REGISTERED NUMBER: 09359433

# Unaudited Financial Statements for the Year Ended 31 March 2021

for

# The Mindful HR Director Limited

The Hughes Consultancy
1 Golden Court
Richmond
Surrey
TW9 1EU

## Contents of the Financial Statements
## for the Year Ended 31 March 2021

**The Mindful HR Director Limited**

**Company Information**
**for the Year Ended 31 March 2021**

| | |
|---|---|
| **DIRECTOR:** | M Pavlika |
| **REGISTERED OFFICE:** | 37 Shelton Street<br>Covent Garden<br>London<br>WC2H 9HN |
| **REGISTERED NUMBER:** | 09359433 |
| **ACCOUNTANTS:** | The Hughes Consultancy<br>1 Golden Court<br>Richmond<br>Surrey<br>TW9 1EU |

## Balance Sheet
## 31 March 2021

| | Notes | 2021 £ | 2021 £ | 2020 £ | 2020 £ |
|---|---|---|---|---|---|
| **FIXED ASSETS** | | | | | |
| Tangible assets | 4 | | **1,052** | | 321 |
| **CURRENT ASSETS** | | | | | |
| Debtors | 5 | **11,396** | | 14,786 | |
| Cash at bank and in hand | | **37,983** | | 8,195 | |
| | | **49,379** | | 22,981 | |
| **CREDITORS** | | | | | |
| Amounts falling due within one year | 6 | **24,381** | | 23,085 | |
| **NET CURRENT ASSETS/(LIABILITIES)** | | | **24,998** | | (104) |
| **TOTAL ASSETS LESS CURRENT LIABILITIES** | | | **26,050** | | 217 |
| **CREDITORS** | | | | | |
| Amounts falling due after more than one year | 7 | | **26,000** | | - |
| **NET ASSETS** | | | **50** | | 217 |
| **CAPITAL AND RESERVES** | | | | | |
| Called up share capital | 8 | | **1** | | 1 |
| Retained earnings | 9 | | **49** | | 216 |
| **SHAREHOLDERS' FUNDS** | | | **50** | | 217 |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:
(a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements



continued...

**Balance Sheet - continued**
**31 March 2021**

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director and authorised for issue on 15 November 2021 and were signed by:

M Pavlika - Director

**Notes to the Financial Statements
for the Year Ended 31 March 2021**

## 1. STATUTORY INFORMATION

The Mindful HR Director Limited is a private company, limited by shares , registered in Not specified/Other. The company's registered number and registered office address can be found on the Company Information page.

## 2. ACCOUNTING POLICIES

**Basis of preparing the financial statements**
These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**
Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Tangible fixed assets**
Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**Taxation**
Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Deferred tax**
Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**Pension costs and other post-retirement benefits**
The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

## 3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 1 (2020 - 1 ) .



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## 4. TANGIBLE FIXED ASSETS

| | Fixtures and fittings £ | Computer equipment £ | Totals £ |
|---|---|---|---|
| **COST** | | | |
| At 1 April 2020 | - | 995 | 995 |
| Additions | 471 | 709 | 1,180 |
| At 31 March 2021 | 471 | 1,704 | 2,175 |
| **DEPRECIATION** | | | |
| At 1 April 2020 | - | 674 | 674 |
| Charge for year | 118 | 331 | 449 |
| At 31 March 2021 | 118 | 1,005 | 1,123 |
| **NET BOOK VALUE** | | | |
| At 31 March 2021 | 353 | 699 | 1,052 |
| At 31 March 2020 | - | 321 | 321 |

## 5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2021 £ | 2020 £ |
|---|---|---|
| Trade debtors | 6,010 | 6,606 |
| Other debtors | 5,000 | 7,550 |
| Prepayments | 386 | 630 |
| | 11,396 | 14,786 |

## 6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 2021 £ | 2020 £ |
|---|---|---|
| Trade creditors | 1 | (2) |
| Tax | 12,362 | 13,316 |
| Social security and other taxes | 4,220 | 3,370 |
| Pension | 197 | 665 |
| VAT | 7,249 | 5,255 |
| Directors' current accounts | 2 | 31 |
| Accrued expenses | 350 | 450 |
| | 24,381 | 23,085 |

## 7. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

| | 2021 £ | 2020 £ |
|---|---|---|
| BBLoan | 26,000 | - |



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## 8. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

| Number: | Class: | Nominal value: | 2021 £ | 2020 £ |
|---|---|---|---|---|
| 1 | Ordinary | 1 | **1** | 1 |

## 9. RESERVES

| | Retained earnings £ |
|---|---|
| At 1 April 2020 | **216** |
| Profit for the year | **8,778** |
| Dividends | **(8,945)** |
| At 31 March 2021 | **49** |