

STATUTORY COPY

Company Registration No. 09349552 (England and Wales)

LOUGHBOROUGH WELLBEING CENTRE CIC

(A COMPANY LIMITED BY GUARANTEE)

UNAUDITED ABBREVIATED FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 DECEMBER 2015

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09/09/2016

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**LOUGHBOROUGH WELLBEING CENTRE CIC
(A COMPANY LIMITED BY GUARANTEE)
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LOUGHBOROUGH WELLBEING CENTRE CIC
(A COMPANY LIMITED BY GUARANTEE)
ABBREVIATED BALANCE SHEET
AS AT 31 DECEMBER 2015

	Notes	2015 £	£
Current assets			
Cash at bank and in hand		4,685	
Creditors: amounts falling due within one year		(5,263)	
Total assets less current liabilities			<u>(578)</u>
Capital and reserves			
Profit and loss account			(578)
Shareholders' funds			<u>(578)</u>

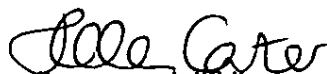
For the financial period ended 31 December 2015 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

Directors' responsibilities

- The members have not required the company to obtain an audit of its financial statements for the period in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements

These abbreviated financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime

Approved by the Board for issue on 5.9.16



H E Carter
Director

Company Registration No. 09349552

**LOUGHBOROUGH WELLBEING CENTRE CIC
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE PERIOD ENDED 31 DECEMBER 2015**

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

1.3 Turnover

Turnover represents amounts receivable for goods and services

1.4 Accounting period

The financial statements cover the thirteen month period from the date of incorporation to 31 December 2015

CIC 34**Community Interest Company Report**

For official use
(Please leave blank)

*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

LOUGHBOROUGH WELLBEING CENTRE CIC

Company Number

09349552

Year Ending

31 DECEMBER 2015

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community

We held a consultation event in July 2015 with a number of key stakeholders (over 30 attended) to discuss the proposed café and it was agreed that early Friday evenings would be an ideal date and time for the café to open and that the 18-30's age group should be our target group in the initial stages to enable us to build our capacity and capability

In the initial phase of commencing the café evenings in October 2015, we set up the evenings (1 per month on the first Friday in every month) with no funding by utilising voluntary contributions from the management team, people providing activity sessions and others supporting the attendees. On the evenings of the café we provided arts and crafts sessions and bread making which was enjoyed by all who attended and helped to begin to develop a trusting relationship between volunteers and beneficiaries

We held three café evenings in total up to December 2015, with attendance growing from three at the first evening, to six at the second and 12 at the third evening. The feedback from the attendees was that they looked forward to the evenings, enjoyed the range of activities offered and were making new friends too. Two of our attendees were extremely socially isolated prior to attending the café and were very anxious about joining in the activities but with encouragement from one to one befrienders they fully integrated by the third session

(If applicable, please just state "A social audit report covering these points is attached")

(Please continue on separate continuation sheet if necessary)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are, how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

As mentioned above, we held a consultation evening with a number of mental health service users as well as a range of key stakeholders and service providers to seek their initial views in early 2015 which identified a lack of out of hours provision and support for people living with mental ill health and their families/carers. Following on from this we held a consultation launch event with a number of stakeholders in July 2015. Feedback from this event was very supportive of the plans that we had and also provided evidence that the proposed 'Recovery Café' would be providing a valuable and much needed out of hours support service.

Through the café evenings, we have continuously consulted with the attendees to understand what they would like the café to provide and each of the following sessions has been arranged to accommodate their needs and requests. We also have an attendee who sits on the steering group and their thoughts and ideas are welcomed in the future development of the café.

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below

No remuneration was received

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below


No transfer of assets other than for full consideration has been made

(Please continue on separate continuation sheet if necessary)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed



Date

5.9.16

Office held (delete as appropriate) Director/~~Secretary~~

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Tel	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)