

Company Registration Number 09497054 (England and Wales)

HEART PWD CIC
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2018
PAGES FOR FILING WITH REGISTRAR

SATURDAY



A22

A7IWNISØ

17/11/2018

#235

COMPANIES HOUSE

HEART PWD CIC

BALANCE SHEET

AS AT 31 MARCH 2018

	2018		2017	
	£	£	£	£
Fixed assets		5,311		3,450
Current assets	12,080		8,608	
Creditors: amounts falling due within one year	(1,957)		(704)	
Net current assets		10,123		7,904
Total assets less current liabilities		15,434		11,354
Accruals and deferred income		(469)		-
Net assets		14,965		11,354
Capital and reserves		14,965		11,354

Notes to the financial statements

1 Average employees

The average number of persons (including directors) employed by the company during the year was 4 (2017 - 0).

Heart PWD CIC is a private company limited by shares incorporated in England and Wales. The registered office is THE WANDLE RECREATION CENTRE MAPLETON ROAD, WANDSWORTH, LONDON, SW18 4DN.

The directors of the company have elected not to include a copy of the profit and loss account within the financial statements.

For the year ended 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

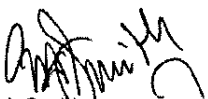
HEART PWD CIC

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2018

These financial statements have been prepared in accordance with the micro-entity provisions and in accordance with FRS 105 'The Financial Reporting Standard applicable to the Micro-entities Regime' and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board of directors and authorised for issue on 8 November 2018 and are signed on its behalf by:

 11th November 2018
E A Smith
Director

Company Registration Number 09497054

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

--

*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in
full

HEART PWD CIC

Company Number

09497054

Year Ending

31 MARCH 2018

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more *complex company with more detailed notes*.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

HEART PWD CIC IS AN INTEGRAL PART OF THE LOCAL COMMUNITY, AS THE NAME SUGGEST WE WORK EXCLUSIVELY WITH DISABILITIES. ENGAGING OUR CLIENTS IN EXERCISE, FITNESS AND REHABILITATION.

THROUGH RESEARCH WE'VE ESTABLISHED THAT 4 OUT OF 5 PEOPLE WITH DISABILITIES ARE INACTIVE, BUT 7 OUT OF 10 PEOPLE WITH DISABILITIES WANT TO INCREASE THEIR PHYSICAL ACTIVITIES.

WE'RE PROMOTING CLIENTS WITH A DISABILITY, TO BE INDEPENDENT AN EQUAL IN OUR LOCAL COMMUNITY.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

HEART PWD CIC HAVE 3 WORKING DIRECTORS, 1 EMPLOYEE AND 1 VOLUNTEER. WE HAVE 16 CLIENTS (STAKEHOLDERS) WHO WE SERVE FOR TREATMENT ON A REGULAR BASIS. THIS WOULD INCLUDE PHYSIOTHERAPY AND FITNESS. WE HAVE A PHYSIO ROOM AND ACCESS TO A FULLY FUNCTIONAL FITNESS GYM AT THE WANDLE RECREATION CENTRE.

WE HAVE REGULAR STAFF MEETINGS, WHERE WE DISCUSS OUR CLIENTS PROGRAMS. DUE TO THE NATURE OF HEART PWD CIC, WE WORK VERY CLOSELY WITH OUR CLIENTS (STAKEHOLDERS) ON AN INDIVIDUAL BASIS. 'CARER'S ARE INVITED TO ATTEND A REVIEW ONCE A YEAR'.

AT PRESENT WE INVITE FEEDBACK FROM THE CLIENT AND THEIR FAMILIES VIA EMAILS. 'WE'RE IN THE PROCESS OF SETTING UP A WEBPAGE'. WHERE BY OUR STAKEHOLDERS CAN HAVE MORE OF A SAY IN THE RUNNING OF HEART PWD CIC.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

THE TOTAL AMOUNT OF REMUNERATION RECEIVED BY DIRECTORS WAS £23,669.

THERE WERE NO OTHER TRANSACTIONS OR ARRANGEMENTS IN CONNECTION WITH THE REMUNERATION OF DIRECTORS, OR COMPENSATION FOR DIRECTOR'S LOSS OF OFFICE, WHICH REQUIRE TO BE DISCLOSED

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

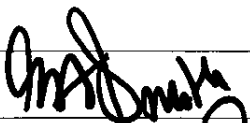
'NO TRANSFER OF ASSETS OF ASSETS OTHER THEN FOR FULL CONSIDERATION HAS BEEN MADE.'

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

11.11.2018

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)