

PRO FIT BAYS LTD

Abridged Accounts

Period of accounts

Start date: 01 September 2022

End date: 31 August 2023

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Accountant's report

You consider that the company is exempt from an audit for the year ended 31 August 2023 . You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account, the Statement of Comprehensive Income, the Balance Sheet, the Statement of Changes in Equity and the related notes from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

HAQUE ASSOCIATES LTD

31 August 2023

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HAQUE ASSOCIATES LTD

26 LEAGRAVE ROAD

LUTON ENGLAND

Luton

LU4 8HZ

15 March 2024

PRO FIT BAYS LTD
Statement of Financial Position
As at 31 August 2023

	Notes	2023 £
Fixed assets		
Tangible fixed assets	3	2,400
		<u>2,400</u>
Current assets		
Debtors		(22)
Cash at bank and in hand		8,521
		<u>8,499</u>
Creditors: amount falling due within one year		<u>(11,746)</u>
Net current liabilities		<u>(3,247)</u>
Total assets less current liabilities		(847)
Creditors: amount falling due after more than one year		3,191
Net assets		<u><u>2,344</u></u>
Capital and reserves		
Profit and loss account		2,344
Shareholder's funds		<u><u>2,344</u></u>

For the year ended 31 August 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Director's responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
2. The director acknowledges their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime. In accordance with Section 444 of the Companies Act 2006, the income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with section 444(2A).

The financial statements were approved by the director on 15 March 2024 and were signed by:

Muhammad ABUBAKER
Director

PRO FIT BAYS LTD
Notes to the Abridged Financial Statements
For the year ended 31 August 2023

General Information

PRO FIT BAYS LTD is a private company, limited by shares, registered in , registration number 09729019, registration address 1 Gossey Lane, Kitts Green, Birmingham, West Midlands, B33 0DS.

The presentation currency is £ sterling.

1. Accounting policies

Significant accounting policies

Statement of compliance

These financial statements have been prepared in compliance with FRS 102 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

Basis of preparation

The financial statements have been prepared under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

Turnover

Turnover comprises the invoiced value of goods and services supplied by the company, net of Value Added Tax and trade discounts.

Government grants

Government grants received are credited to deferred income. Grants towards capital expenditure are released to the income statement over the expected useful life of the assets. Grants received towards revenue expenditure are released to the income statement as the related expenditure is incurred.

Taxation

Taxation represents the sum of tax currently payable and deferred tax. Tax is recognised in the statement of income, except to the extent that it relates to items recognised in other comprehensive income or directly in capital and reserves. The company's liability for current tax is calculated using the tax rates and laws that have been enacted or substantively enacted at the reporting date. Current and deferred tax assets and liabilities are not discounted

Dividends

Proposed dividends are only included as liabilities in the statement of financial position when their payment has been approved by the shareholders prior to the statement of financial position date.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and Machinery	20 Straight Line
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2. Average number of employees

Average number of employees during the year was 4.

3. Tangible fixed assets

Cost or valuation	Plant and Machinery	Total
	£	£
At 01 September 2022	-	-
Additions	9,600	9,600
Disposals	-	-
At 31 August 2023	9,600	9,600
Depreciation		
At 01 September 2022	-	-
Charge for year	7,200	7,200
On disposals	-	-
At 31 August 2023	7,200	7,200
Net book values		
Closing balance as at 31 August 2023	2,400	2,400
Opening balance as at 01 September 2022	-	-

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.