

Registered number
09304075

Coaching Here and Now Limited

Unaudited Abbreviated Accounts

30 November 2015

Coaching Here and Now Limited

Chartered Accountants' report to the board of directors on the preparation of the unaudited abbreviated accounts of Coaching Here and Now Limited for the period ended 30 November 2015

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the abbreviated accounts of Coaching Here and Now Limited for the period ended 30 November 2015 which comprise of the balance sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales, we are subject to its ethical and other professional requirements which are detailed at icaew.com/membershandbook.

This report is made solely to the Board of Directors of Coaching Here and Now Limited, as a body, in accordance with the terms of our engagement letter dated 28 July 2016. Our work has been undertaken solely to prepare for your approval the accounts of Coaching Here and Now Limited and state those matters that we have agreed to state to the Board of Directors of Coaching Here and Now Limited, as a body, in this report in accordance with AAF 2/10 as detailed at icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Coaching Here and Now Limited and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Coaching Here and Now Limited has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and loss of Coaching Here and Now Limited. You consider that Coaching Here and Now Limited is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the accounts of Coaching Here and Now Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the abbreviated accounts.

Starfish Accounting Limited
Chartered Accountants
The Bowler Barn, Bartletts Court
Bath Road
Littlewick Green
Berkshire
SL6 3RX

1 August 2016

Coaching Here and Now Limited**Registered number:** 09304075**Abbreviated Balance Sheet****as at 30 November 2015**

	Notes	2015
		£
Current assets		
Cash at bank and in hand	213	
Creditors: amounts falling due within one year	(1,051)	
Net current liabilities		(838)
Net liabilities		(838)
Capital and reserves		
Called up share capital	2	100
Profit and loss account		(938)
Shareholder's funds		(838)

The director is satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The member has not required the company to obtain an audit in accordance with section 476 of the Act.

The director acknowledges her responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Philippa Stevens

Director

Approved by the board on 1 August 2016

Coaching Here and Now Limited
Notes to the Abbreviated Accounts
for the period ended 30 November 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

2 Share capital	Nominal value	2015 Number	2015 £
Allotted, called up and fully paid:			
Ordinary shares	£1 each	100	<u>100</u>
	Nominal value	Number	Amount £
Shares issued during the period:			
Ordinary shares	£1 each	100	<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.