

REGISTERED NUMBER: 09665496 (England and Wales)

Capstone Holdings Limited

Financial Statements for the year ended 31 December 2019

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COMPANIES HOUSE

Capstone Holdings Limited
REGISTERED NUMBER: 09665496
Balance Sheet
31 December 2019

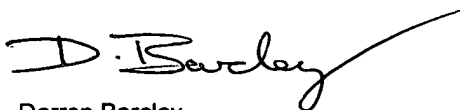
	Notes	31 December 2019 £	31 December 2018 £
FIXED ASSETS			
Investments		190	100
		<u>190</u>	<u>100</u>
CURRENT ASSETS			
Debtors		0	100
Cash at bank		1,789	316
		<u>1,789</u>	<u>416</u>
CREDITORS			
Amounts falling due within one year		(90)	-
		<u>(90)</u>	<u>-</u>
NET CURRENT ASSETS		<u>1,699</u>	<u>416</u>
NET ASSETS		<u>1,889</u>	<u>516</u>
CAPITAL AND RESERVES			
Called up share capital	2	1,000	1,000
Profit and loss account		889	(484)
		<u>889</u>	<u>(484)</u>
SHAREHOLDERS' FUNDS		<u>1,889</u>	<u>516</u>

For the period ending 31 December 2019 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

Directors' responsibilities

- The members have not required the company to obtain an audit of its financial statements in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of financial statements.
- These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime of the Companies Act 2006. As permitted by s444(5A) of the Companies Act 2006, the directors have not delivered to the Registrar a copy of the company's Profit and Loss Account.
- 100% of the company's members have consented to the directors drawing up an abridged profit and loss account and an abridged balance sheet for the period end 31 December 2019.

The financial statements were approved by the Board of Directors on 10 June 2020 and were signed on its behalf by:



Darren Barclay
Director

Capstone Holdings Limited

Notes to the Financial Statements for the Period Ended 31 December 2019

1 ACCOUNTING POLICIES

Company Information

The company is a private company limited by shares and is incorporated in England. The address of its registered office and principal place of business is 2 Hunting Gate, Hitchin, Hertfordshire, SG4 0TJ.

Basis of preparation of accounts

The financial statements have been prepared in accordance with FRS 102 Section 1A for Smaller Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102 Section 1A for Smaller Entities") and the requirements of Companies Act 2006. The presentation currency of these financial statements is sterling.

Group Accounts

The company is exempt from preparing group accounts under Section 399 of the Companies Act 2006 since it qualifies as a small group. Accordingly, the results presented in these financial statements present information about the company as an individual undertaking and not about its group.

Going Concern

The directors have considered the assets and liabilities of the company and are of the opinion that the company will continue to meet its liabilities as they fall due.

Deferred tax

Deferred tax is recognised on all timing differences at the reporting date except for certain exceptions. Unrelieved losses and other deferred tax assets are only recognised when it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Deferred tax is measured using tax rates that have been enacted or substantively enacted by the period end and that are expected to apply to the reversal of the timing difference.

Revenue recognition

Revenue is measured at the fair value of the consideration received or receivable and represents the amount receivable from the provision of services. Turnover excludes value added tax.

2 CALLED UP SHARE CAPITAL

Authorised:

Number:	Class:	31 December 2019 £
1,000	Ordinary shares of £1 each	1,000
		<u>1,000</u>

Allotted, issued and fully paid:

Number:	Class:	31 December 2019 £
1000	Ordinary shares of £1 each	1,000
		<u>1,000</u>