

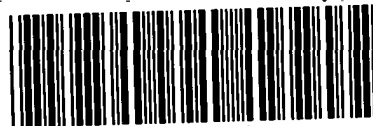
LIQ02

Notice of statement of affairs



Companies House

TUESDAY



ACWA6QAH

A5

06/02/2024

#116

COMPANIES HOUSE

please

house

1 Company details

Company number 0 9 7 3 8 8 8 6

Company name in full Powerhouse Fitness Ltd

→ Filling in this form

Please complete in typescript or in
bold black capitals.

2 Liquidator's name

Full forename(s) Peter

Surname Harold

3 Liquidator's address

Building name/number Office 2

Street Lythgoe House

Post town Manchester Road

County/Region Bolton

Postcode B L 3 2 N Z

Country

4 Liquidator's name ①

Full forename(s)

Surname

① Other liquidator

Use this section to tell us about
another liquidator.

5 Liquidator's address ②

Building name/number

Street

Post town

County/Region

Postcode

Country

② Other liquidator

Use this section to tell us about
another liquidator.



LIQ02

Notice of statement of affairs

6 Date of statement of affairsDate

d	2	d	3	m	0	m	1	y	2	y	0	y	2	y	4
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7 Statement of affairs

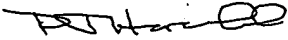
I attach:

- ☐ Statement of affairs by the liquidator under section 95(1A) of the Insolvency Act 1986
- ☒ Statement of affairs by a director under section 99(1) of the Insolvency Act 1986
- ☐ Statement of concurrence

8 Sign and date

Liquidator's signature

Signature

X **X**

Signature date

d	3	d	1	m	0	m	1	y	2	y	0	y	2	y	4
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LIQ02

Notice of statement of affairs

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

Jessica Hodgson

Company name

Bespoke Insolvency Solutions

Address

Office 2

Lythgoe House

Post town

Manchester Road

County/Region

Bolton

Postcode

B

L

3

2

N

Z

Country

DX

Telephone

01204 238 236

**Checklist**

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

**Important information**

All information on this form will appear on the public record.

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

**Further information**

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

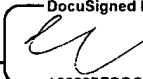


STATEMENT OF AFFAIRS

Statement as to the affairs of
Powerhouse Fitness Ltd
Company Registered Number: 09738886
on the 23 January 2024, being a date not more than 14 days before the date of the resolution for winding up

Statement of Truth

I believe that the facts stated in this Statement of Affairs are true. I understand that proceedings for contempt of court may be brought against anyone who makes, or causes to be made, a false statement in a document verified by a statement of truth without an honest belief in its truth.

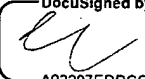
Full Name	Rhys Iles
Signed	<div>DocuSigned by:  A92297EDDCCB4C8...</div>
Dated	23 January 2024



Powerhouse Fitness Ltd (Registered Number - 09738886)

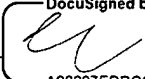
Statement of Affairs as at 23 January 2024

Description	Book Value	Estimated to Realise	
	£	£	£
Assets			
Uncharged assets:			
Cash at Bank	0.00		36.00
Equipment	0.00		3,800.00
Estimated total assets available to preferential creditors			3,836.00
Liabilities			
Preferential Creditors			
			NIL
Estimated deficiency/surplus as regards preferential creditors			3,836.00
Secondary Preferential Creditors			
			NIL
Estimated deficiency/surplus as regards secondary preferential creditors			3,836.00
Floating Charge Debts Pre 15 September 2003			
Debts secured by floating charges pre 15 September 2003			
Floating charge creditors pre 15 September 2003			NIL
Estimated deficiency/surplus of assets as regards floating charge holders pre 15 September 2003			3,836.00
Estimated prescribed part of net property where applicable (to carry forward) Based on floating charge assets of Nil			NIL
Estimated total assets available to floating charge holders post 14 September 2003			3,836.00
Floating Charge Debts Post 14 September 2003			
Debts secured by floating charges post 14 September 2003 brought down			
Floating charge creditors post 14 September 2003			NIL
Estimated deficiency/surplus as regards floating charge holders post 14 September 2003			3,836.00
Estimated prescribed part of net property where applicable brought down			0.00
Deficiency/Surplus available to unsecured creditors			3,836.00
Shortfall to Preferential Creditors			
			NIL
Unsecured Creditors (excluding floating charge shortfall)			
Trade & Expense Creditors (Count = 5)		7,015.00	
Lloyds Bank (Count = 1)		30,044.00	

Signature  Date 23 January 2024

DocuSigned by:
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Description	Book Value	Estimated to Realise	
	£	£	£
			(37,059.00)
Unsecured Creditors (excluding floating charge shortfall post 14 September 2003)			(33,223.00)
Shortfall in respect of floating charge post 14 September 2003 brought down			NIL
Estimated deficiency/surplus as regards creditors			(33,223.00)
Issued and called up capital			
Ordinary		1.00	
			(1.00)
Total Surplus/(Deficiency)			(33,224.00)

Signature 

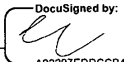
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Date 23 January 2024

DocuSign Envelope ID: 1002EAC7-1002-4004-B000-22B000012000

Company Creditor - Schedule B - Creditors
Powerhouse Fitness Ltd (Registered Number - 09738886)

Key	Name	Address	£
CA0000	Anderson Parker	Apex Office Space, Water Vole Way, Doncaster, South Yorkshire, DN4 5JP	275.00
CC0000	Crown Gas	Crown House, Heap Brow, Bury, Greater Manchester, BL9 7JR	1,143.00
CL0000	Lloyds Bank	Recoveries Commercial Banking, Box RCB, BX1 1LT	30,044.00
CN0000	NPower Electricity	Business Solutions, 2 Prince's Way, Solihull, B91 3ES	2,889.00
CS0000	SSE Electric	Inveralmond House, 200 Dunkeld Road, Perth, PH1 3AQ	800.00
CW0000	Wave Water	PO Box 745, Huntingdon, PE29 9PW	1,908.00
6 entries totalling			37,059.00

Signature  DocuSigned by:
A92297EDDCCB4C8... Date 23 January 2024

Document Envelope ID: 10022A0F-1002-4002-B000-22B00001 2000

Company Shareholders - Schedule C
Powerhouse Fitness Ltd (Registered Number - 09738886)

Key	Name	Address	Type	Nominal Value	No. Of Shares	Called Up Per Share	Total Amt. Called Up
HI0000	Rhys Iles	10 North Street, South Shields, Tyne and Wear, NE33 1HD	Ordinary	1.0000	1.00	0.0000	0.0000
1 Ordinary entries totalling					1.00		

Signature  Date 23 January 2024

DocuSigned by:

A92297EDDCCB4C8...

