

HEALTH EDUCATION AND LIFESTYLE SOLUTIONS (HEALS) CIC

UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 28 FEBRUARY 2017

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COMPANIES HOUSE

HEALTH EDUCATION AND LIFESTYLE SOLUTIONS (HEALS) CIC
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2017

DIRECTOR

Mrs A Tryhorn

REGISTERED OFFICE

33 Ludgate Hill
Birmingham
B3 1EH

COMPANY REGISTERED NUMBER

09438825

ACCOUNTANTS

Pointon Young
Chartered Accountants
33 Ludgate Hill
Birmingham
B3 1EH

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HEALTH EDUCATION AND LIFESTYLE SOLUTIONS (HEALS) CIC

Company registered number: 09438825

STATEMENT OF FINANCIAL POSITION AT 28 FEBRUARY 2017

	Note	2017 £	2016 £
FIXED ASSETS			
Property, plant and equipment		957.00	768.75
CURRENT ASSETS			
Debtors		2750.00	2303.00
Cash at bank and in hand		22366.00	0.00
		25116.00	2303.00
CREDITORS: Amounts falling due within one year		8782.00	1042.00
NET CURRENT ASSETS		16334.00	1261.00
NET ASSETS		£ 17291.00	£ 2029.75
CAPITAL AND RESERVES			
Called up share capital		100.00	100.00
Retained earnings		17191.00	1929.75
SHAREHOLDERS' FUNDS		£ 17291.00	£ 2029.75

In approving these financial statements as director of the company I hereby confirm the following:

For the year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476,

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 386 of the Companies Act 2006, and
- preparing financial statements that give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit or loss for the financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to the financial statements, so far as they are applicable to the company.

These accounts have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The accounts were approved by the board of directors on 24 October 2017

A Tryhorn

Mrs A Tryhorn, Director

CIC 34

Community Interest Company Report

	For official use (Please leave blank)	
<i>Please complete in typescript, or in bold black capitals.</i>	Company Name in full	Health Education And Lifestyle Solutions (Heals) CIC
	Company Number	09438825
	Year Ending	28 February 2017
<p>This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.</p> <p>(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)</p>		
<p>PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT</p> <p>In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.</p> <p>This company has been working in schools & with Wolverhampton City Council to write & deliver a health & well-being curriculum for school communities to try + educate the communities on building healthier lifestyles.</p> <p>(If applicable, please just state "A social audit report covering these points is attached").</p> <p><i>(Please continue on separate continuation sheet if necessary.)</i></p>		
<p>PART 2 - CONSULTATION WITH STAKEHOLDERS - Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? <u>If there has been no consultation, this should be made clear.</u></p> <p>The company has been working with Wolverhampton City Council</p>		

health improvement team & HeadStart
Wolverhampton as a result of schools
asking for a curriculum that they
can deliver to their communities. ✓

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Directors remuneration amounted to £8,938 in respect to the period ended 28 February 2017.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

There have been no transfers of assets other than for full consideration during the period to 28 February 2017.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report
must be signed by a
director or secretary
of the company

AJ Tyghon

Signed



Date

21/11/17



Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at: