#### **Abbreviated Accounts**

for the Period 23 September 2015 to 30 September 2016

for

QUEST COGNITIVE HYPNOTHERAPY PRACTITIONERS ASSOCIATION COMMUNITY INTEREST COMPANY

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#### QUEST COGNITIVE HYPNOTHERAPY PRACTITIONERS ASSOCIATION COMMUNITY INTEREST COMPANY

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#### QUEST COGNITIVE HYPNOTHERAPY PRACTITIONERS ASSOCIATION COMMUNITY INTEREST COMPANY

## Company Information for the period 23 September 2015 to 30 September 2016

**DIRECTORS:** 

R H Davis A M Mitchell R Silvester T Silvester

**SECRETARY:** 

R Silvester

**REGISTERED OFFICE:** 

20-22 Wenlock Road

London NI 7GU

REGISTERED NUMBER:

09792247 (England and Wales)

**ACCOUNTANTS:** 

Utterly Tax Limited Chartered Tax Advisers & Chartered Certified Accountants

Sophia House 28 Cathedral Road

Cardiff

South Glamorgan

CF119LJ

#### QUEST COGNITIVE HYPNOTHERAPY PRACTITIONERS ASSOCIATION COMMUNITY INTEREST COMPANY (REGISTERED NUMBER: 09792247)

### Abbreviated Balance Sheet 30 September 2016

|                                     | £           |  |
|-------------------------------------|-------------|--|
| CURRENT ASSETS                      |             |  |
| Debtors                             | (18,948)    |  |
| Cash at bank                        | 15,709      |  |
|                                     | (3,239)     |  |
| CREDITORS                           | `,          |  |
| Amounts falling due within one year | 480         |  |
| ·                                   | <del></del> |  |
| NET CURRENT LIABILITIES             | (3,719)     |  |
|                                     | <del></del> |  |
| TOTAL ASSETS LESS CURRENT           |             |  |
| LIABILITIES                         | (3,719)     |  |
|                                     | ==          |  |
| RESERVES                            |             |  |
| Income and expenditure account      | (3,719)     |  |
| •                                   | <u> </u>    |  |
|                                     | (3,719)     |  |
|                                     | <del></del> |  |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the period ended 30 September 2016.

The members have not required the company to obtain an audit of its financial statements for the period ended 30 September 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 18 July 2017 and were signed on its behalf by:

R Silvester - Director

The notes form part of these abbreviated accounts

#### QUEST COGNITIVE HYPNOTHERAPY PRACTITIONERS ASSOCIATION COMMUNITY INTEREST COMPANY

## Notes to the Abbreviated Accounts for the period 23 September 2015 to 30 September 2016

#### 1. ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

#### **Turnover**

Turnover represents net invoiced sales of goods, excluding value added tax.

#### Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

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# **CIC 34**

## **Community Interest Company Report**

|   | For official use<br>(Please leave blank) |  |  |  |
|---|--|--|--|--|
| Please<br>comp #.e in<br>types a ot, or<br>in bo 4 black<br>capitalsk | Company Name in full                     | QUEST COGNITIVE HYPNOTHERAPY<br>PRACTITIONERS ASSOCIATION COMMUNITY INTERESTOR |  |  |
|   | Company Number                           | 09792247   |  |  |
|   | Year Ending                              | 23/09/15 to 30/09/16.  |  |  |

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part of the Community Interest Company Regulations 2005. For further guidance see charater 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

#### PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the fine role year to which the report relates, including a description of how they have benefited the community.

In the past year we've run several CPD events designed to enhance the level of help our members are able to offer the public. This includes a free whole day event, which was Livest amed for the first time.

Our research manager has liaised with several universities, and our research team is being used by both Warwick University and one in France to help improve our understanding of the needs of vulnerable client groups.

We have added multiple resources to our online Qwikipedia site, which enables our members to quickly find a broad range of knowledge and advice from safeguarding issues, to intervention options.

We've continued to host and manage our members Facebook page, which provides invaluable support and advice to members.

(If ap >licable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The stakeholders are the members of the QCHPA, practising Quest Cognitive Hypnotherapists, who commit to abide by our professional standards and ethics. We consult with them in several ways:

- 1. We send out regular newsletters keeping them informed of developments, and sharing with them proposed ideas, inviting their feedback on them. We duplicated appropriate information on our members Face book page, as this offers a dynamic forum for discussion and feedback.
- 2. We have sent out three SurveyMonkey questionairres asking for their preferences about a number of courses of action.
- 3. We held a plenary session at our annual free CPD day where we described the progress we'd made, and asked what else they would like us to be doing. This was followed up with a newsletter which informed them of what was being done as a result of their suggestions.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No directors' remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

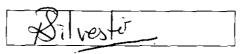
No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary.)

#### **PART 5 – SIGNATORY**

The original report must be signed by a director or secretary of the company

Signed



Date

18/07/2017

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

| Utterly Tax Limited |            |          | _     |
|---------------------|------------|----------|-------|
| Sophia House        |            |          | _     |
| 28 Cathedral Road,  | Cardiff, C | CF11 9LJ | _     |
|                     | Tel        | n/a      | <br>_ |
| DX Number           | DX Exch    | ange     | _     |

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)