Joint Administrators' charging policy

The time charged to the administration is by reference to the time properly given by us and our staff in attending to matters arising in the administration. This includes work undertaken in respect of in-house Interpath Advisory tax, VAT and employee specialists.

Our policy is to delegate tasks in the administration to appropriate members of staff considering their level of experience and requisite specialist knowledge, supervised accordingly, so as to maximise the cost effectiveness of the work performed. Matters of particular complexity or significance requiring more exceptional responsibility are dealt with by senior staff or us.

A copy of "A Creditors' Guide to Joint Administrators Fees" from Statement of Insolvency Practice 9 ('SIP 9') produced by the Association of Business Recovery Professionals is available at:

<https://www.r3.org.uk/technical-library/england-wales/technical-guidance/fees/more/29113/page/1/guide-to-administrators-fees/>

If you are unable to access this guide and would like a copy, please contact Francine Pearlman on 0118 214 5925.

### Hourly rates

Set out below are the relevant hourly charge-out rates for the grades of our staff actually or likely to be involved on this administration. Time is charged by reference to actual work carried out on the administration; using a minimum time unit of six minutes.

All staff who have worked on the administration, including cashiers and secretarial staff, have charged time directly to the administration and are included in the analysis of time spent. The cost of staff employed in central administration functions is not charged directly to the administration but is reflected in the general level of charge-out rates.

### Table of charge-out rates

Partner	725	780
Director	675	725
Senior Manager	590	635
Manager	495	530
Senior Administrator	345	370
Administrator	245	265
Support	155	165

The charge-out rates used by us might periodically rise (for example to cover annual inflationary cost increases) over the period of the administration. In our next statutory report, we will inform creditors of any material amendments to these rates.

#### Policy for the recovery of expenses

Where funds permit the officeholders will seek to recover both Category 1 and Category 2 expenses from the estate. For the avoidance of doubt, such expenses are defined within SIP 9 as follows:

*Expenses:* These are any payments which are neither an office holder's remuneration nor a distribution to a creditor or a member. Expenses also includes disbursements which are payments first met by the office holder, and then reimbursed to the office holder from the estate.

*Category 1 expenses:* These are payments to persons providing the service to which the expense relates who are not an associate of the office holder. These may include, for example, advertising, room hire, storage, postage, telephone charges, travel expenses, and equivalent costs reimbursed to the officeholder or his or her staff.

*Category 2 expenses:* These are payments to associates or which have an element of shared costs. They may include shared or allocated costs that can be allocated to the appointment on a proper and reasonable basis, for example, business mileage.

*Associates:* are defined in the insolvency legislation but also extends to parties where a reasonable and informed third party might consider there would be an association between the third party and the office holder or their firm.

Category 2 expenses charged by Interpath Restructuring include mileage. This is calculated as follows:

Mileage claims fall into three categories:

- Use of privately-owned vehicle or car cash alternative – 45p per mile.

- Use of company car – 60p per mile.

- Use of partner's car – 60p per mile.

For all of the above car types, when carrying Interpath passengers an additional 5p per mile per passenger will also be charged where appropriate.

We have not incurred any expenses during the period.

We have the authority to pay Category 1 expenses without the need for any prior approval from the creditors of the Company.

## Narrative of work carried out for the period 26 February 2023 to 25 August 2023

The key areas of work have been:

Statutory and compliance	posting information on a dedicated web page; preparing statutory receipts and payments accounts; obtaining approval from the Secured creditors of a 6 -month extension of the administration; dealing with all closure related formalities; ensuring compliance with all statutory obligations within the relevant timescales.
Strategy documents, Checklist and reviews	regular case management and reviewing of progress, including regular team update meetings and calls; meeting with management to review and update strategy and monitor progress; reviewing and authorising junior staff correspondence and other work; dealing with queries arising during the appointment; reviewing matters affecting the outcome of the administration; allocating and managing staff/case resourcing and budgeting exercises and reviews; liaising with legal advisors regarding the various instructions, including agreeing content of engagement letters; complying with internal filing and information recording practices, including documenting strategy decisions.
Reports to debenture holders	providing written and oral updates to representatives of the Secured creditors regarding the progress of the administration and case strategy.
Cashiering	preparing and processing vouchers for the payment of post-appointment invoices; creating remittances and sending payments to settle post-appointment invoices; reconciling post-appointment bank accounts to internal systems; ensuring compliance with appropriate risk management procedures in respect of receipts and payments.
Tax	reviewing the Company's pre-appointment corporation tax and VAT position; analysing and considering the tax effects of various sale options, tax planning for efficient use of tax assets and to maximise realisations; working initially on tax returns relating to the periods affected by the administration; analysing VAT related transactions; reviewing the Company's duty position to ensure compliance with duty requirements; dealing with post appointment tax compliance.
Shareholders	responding to enquiries from shareholders regarding the administration; providing copies of statutory reports to the shareholders.
General	reviewing time costs data and producing analysis of time incurred which is compliant with Statement of Insolvency Practice 9.
Asset realisations	reviewing the inter-company debtor position between the Company and other group companies.
Health and safety	liaising with health and safety specialists in order to manage all health and safety issues and environmental issues, including ensuring that legal and licensing obligations are complied with; liaising with the Health and Safety Executive regarding the administration and ongoing health and safety compliance.
Open cover insurance	arranging ongoing insurance cover for the Company's business and assets; assessing the level of insurance premiums.
Creditors and claims	creating and updating the list of unsecured creditors; responding to enquiries from creditors regarding the administration and submission of their claims; reviewing completed forms submitted by creditors, recording claim amounts and maintaining claim records; arranging distributions to the secured creditors; drafting our progress report.

## Time costs

### SIP 9 –Time costs analysis (26/02/2023 to 25/08/2023)

	Hours	Time Cost (£)	Average Hourly Rate (£)
<b>Administration &amp; planning</b>			
Bankrupt/Director/Member			
Dissenting shareholders	1.80	1,143.00	635.00
Cashiering			
General (Cashiering)	4.10	1,349.50	329.15
Reconciliations (& IPS accounting reviews)	0.20	127.00	635.00
General			
Books and records	2.00	925.50	462.75
Fees and WIP	1.20	657.00	547.50
Statutory and compliance			
Budgets & Estimated outcome statements	12.00	6,360.00	530.00
Checklist & reviews	0.10	63.50	635.00
Closure and related formalities	1.70	629.00	370.00
Extension related formalities	1.80	878.00	487.78
Strategy documents	0.20	127.00	635.00
Tax			
Post appointment corporation tax	10.90	6,228.00	571.38
Post appointment VAT	5.50	1,617.50	294.09
<b>Creditors</b>			
Creditors and claims			
General correspondence	1.20	523.50	436.25
Secured creditors	7.50	3,975.00	530.00
Statutory reports	17.50	8,828.50	504.49
<b>Realisation of assets</b>			
Asset Realisation			
Cash and investments	0.00	0.00	0.00
Debtors	0.30	190.50	635.00
Other assets	4.00	2,120.00	530.00
Sale of business	1.20	636.00	530.00
<b>Total in period</b>	<b>73.20</b>	<b>36,378.50</b>	<b>496.97</b>
Brought forward time (per first progress report dated 23/03/2023)		107,238.50	
Less overstated time *		(26,800.75)	
Brought forward time (appointment date to SIP 9 period start date)	186.35	80,482.75	
SIP 9 period time (SIP 9 period start date to SIP 9 period end date)	73.20	36,378.50	
Carry forward time (appointment date to SIP 9 period end date)	259.55	116,861.25	



\*Note: Adjusting figure due to overstated time reported in our first progress report. There is no impact on creditors return.

All staff who have worked on this assignment, including cashiers and secretarial staff, have charged time directly to the assignment and are included in the analysis of time spent. The cost of staff employed in central administration functions is not charged directly to the assignment but is reflected in the general level of charge out rates.

All time shown in the above analysis is charged in units of six minutes.

## Appendix 7      Glossary

<b>Bank</b>	HSBC Bank UK Plc
<b>Company or HME</b>	Health Made Easy Limited - in Administration
<b>CBILS</b>	Coronavirus Business Interruption Loan
<b>Directors</b>	Michael John Cole Simon Mark Cuthbertson Margaret Lorraine Ellison John Frederick Gibson John William Weaver
<b>Eversheds</b>	Eversheds Sutherland (International) LLP
<b>Freshly Cut</b>	Freshly Cut Limited
<b>Group</b>	The Company together with; Tree of Life UK Limited – in Administration Health Stores (Wholesale) Limited – in Administration Higher Nature Limited Freshly Cut Limited
<b>Higher Nature</b>	Higher Nature Limited
<b>Interpath/Interpath Advisory</b>	Interpath Ltd
<b>Joint Administrators/we/our/us</b>	Chris Pole and Ryan Grant

<b>Purchaser</b>	CGK Consulting Limited
<b>Secured creditors</b>	HSBC Bank UK Plc HSBC Invoice Finance (UK) Limited
<b>Squires</b>	Squire Patton Boggs (UK) LLP
<b>THS</b>	Health Stores (Wholesale) Limited – in Administration
<b>TOL</b>	Tree of Life UK Limited – in Administration
<b>Transaction</b>	The sale of Higher Nature and Freshly Cut to the Purchaser

Any references in this progress report to sections, paragraphs and rules are to Sections, Paragraphs and Rules in the Insolvency Act 1986, Schedule B1 of the Insolvency Act 1986 and the Insolvency Rules (England and Wales) 2016 respectively.

## Appendix 8

### Notice: About this report

This report has been prepared by Chris Pole and Ryan Grant, the Joint Administrators of Health Made Easy Limited – in Administration (the ‘Company’), solely to comply with their statutory duty to report to creditors under the Insolvency Rules (England and Wales) 2016 on the progress of the administration, and for no other purpose. It is not suitable to be relied upon by any other person, or for any other purpose, or in any other context.

This report has not been prepared in contemplation of it being used, and is not suitable to be used, to inform any investment decision in relation to the debt of or any financial interest in the Company or any other company in the Group.

Any estimated outcomes for creditors included in this report are illustrative only and cannot be relied upon as guidance as to the actual outcomes for creditors.

Any person that chooses to rely on this report for any purpose or in any context other than under the Insolvency Rules (England and Wales) 2016 does so at its own risk. To the fullest extent permitted by law, the Joint Administrators do not assume any responsibility and will not accept any liability in respect of this report to any such person.

Christopher Robert Pole and Ryan Grant are authorised to act as insolvency practitioners by the Institute of Chartered Accountants in England & Wales.

We are bound by the Insolvency Code of Ethics.

The Officeholders may be Data Controllers of personal data as defined by the Data Protection Act 2018. Personal data will be kept secure and processed only for matters relating to the appointment. For further information, please see our Privacy policy at – [www.interpathadvisory.com/privacy-insolvency](http://www.interpathadvisory.com/privacy-insolvency).

The Joint Administrators act as agents for the Company and contract without personal liability. The appointments of the Joint Administrators are personal to them and, to the fullest extent permitted by law, Interpath Ltd does not assume any responsibility and will not accept any liability to any person in respect of this report or the conduct of the administration.

**[www.interpathadvisory.com](http://www.interpathadvisory.com)**

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