



Companies House

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **18/02/2016**

X5118E7T

Company Name: **HEALTH EDUCATION AND LIFESTYLE SOLUTIONS (HEALS) C.I.C.**

Company Number: **09438825**

Date of this return: **13/02/2016**

SIC codes: **85590**

Company Type: **Private company limited by shares**

Situation of Registered Office: **33 LUDGATE HILL
BIRMINGHAM
WEST MIDLANDS
UNITED KINGDOM
B3 1EH**

Officers of the company

Company Director **1**

Type: **Person**
Full forename(s): **MRS ANNA**

Surname: **TRYHORN**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: ****/11/1979** *Nationality:* **BRITISH**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

1 SHARE = 1 VOTE, EACH HAVING RIGHTS TO DIVIDENDS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 13/02/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **100 ORDINARY shares held as at the date of this return**
Name: **ANNA TRYHORN**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.