In accordance with Sections 167 & 167D of the Companies Act 2006.

AP01

■laserform

Appointment of director



Go online to file this information www.gov.uk/companieshouse

✓ What this form is for

You may use this form to appoint
an individual as a director.

What this form is NOT You cannot use the form a corporate director. To please use form AP02 '/ of corporate director'.



LD4 24/10/2017 COMPANIES HOUSE

#11

1	Company details		
Company number	0 9 3 1 5 7 4 5	→ Filling in this form Please complete in typescript or in bold black capitals.	
Company name in full	TOG FITNESS LIMITED		
		All fields are mandatory unless specified or indicated by *	
2	Date of director's appointment		
Date of appointment	$\begin{bmatrix} d & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \end{bmatrix} \begin{bmatrix} d & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 \\ 0 & 0 &$		
3	New director's details	● Former name(s)	
Title *	MS .	Please provide any previous names (including maiden or married names) which have been used for business purposes in the last 20 years.	
Full forename(s)	GEMMA		
Surname	KATAKY	Continue in section 7 if required.	
Former name(s) •		Country/State of residence This is in respect of your usual	
Country/State of residence 2	UNITED KINGDOM	residential address as stated in section 4a.	
Nationality	BRITISH	Month and year of birth Please provide month and year only. Provide full date of birth in section 3a.	
Month/year of birth 3	X X ^m 0 ^m 9 ^y 1 ^y 9 ^y 8 ^y 3		
Business occupation (if any)	DIRECTOR	Business occupation If you have a business occupation, please enter here. If you do not, please leave blank.	
4	New director's service address ⑤		
	Please complete your service address below. You must also complete your usual residential address in Section 4a .	Service address This is the address that will appear on the public record. This does not	
Building name/number	THE COMPANY'S REGISTERED ADDRESS	have to be your usual residential address.	
Street		Please state 'The Company's	
		Registered Office' if your service address is recorded in the company's	
Post town		register of directors as the company's registered office.	
County/Region		If you provide your residential address here it will appear on the public record.	
Postcode			
Country			

AP01
Appointment of director

Consent to act as director	
Please tick the box to confirm consent.	
[x] The company confirms that the person named in section 3 has consented to act as a director of the company named in section 1.	
Signature	
I am signing this form on behalf of the company.	Societas Europaea If the form is being filed on behalf
Signature X MMM - X	of a Societas Europaea (SE) pleas delete 'director' and insert details of which organ of the SE the perso signing has membership. Person authorised Under either section 270 or 274 of the Companies Act 2006.
This form may be signed and authorised by: Director ①, Secretary, Person authorised ②, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager. Judicial factor.	
Additional former names (continued from Section 3)	
	Additional former names Use this space to enter any additional names.
The second of th	
1	
	Please tick the box to confirm consent. [x] The company confirms that the person named in section 3 has consented to act as a director of the company named in section 1. Signature I am signing this form on behalf of the company. Signature X MMM This form may be signed and authorised by: Director O, Secretary, Person authorised O, Administrator, Administrative Receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager. Judicial factor.

AP01
Appointment of director

Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses and day of birth.	
Contact name Mark Feldner	Where to send	
Clifford Chance LLP	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:	
Address 10 Upper Bank Street	For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.	
Post town London	For companies registered in Scotland:	
County/Region Postcode E 1 4 5 J J County United Kingdom	The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1	
	or LP - 4 Edinburgh 2 (Legal Post).	
OX 149120 Canary Wharf 3 Telephone 020 7006 1574	For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street,	
✓ Checklist	Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.	
We may return forms completed incorrectly or with information missing.	Section 243 exemption If you are applying for, or have been granted a section	
Please make sure you have remembered the following: The company name and number match the information held on the public Register. You have completed the date of appointment.	243 exemption, please post this whole form to the different postal address below: The Registrar of Companies, PO Box 4082, Cardiff, CF14 3WE.	
☐ You have included all former names used for	<i>i</i> Further information	
business purposes over the last 20 years. You have completed the nationality box. You have provided the month and year of birth in section 3.	For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk	
You have provided a business occupation if you have one.	This form is available in an	
You have provided your full date of birth in section 3a.	alternative format. Please visit the	
☐ You have provided both the service address and the	forms page on the website at	
usual residential address. Addresses must be a physical location. They cannot	www.gov.uk/companieshouse	
be a PO Box number (unless part of a full service	у стана семъранновново	
address), DX or LP (Legal Post in Scotland) number. You have enclosed a relevant section 243		
application if applying for this at the same time as completing this form.	•	
You have signed the form. You have signed the form.		