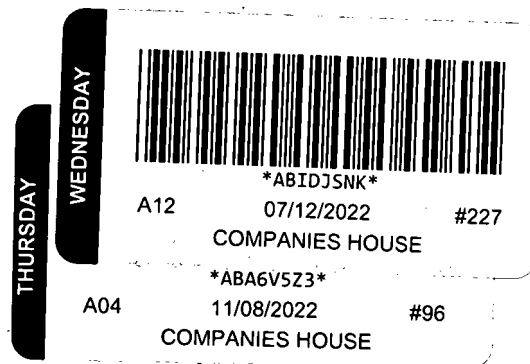


**HEART PWD C.I.C.  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**



**Heart Pwd C.I.C.  
Balance Sheet  
As at 31 March 2022**

**Registered number:** 09497054

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Fixed assets	1,829	2,366
Current assets	13,570	6,745
Prepayments and accrued income	-	(1,149 )
Creditors: Amounts Falling Due Within One Year	(11,383 )	(7,905 )
<b>NET CURRENT ASSETS (LIABILITIES)</b>	<b>2,187</b>	<b>(2,309 )</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>4,016</b>	<b>57</b>
<b>NET ASSETS</b>	<b>4,016</b>	<b>57</b>
<b>CAPITAL AND RESERVES</b>	<b>4,016</b>	<b>57</b>

**Notes**

**1. Average Number of Employees**

Average number of employees, including directors, during the year was as follows: 4 (2021: 4)

**2. General Information**

Heart Pwd C.I.C. is a private company, limited by shares, incorporated in England & Wales, registered number 09497054 . The registered office is The Wandle Recreation Centre Mapleton Road, Wandsworth, London, SW18 4DN.

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board



Mr Errol Smith

Director

01/06/2022

13 Jul 2022

000104/15

# CIC 34

## Community Interest Company Report

**For official use**  
(Please leave blank)

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*Please  
complete in  
typescript, or  
in bold black  
capitals.*

**Company Name in  
full**

HEART PWD C.I.C.

**Company Number**

09497054

**Year Ending**

31/03/22

**Please ensure the company name is consistent with the company name entered on the accounts.**

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

HEART PWD CIC IS AN INTEGRAL PART OF THE LOCAL COMMUNITY, AS THE NAME SUGGESTS WE WORK EXCLUSIVELY WITH DISABILITIES: ENGAGING OUR CLIENTS IN EXERCISE, FITNESS AND REHABILITATION.

THROUGH RESEARCH WE'VE ESTABLISHED THAT 4 OUT OF 5 PEOPLE WITH DISABILITIES ARE INACTIVE, BUT 7 OUT OF 10 PEOPLE WITH DISABILITIES WANT TO INCREASE THEIR PHYSICAL ACTIVITIES.

WE'RE PROMOTING CLIENTS WITH A DISABILITY, TO BE INDEPENDENT AND EQUAL IN OUR LOCAL COMMUNITY.

*(If applicable, please just state "A social audit report covering these points is attached").*

*(Please continue on separate continuation sheet if necessary.)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

HEART PWD CIC HAVE 3 WORKING DIRECTORS, 1 EMPLOYEE AND 1 VOLUNTEER. WE HAVE 12 CLIENTS (STAKEHOLDERS) WHO WE SERVE FOR TREATMENT ON A REGULAR BASIS. THIS WOULD INCLUDE PHYSIOTHERAPY AND FITNESS. WE HAVE A PHYSIO ROOM AND ACCESS TO A FULLY FUNCTIONAL FITNESS GYM AT THE WANDLE RECREATION CENTRE.

WE HAVE REGULAR STAFF MEETINGS, WHERE WE DISCUSS OUR CLIENTS PROGRAMS. DUE TO THE NATURE OF HEART PWD CIC, WE WORK VERY CLOSELY WITH OUR CLIENTS (STAKEHOLDERS) ON AN INDIVIDUAL BASIS. 'CARER'S ARE INVITED TO ATTEND A REVIEW ONCE A YEAR'.

AT PRESENT WE INVITE FEEDBACK FROM THE CLIENT AND THEIR FAMILIES VIA EMAILS. 'WE'RE IN THE PROCESS OF SETTING UP A WEBPAGE'. WHERE BY OUR STAKEHOLDERS CAN HAVE MORE OF A SAY IN THE RUNNING OF HEART PWD CIC.

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

DURING THE YEAR ALL DIRECTORS RECEIVED REMUNERATION WHICH IS EQUAL TO THE SALARY.

AS PER-ACCOUNT THIS AMOUNT IS £19,584.00

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

'NO TRANSFER OF ASSETS OF ASSETS OTHER THEN FOR FULL CONSIDERATION HAS BEEN MADE.'

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

14/07/2022

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**