



For further information, please  
refer to our guidance at  
[www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

### 1 Company details

Company number	0	9	4	6	2	7	5	5
Company name in full	Health Stores (Wholesale) Ltd							

→ **Filling in this form**  
Please complete in typescript or in  
bold black capitals.

### 2 Administrator's name

Full forename(s)	Christopher Robert
Surname	Pole

### 3 Administrator's address

Building name/number	c/o Interpath Ltd
Street	2nd Floor, 45 Church Street
Post town	Birmingham
County/Region	
Postcode	B 3 2 R T
Country	

### 4 Administrator's name ①

Full forename(s)	Ryan
Surname	Grant

① **Other administrator**  
Use this section to tell us about  
another administrator.

### 5 Administrator's address ②

Building name/number	c/o Interpath Ltd
Street	2nd Floor, 45 Church Street
Post town	Birmingham
County/Region	
Postcode	B 3 2 R T
Country	

② **Other administrator**  
Use this section to tell us about  
another administrator.

# AM10

## Notice of administrator's progress report

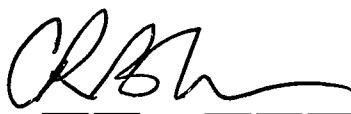
### 6 Period of progress report

From date	<sup>d</sup> 2	<sup>d</sup> 2	<sup>m</sup> 0	<sup>m</sup> 2	<sup>y</sup> 2	<sup>y</sup> 0	<sup>y</sup> 2	<sup>y</sup> 3	
To date	<sup>d</sup> 2	<sup>d</sup> 1	<sup>m</sup> 0	<sup>m</sup> 8	<sup>y</sup> 2	<sup>y</sup> 0	<sup>y</sup> 2	<sup>y</sup> 3	

### 7 Progress report

☒ I attach a copy of the progress report

### 8 Sign and date

Administrator's signature	Signature <b>X</b>  <b>X</b>								
Signature date	<sup>d</sup> 1	<sup>d</sup> 9	<sup>m</sup> 0	<sup>m</sup> 9	<sup>y</sup> 2	<sup>y</sup> 0	<sup>y</sup> 2	<sup>y</sup> 3	

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name **Francine Pearlman**

Company name **Interpath Ltd**

Address **5th Floor, 130 St Vincent Street  
Glasgow**

Post town **G2 5HF**

County/Region

Postcode

Country

DX

Telephone **Tel +44 (0) 121 817 8600**

**Checklist**

**We may return forms completed incorrectly or with information missing.**

**Please make sure you have remembered the following:**

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

**Important information**

**All information on this form will appear on the public record.**

**Where to send**

**You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:**

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.

**Further information**

For further information please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

**This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)**

# Joint Administrators' progress report for the period 22 February 2023 to 21 August 2023

Health Stores (Wholesale) Ltd - in  
Administration

19 September 2023

Deemed delivered: 19 September 2023

# Notice to creditors

This progress report provides an update on the administration of the Company.

We have included (Appendix 2) an account of all amounts received and payments made since the date of our appointment.

We have also explained our future strategy for the administration and how likely it is that we will be able to pay each class of creditor.

You will find other important information in this progress report such as the costs which we have incurred to date.

A glossary of the abbreviations used throughout this document is attached (Appendix 5).

Finally, we have provided answers to frequently asked questions and a glossary of insolvency terms on the following website, [www.ia-insolv.com/case+INTERPATH+TM81961451.html](http://www.ia-insolv.com/case+INTERPATH+TM81961451.html). We hope this is helpful to you.

**Please also note that an important legal notice about this progress report is attached (Appendix 6).**

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# 1 Executive summary

This progress report covers the period from 22 February 2023 to 21 August 2023.

During the period, we have continued to settle outstanding costs from our occupation period. We have also written to certain ex-shareholders of the Company that are entitled to a proportion of the sale proceeds from the acquisition of the Company by Health Made Easy Limited ('HME') in September 2018. This proportion of the sale proceeds was set aside in a ring-fenced trust account. We will shortly be making a distribution to these shareholders (Section 2 – Strategy and progress to date).

On appointment, the Company had two secured creditors, HSBC Invoice Finance (UK) Limited ('HIF') and HSBC Bank UK Plc ('the Bank') (together the 'Secured creditors'). HIF have since recovered their debt in full from debtor realisations. Based on current estimates, there will not be sufficient funds to make a distribution to the Bank (Section 3 – Dividend prospects).

We do not anticipate there will be sufficient funds to make a distribution to ordinary or secondary preferential creditors (Section 3 – Dividend prospects).

There will not be sufficient funds to make a distribution to unsecured creditors (Section 3 – Dividend prospects).

During the period, the Bank granted a 12-month extension to the period of the administration. The extension was required to provide sufficient time to finalise debtor realisations, resolve matters relating to the trust account and settle all final costs of the administration. (Section 6 – Future Strategy).

The administration is currently due to end on 21 August 2024 (Section 6 – Future Strategy).

Please note: you should read this progress report in conjunction with our previous progress reports and proposals issued to the Company's creditors which can be found at [www.ia-insolv.com/case+INTERPATH+TM81961451.html](http://www.ia-insolv.com/case+INTERPATH+TM81961451.html). Unless stated otherwise, all amounts in this progress report and appendices are stated net of VAT.



Chris Pole  
Joint Administrator

## 2 Progress to date

This section updates you on our strategy for the administration and on our progress to date. It follows the information provided in our proposals and previous progress report.

### 2.1 Strategy and progress to date

#### Strategy

We have continued to settle outstanding costs of the administration occupation period and progressed matters (including VAT and tax) in order to conclude the administration at an appropriate time.

During the Period, the Bank granted a 12-month extension to the administration to enable us to progress all remaining matters including settlement of residual outstanding costs and realise remaining book debts.

We are not aware of any other assets of the Company that need to be realised for the benefit of creditors. As such, our strategy remains to settle all remaining liabilities in relation to our period of occupation, to undertake our duties in respect of the trust account including making a distribution to certain shareholders and to progress the administration to closure.

We have set out below an overview of the key workstreams we have undertaken.

#### Debtor collection

As set out in our last report, on appointment the Company's book debts totalled £2.4 million of which there were funds in use from the HIF invoice discount facility of £1.4 million. Hilton Baird, a specialist collection agent, were engaged by HIF to undertake the debtor collection process on their behalf. HIF have since confirmed their indebtedness has been repaid in full. The remaining book debts are assigned to the Bank and any surplus will be used to partially offset the shortfall against their indebtedness. The administration extension will provide additional time for Hilton Baird to finalise this position.

#### Sale of Business

As outlined in previous reports, on 31 August 2022 certain of the business and assets of the Company were sold to Hunts Food Group Limited for total consideration of £398,898. Full details of the sale are set out in our Proposals available at [www.ia-insolv.com/case+INTERPATH+TM81961451.html](http://www.ia-insolv.com/case+INTERPATH+TM81961451.html).

#### Retention of Title ('ROT') claims

Following the sale of certain business and assets, the Purchaser took on management of the Retention of Title ('ROT') process, with oversight from the Administrators.



During the period we have continued to liaise with the claimants and the Purchaser regarding resolution of the claims and all claims have now been finalised.

#### Trust account

Following our appointment, we identified a bank account held by the Company containing funds held on trust. Following an acquisition of the Company by HME in September 2018, a proportion of shareholders who had been entitled to payment from the sales proceeds had not been paid. Instead, this proportion of the sale proceeds was set aside in a ring-fenced trust account.

We have sought legal advice from our solicitors to ascertain the legal position of the trust and the Administrators' obligations in this respect.

We wrote to all relevant shareholders on 21 August 2023, and we will shortly be distributing to those shareholders who have responded. In the event of no response to our communication, the unclaimed sale proceeds will be paid to Court. It will be necessary for those shareholders to then make an application to Court to recover any funds owed.

As the Trust account is not considered to be the Company's assets, any time incurred in relation to the distribution of the trust funds will not be charged to the administration and will be excluded.

## **2.2 Asset realisations**

Realisations during the period are set out in the attached receipts and payments account (Appendix 2) and provided below.

#### Insurance refund

We received a refund of £2,607 in respect of pre-appointment insurance policies.

## **2.3 Costs**

Payments made in this period are set out in the attached receipts and payments account (Appendix 2).

Summaries of the most significant payments made during the period are provided below.

#### Legal fees

£36,605 was paid in the period to Eversheds for legal fees relating to the review of the validity of the Joint Administrators' appointment, their work preparing sale of business contracts and providing other general advice for the administration. These costs were incurred during the prior period.

#### Wages and salaries

We have paid £810 to PayCheck Limited for processing the P11D's for 2022/2023. A further £60 has been paid to HMRC in relation to NI contributions.

## **2.4 Schedule of expenses**

We have detailed the costs incurred during the period, whether paid or unpaid, in the schedule of expenses attached (Appendix 3).

## **3 Dividend prospects**

### **3.1 Secured creditors**

The Bank provided a term loan and Coronavirus Business Interruption Loan to HME, with total exposure of £1.9m on appointment. The Bank's exposure is cross guaranteed by all companies in the Group.

As at the date of appointment, the Company had cash at bank of £77,980. The Bank reserved their right to offset this against their current exposure. Based on current estimates, we do not expect there to be a distribution to the Bank.

HIF provided an invoice discounting facility to the Company which was secured against the Company's book debts. On appointment, HIF's indebtedness was £1.4 million. HIF have since been repaid in full.

As outlined above, the remaining book debts are assigned to the Bank and any surplus is expected to be used to partially offset the shortfall against their indebtedness.

As previously reported, we engaged Squires, a firm of independent legal advisors, to review the security held. They have confirmed that the security held by the Bank and HIF is valid.

### **3.2 Ordinary preferential creditors (employees)**

Claims from employees in respect of (1) arrears of wages up to a maximum of £800 per employee, (2) unlimited accrued holiday pay and (3) certain pension benefits, rank preferentially (in advance of floating charge holders and ordinary unsecured creditors) and in priority to other preferential creditors (see 3.3 below). These claims are therefore referred to as "ordinary preferential creditors".

We estimate the amount of ordinary preferential claims to be £132,975.

Based on current estimates, we do not anticipate that there will be a dividend to ordinary preferential creditors.

### **3.3 Secondary preferential creditors (HMRC)**

Certain claims from HMRC rank preferentially, but secondary to the employee, ordinary preferential creditors above. These claims are therefore referred to as "secondary preferential creditors".

According to the Directors' statement of affairs, the estimated total secondary preferential claims at the date of our appointment was £34,111.

Based on current estimates, we do not anticipate that there will be a dividend to secondary preferential creditors.

### **3.4 Unsecured creditors**

Based on current estimates, it is highly unlikely that there will be a dividend to unsecured creditors.

## 4 Joint Administrators' remuneration, expenses and pre-administration costs

### 4.1 Joint Administrators' remuneration and expenses

#### Time costs

From 22 February 2023 to 21 August 2023, we have incurred time costs of £49,058.50. These represent 104.60 hours at an average rate of £469.01 per hour.

From the date of our appointment to 21 August 2023, we have incurred time costs of £399,243.25. These represent 990 hours at an average rate of £403 per hour.

Please see detailed analysis of the time spent and a narrative description of the work performed (Appendix 4) and in our previous progress reports.

#### Remuneration

During the period, we have not drawn any remuneration.

#### Administrators' Expenses

During the period, we have incurred no expenses.

#### Additional information

We have attached (Appendix 4) an analysis of the time spent, the charge-out rates for each grade of staff and the expenses paid directly by Interpath for the period from 22 February 2023 to 21 August 2023. We have also attached our charging and expenses policy.

### 4.2 Pre-administration costs

We disclosed the following pre-administration costs, which were unpaid at the date of our appointment, in our proposals:

Interpath fees	7,965.00	7,965.00	0.00	0.00	7,965.00
Legal disbursements – Squires	86.00	86.00	0.00	0.00	86.00
Legal fees – Squires	5,000.00	5,000.00	0.00	0.00	5,000.00
<b>Total</b>	<b>13,051.00</b>	<b>13,051.00</b>	<b>0.00</b>	<b>0.00</b>	<b>13,051.00</b>

The Secured creditors provided approval on 2 May 2023 for pre-administration costs to be drawn.

## **5 Future strategy**

### **5.1 Future conduct of the administration**

We will continue to manage the affairs, the business and the property of the Company in order to achieve the purpose of the administration. This will include but not be limited to:

- Assisting Hilton Baird with the finalisation of the debtor ledger;
- Reviewing, agreeing and paying all outstanding costs of the administration;
- Complying with all legal and statutory matters arising in the administration;
- Obtaining tax and VAT clearance for the administration; and
- Completion of all statutory duties in the administration, prior to an exit by an appropriate exit route, most likely to be dissolution.

### **5.2 Extension of the administration**

During the period the Secured creditor granted a 12-month extension to the period of the administration.

The administration is currently due to end on 21 August 2024.

### **5.3 Discharge from liability**

During the period the Bank granted approval that we be discharged from liability in respect of any actions as Joint Administrators, upon filing of our final receipts and payments account with the Registrar of Companies.

Discharge does not prevent the exercise of the Court's power in relation to any misfeasance action against us.

### **5.4 Future reporting**

We will provide a further progress report within one month of 21 February 2024 or earlier if the administration has been completed prior to that time.

## Appendix 1      Statutory information

Company name	Health Stores (Wholesale) Ltd
Date of incorporation	27 February 2015
Company registration number	09462755
Present registered office	Interpath Ltd, 2nd Floor, 45 Church Street, Birmingham, B3 2RT
Administration appointment	The administration appointment granted in High Court of Justice, Business and Property Courts in Birmingham, 000395 of 2022
Appointor	Directors
Date of appointment	22 August 2022
Joint Administrators' details	Chris Pole and Ryan Grant
Estimated values of the Net Property and Prescribed Part	Estimated Net Property is £Nil. Estimated Prescribed Part is £Nil. The Prescribed Part has been taken into account when determining the dividend prospects for unsecured creditors (Section 3).
Prescribed Part distribution	<p>The Joint Administrators do not intend to apply to Court to obtain an order that the Prescribed Part shall not apply.</p> <p>This is because it is anticipated that the Prescribed Part will be automatically disapplied given that the estimated Net Property is less than £10,000 and the costs of making a distribution are anticipated to be disproportionate to the benefits.</p> <p>However, if the circumstances of the administration change, the Joint Administrators may make a distribution to the unsecured creditors; or if appropriate, may apply to the Court to obtain an order that the Prescribed Part shall not apply on the grounds that the cost of making a distribution to the unsecured creditors would be disproportionate to the benefits.</p>
Functions	The functions of the Joint Administrators are being exercised by them individually or together in accordance with Paragraph 100(2)
Current administration expiry date	21 August 2024

## Appendix 2

## Joint Administrators' receipts and payments account

### Health Stores (Wholesale) Ltd - in Administration

#### Abstract of receipts & payments

Statement of affairs (£)		From 22/02/2023 To 21/08/2023 (£)	From 22/08/2022 To 21/08/2023 (£)
FIXED CHARGE ASSETS			
1,223,297.00	Book debts	NIL	NIL
144,369.00	Funds in blocked account	NIL	NIL
	Goodwill	NIL	1.00
	Intellectual Property	NIL	1.00
		NIL	2.00
FIXED CHARGE CREDITORS			
(1,910,105.00)	Amounts owing on invoice disc. facility	NIL	NIL
(1,883,947.00)	Amounts owing to HSBC under fixed charge	NIL	NIL
		NIL	NIL
ASSET REALISATIONS			
	Intercompany settlement	NIL	13,000.00
	Plant & machinery	NIL	96,036.60
16,121.00	Furniture & equipment	NIL	NIL
3,673.00	Cust. contracts, sales info & busines re	NIL	3.00
	Stock	NIL	302,952.00
281,241.00	Stock - work in progress	NIL	NIL
86,823.00	Cash at bank	NIL	309.51
	Insurance refund	2,607.47	2,607.47
	Book debts invoiced post-administration	NIL	573.72
		2,607.47	415,482.30
OTHER REALISATIONS			
	Bank interest, gross	474.50	549.43
	Interest accrued on funds w/ lawyers	NIL	145.44
	Licence to occupy funds received	NIL	149,900.68
		474.50	150,595.55
COST OF REALISATIONS			
	Duress creditors	NIL	(1,430.76)
	Administrators' fees	NIL	(100,000.00)
	Administrators' expenses	NIL	(810.28)
	ERA professional fees	NIL	(300.00)
	Agents'/Valuers' fees	NIL	(16,064.33)



# Health Stores (Wholesale) Ltd - in Administration

## Abstract of receipts & payments

Statement of affairs (£)		From 22/02/2023 To 21/08/2023 (£)	From 22/08/2022 To 21/08/2023 (£)
	Legal fees	(36,604.40)	(36,604.40)
	Security	NIL	(906.40)
	Re-direction of mail	NIL	(216.00)
	Statutory advertising	NIL	(86.00)
	Rent	NIL	(149,900.86)
	Rates	NIL	(4,523.83)
	Wages & salaries	(809.81)	(2,405.87)
	PAYE & NIC	(66.25)	(12,168.67)
		(37,480.46)	(325,417.40)
	PREFERENTIAL CREDITORS		
(93,498.00)	Employee creditors	NIL	NIL
(34,111.00)	Secondary preferential creditors	NIL	NIL
		NIL	NIL
	UNSECURED CREDITORS		
(7,063,539.00)	Trade & expense	NIL	NIL
(543,279.00)	Employees	NIL	NIL
(287,716.00)	Accruals and other payables	NIL	NIL
		NIL	NIL
	DISTRIBUTIONS		
(447,235.00)	Ordinary shareholders	NIL	NIL
		NIL	NIL
<b>(10,507,906.00)</b>		<b>(34,398.49)</b>	<b>240,662.45</b>
	REPRESENTED BY		
	Floating ch. VAT rec'able		61,382.57
	Floating charge current		209,374.76
	Floating ch. VAT payable		(30,094.88)
			<b>240,662.45</b>

## Appendix 3      Schedule of expenses

### Cost of realisations

Joint Administrators' fees	0.00	49,058.50	<b>49,058.50</b>
Wages & salaries	809.81	0.00	<b>809.81</b>
<b>TOTAL</b>	<b>809.81</b>	<b>49,058.50</b>	<b>49,868.31</b>

Please note that there may be a difference between the payments made during the period (per the receipts and payments account) and the expenses incurred and paid in the period (per the schedule of expenses). This is due to the fact that some of the payments made in the period relate to expenses incurred in a prior period.

### Requests for further information and right to challenge our remuneration and expenses

Creditors' requests for further information

If you would like to request more information about our remuneration and expenses disclosed in this progress report, you must do so in writing within 21 days of receiving this progress report.

Requests from unsecured creditors must be made with the concurrence of at least 5% in value of unsecured creditors (including, the unsecured creditor making the request) or with the permission of the Court.

Creditors' right to challenge our remuneration and expenses

If you wish to challenge the basis of our remuneration, the remuneration charged, or the expenses incurred during the period covered by this progress report, you must do so by making an application to Court within eight weeks of receiving this progress report.

Applications by unsecured creditors must be made with concurrence of at least 10% in value of unsecured creditors (including the unsecured creditor making the challenge) or with the permission of the Court.

The full text of the relevant rules can be provided on request by writing to Francine Pearlman at Interpath Ltd, 2nd Floor, 45 Church Street, Birmingham, B3 2RT.

## Appendix 4      Joint Administrators' charging and expenses policy

### Joint Administrators' charging policy

The time charged to the administration is by reference to the time properly given by us and our staff in attending to matters arising in the administration. This includes work undertaken in respect of in-house Interpath Advisory tax, VAT and employee specialists.

Our policy is to delegate tasks in the administration to appropriate members of staff considering their level of experience and requisite specialist knowledge, supervised accordingly, so as to maximise the cost effectiveness of the work performed. Matters of particular complexity or significance requiring more exceptional responsibility are dealt with by senior staff or us.

A copy of "A Creditors' Guide to Joint Administrators Fees" from Statement of Insolvency Practice 9 ('SIP 9') produced by the Association of Business Recovery Professionals is available at:

<https://www.r3.org.uk/technical-library/england-wales/technical-guidance/fees/more/29113/page/1/guide-to-administrators-fees/>

If you are unable to access this guide and would like a copy, please contact Francine Pearlman on 0118 214 5925.

### Hourly rates

Set out below are the relevant hourly charge-out rates for the grades of our staff actually or likely to be involved on this administration. Time is charged by reference to actual work carried out on the administration; using a minimum time unit of six minutes.

All staff who have worked on the administration, including cashiers and secretarial staff, have charged time directly to the administration and are included in the analysis of time spent. The cost of staff employed in central administration functions is not charged directly to the administration but is reflected in the general level of charge-out rates.

### Table of charge-out rates

Partner	725	780
Director	675	725
Senior Manager	590	635
Manager	495	530
Senior Administrator	345	370
Administrator	245	265
Support	155	165

The charge-out rates used by us might periodically rise (for example to cover annual inflationary cost increases) over the period of the administration. In our next statutory report, we will inform creditors of any material amendments to these rates.

#### Policy for the recovery of expenses

Where funds permit the officeholders will seek to recover both Category 1 and Category 2 expenses from the estate. For the avoidance of doubt, such expenses are defined within SIP 9 as follows:

*Expenses:* These are any payments which are neither an office holder's remuneration nor a distribution to a creditor or a member. Expenses also includes disbursements which are payments first met by the office holder, and then reimbursed to the office holder from the estate.

*Category 1 expenses:* These are payments to persons providing the service to which the expense relates who are not an associate of the office holder. These may include, for example, advertising, room hire, storage, postage, telephone charges, travel expenses, and equivalent costs reimbursed to the officeholder or his or her staff.

*Category 2 expenses:* These are payments to associates or which have an element of shared costs. They may include shared or allocated costs that can be allocated to the appointment on a proper and reasonable basis, for example, business mileage.

*Associates:* are defined in the insolvency legislation but also extends to parties where a reasonable and informed third party might consider there would be an association between the third party and the office holder or their firm.

Category 2 expenses charged by Interpath Restructuring include mileage. This is calculated as follows:

Mileage claims fall into three categories:

- Use of privately-owned vehicle or car cash alternative – 45p per mile.
- Use of company car – 60p per mile.
- Use of partner's car – 60p per mile.

For all of the above car types, when carrying Interpath passengers an additional 5p per mile per passenger will also be charged where appropriate.

We have incurred no expenses during the period 22 February 2023 to 21 August 2023.

We have the authority to pay Category 1 expenses without the need for any prior approval from the creditors of the Company.

Narrative of work carried out for the period 22 February 2023 to 21 August 2023

The key areas of work have been:

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Statutory and compliance	posting information on a dedicated web page; preparing statutory receipts and payments accounts; obtaining approval from the Secured creditors to a 12-month extension of the administration;
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	dealing with all closure related formalities; ensuring compliance with all statutory obligations within the relevant timescales.
Strategy documents, Checklist and reviews	monitoring and reviewing the administration strategy; briefing of our staff on the administration strategy and matters in relation to various work-streams; regular case management and reviewing of progress, including regular team update meetings and calls; reviewing and authorising junior staff correspondence and other work; reviewing matters affecting the outcome of the administration; allocating and managing staff/case resourcing and budgeting exercises and reviews; liaising with legal advisors regarding the various instructions; complying with internal filing and information recording practices, including documenting strategy decisions.
Reports to debenture holders	providing written and oral updates to representatives of the Secured creditors regarding the progress of the administration and case strategy.
Cashiering	preparing and processing vouchers for the payment of post-appointment invoices; creating remittances and sending payments to settle post-appointment invoices; reconciling post-appointment bank accounts to internal systems; ensuring compliance with appropriate risk management procedures in respect of receipts and payments.
Tax	reviewing the Company's pre-appointment corporation tax and VAT position; working initially on tax returns relating to the periods affected by the administration; analysing VAT related transactions; dealing with post appointment tax compliance.
Shareholders	responding to enquiries from shareholders regarding the administration.
General	reviewing time costs data and producing analysis of time incurred which is compliant with Statement of Insolvency Practice 9.
Asset realisations	liaising with Hilton Baird regarding debtor recoveries.
Open cover insurance	arranging ongoing insurance cover for the Company's business and assets; assessing the level of insurance premiums.
Pensions	collating information and reviewing the Company's pension schemes; calculating employee pension contributions and review of pre-appointment unpaid contributions; ensuring compliance with our duties to issue statutory notices.
Creditors and claims	updating the list of unsecured creditors; responding to enquiries from creditors regarding the administration and submission of their claims; reviewing completed forms submitted by creditors, recording claim amounts and maintaining claim records; dealing with suppliers with retention of title claims; drafting our progress report.

#### Time costs

General (Cashiering)	<b>3.70</b>	1,410.00	381.08
Reconciliations (& IPS accounting reviews)	<b>0.20</b>	69.00	345.00
Books and records	<b>0.10</b>	63.50	635.00
Fees and WIP	<b>0.60</b>	381.00	635.00

**SIP 9 –Time costs analysis (22/02/2023 to 21/08/2023)**

	Hours	Time Cost (£)	Average Hourly Rate (£)
Statutory and compliance			
Budgets & Estimated outcome statements	<b>7.70</b>	4,081.00	530.00
Checklist & reviews	<b>2.80</b>	1,979.00	706.79
Closure and related formalities	<b>0.30</b>	111.00	370.00
Extension related formalities	<b>2.10</b>	989.00	470.95
Reports to debenture holders	<b>2.50</b>	1,325.00	530.00
Statutory receipts and payments accounts	<b>0.80</b>	286.00	357.50
Strategy documents	<b>0.20</b>	127.00	635.00
Tax			
Post appointment corporation tax	<b>4.30</b>	2,363.00	549.53
Post appointment VAT	<b>10.10</b>	4,785.00	473.76
<b>Creditors</b>			
Creditors and claims			
General correspondence	<b>24.60</b>	9,169.00	372.72
Pre-appointment VAT / PAYE / CT	<b>0.50</b>	362.50	725.00
ROT Claims	<b>3.00</b>	1,110.00	370.00
Secured creditors	<b>4.50</b>	2,385.00	530.00
Statutory reports	<b>18.20</b>	9,082.00	499.01
Employees			
Employee Correspondence	<b>12.30</b>	6,148.00	499.84
Pension funds	<b>0.80</b>	424.00	530.00
Pensions reviews	<b>2.80</b>	1,324.00	472.86
<b>Realisation of assets</b>			
Asset Realisation			
Cash and investments	<b>0.30</b>	190.50	635.00
Leasehold property	<b>1.70</b>	629.00	370.00
Other assets	<b>0.00</b>	0.00	0.00
Employee Matters / PAYE	<b>0.50</b>	265.00	530.00
<b>Total in period</b>	<b>104.60</b>	<b>49,058.50</b>	<b>469.01</b>
Brought forward time (appointment date to SIP 9 period start date)	885.05	350,184.75	
SIP 9 period time (SIP 9 period start date to SIP 9 period end date)	104.60	49,058.50	
Carry forward time (appointment date to SIP 9 period end date)	989.65	399,243.25	

All staff who have worked on this assignment, including cashiers and secretarial staff, have charged time directly to the assignment and are included in the analysis of time spent. The cost of staff employed in central administration functions is not charged directly to the assignment but is reflected in the general level of charge out rates.

All time shown in the above analysis is charged in units of six minutes.

## Appendix 5      Glossary

<b>Bank</b>	HSBC Bank UK Plc
<b>Company or THS</b>	Health Stores (Wholesale) Ltd - in Administration
<b>CBILS</b>	Coronavirus Interruption Loan
<b>Directors</b>	Michael Cole Simon Cuthbertson John Gibson Tim Ryan Jon Weaver
<b>Eversheds</b>	Evershed Sutherlands LLP
<b>Eurovals</b>	European Valuations Limited
<b>Group</b>	The Company together with; Tree of Life UK Limited – in Administration Health Made Easy Limited – in Administration Freshly Cut Limited Higher Nature Limited
<b>HIF</b>	HSBC Invoice Finance (UK) Limited
<b>Hilton Baird</b>	Hilton Baird Collection Services Limited
<b>HME</b>	Health Made Easy Limited – in



	Administration
<b>Joint Administrators/we/our/us</b>	Chris Pole and Ryan Grant
<b>Interpath/Interpath Advisory</b>	Interpath Ltd
<b>Purchaser</b>	Hunt's Food Group Limited
<b>ROT</b>	Retention of Title
<b>Secured creditors</b>	HSBC Bank UK Plc HSBC Invoice Finance (UK) Limited
<b>Squires</b>	Squire Patton Boggs (UK) LLP

Any references in this progress report to sections, paragraphs and rules are to Sections, Paragraphs and Rules in the Insolvency Act 1986, Schedule B1 of the Insolvency Act 1986 and the Insolvency Rules (England and Wales) 2016 respectively.

This report has been prepared by Chris Pole and Ryan Grant, the Joint Administrators of Health Stores (Wholesale) Ltd – in Administration (the ‘Company’), solely to comply with their statutory duty to report to creditors under the Insolvency Rules (England and Wales) 2016 on the progress of the administration, and for no other purpose. It is not suitable to be relied upon by any other person, or for any other purpose, or in any other context.

This report has not been prepared in contemplation of it being used, and is not suitable to be used, to inform any investment decision in relation to the debt of or any financial interest in the Company or any other company in the Group.

Any estimated outcomes for creditors included in this report are illustrative only and cannot be relied upon as guidance as to the actual outcomes for creditors.

Any person that chooses to rely on this report for any purpose or in any context other than under the Insolvency Rules (England and Wales) 2016 does so at its own risk. To the fullest extent permitted by law, the Joint Administrators do not assume any responsibility and will not accept any liability in respect of this report to any such person.

Christopher Robert Pole and Ryan Grant are authorised to act as insolvency practitioners by the Institute of Chartered Accountants in England & Wales.

We are bound by the Insolvency Code of Ethics.

The Officeholders may be Data Controllers of personal data as defined by the Data Protection Act 2018. Personal data will be kept secure and processed only for matters relating to the appointment. For further information, please see our Privacy policy at – [www.interpathadvisory.com/privacy-insolvency](http://www.interpathadvisory.com/privacy-insolvency).

The Joint Administrators act as agents for the Company and contract without personal liability. The appointments of the Joint Administrators are personal to them and, to the fullest extent permitted by law, Interpath Ltd does not assume any responsibility and will not accept any liability to any person in respect of this report or the conduct of the administration.

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