K2GOODHEALTH LTD

Filleted Accounts

30 November 2021

Apex Associates LLP
Accountants & Tax Consultants
58A Ilford Lane
Ilford
Essex
IG1 2JY

K2GOODHEALTH LTD

Registered number: 09307399

Balance Sheet

as at 30 November 2021

No	tes		2021		2020
			£		£
Fixed assets					
Tangible assets	3		4,233		4,664
Oursell and the					
Current assets					
Stocks		26,150		19,600	
Debtors	4	1,227		1,387	
Cash at bank and in hand		4,170		2,114	
		31,547		23,101	
Creditors: amounts falling due					
within one year	5	(29,974)		(44,689)	
Net current assets/(liabilities)			1,573		(21,588)
Total assets less current		-		-	
liabilities			5,806		(16,924)
Creditors: amounts falling due					
after more than one year	6		(46,630)		(50,000)
Net liabilities		-	(40,824)	-	(66,924)
		•		•	
Capital and reserves					
Called up share capital			2		2
Profit and loss account			(40,826)		(66,926)
Charabaldaria formala		-	(40.004)	-	(60.004)
Shareholder's funds		-	(40,824)	-	(66,924)

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Mrs Joenida Hernaez Director

Approved by the board on 9 February 2022

K2GOODHEALTH LTD

Notes to the Accounts

for the year ended 30 November 2021

1 Accounting policies

Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods have transferred to the buyer. Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs.

Stocks

Stocks are measured at the lower of cost and estimated selling price less costs to complete and sell. Cost is determined using the first in first out method. The carrying amount of stock sold is recognised as an expense in the period in which the related revenue is recognised.

2	Employees	2021	2020
		Number	Number
	Average number of persons employed by the company	3	3

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