



Companies House

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **08/03/2016**

**X52CBODV**

*Company Name:* **IQ FITNESS LTD**

*Company Number:* **09470661**

*Date of this return:* **04/03/2016**

*SIC codes:* **96090**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **6 MAGNOLIA WAY PURDEYS INDUSTRIAL ESTATE  
ROCHFORD  
ESSEX  
ENGLAND  
SS4 1ND**

**Officers of the company**

*Company Director*    ***1***

*Type:*                                **Person**  
*Full forename(s):*                **MR JAKE**

*Surname:*                                **HARRIS**

*Former names:*

*Service Address:*                        **RARECLONMEL LARKHILL ROAD**  
    **CANEWDON**  
    **ESSEX**  
    **ENGLAND**  
    **SS4 3RA**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **\*\*/12/1990**                                *Nationality:*    **BRITISH**  
*Occupation:*    **COMPANY DIRECTOR**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES. EACH SHARE HAS EQUAL RIGHTS TO DIVIDENDS. EACH SHARE IS ENTITLED TO PARTICIPATE IN A DISTRIBUTION ARISING FROM A WINDING UP OF THE COMPANY.

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 04/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **100 ORDINARY shares held as at the date of this return**  
*Name:* **JAKE HARRIS**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.