Abbreviated Unaudited Accounts for the Year Ended 30 September 2016

<u>for</u>

Sailship CIC

A30 30/06/2017

COMPANIES HOUSE

Sailship CIC

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Sailship CIC

Company Information for the Year Ended 30 September 2016

DIRECTORS: Ms F E Barritt

Lt Col T R Cottee Rtd

D G Newport Ms J Weller

REGISTERED OFFICE: Gertrude Benson House

The Old Hatchery Great Henny Sudbury Suffolk CO10 7NL

REGISTERED NUMBER: 09235505 (England and Wales)

ACCOUNTANTS: Howlett's Chartered Accountants

Mistletoe Corner 4 Oatlands Elmstead Market Colchester Essex CO7 7EN

Abbreviated Balance Sheet

30 September 2016

| | | 30.9.16 | 5 | 30.9.15 | , |
|---|-------|---------|-------------|---------|-------------|
| | Notes | £ | £ | £ | £ |
| FIXED ASSETS | | | 00.000 | | 10.001 |
| Tangible assets | 2 | | 30,983 | | 13,891 |
| CURRENT ASSETS | | | | | |
| Debtors | | 1,740 | | - | |
| Cash at bank | | 8,384 | | 8,551 | |
| | | 10,124 | | 8,551 | |
| CREDITORS | | | | | |
| Amounts falling due within one year | | 12,752 | | 10,095 | |
| NET CURRENT LIABILITIES | | | (2,628) | | (1,544) |
| TOTAL ASSETS LESS CURRENT | | | | | |
| LIABILITIES | | | 28,355 | | 12,347 |
| CREDITORS | | | | | |
| Amounts falling due after more than one | | | | | |
| year | | | - | | 12,347 |
| NET ASSETS | | | 28,355 | | |
| NET ASSETS | | | | | |
| RESERVES | | | | | |
| Income and expenditure account | | | 28,355 | | _ |
| moonly and expenditure decount | | | | | |
| | | | 28,355 | | - |
| | | | | | === |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2016 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Ms F E Barritt - Director

The notes form part of these abbreviated accounts

Notes to the Abbreviated Accounts
for the Year Ended 30 September 2016

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on cost and 10% on cost

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

2. TANGIBLE FIXED ASSETS

| | Total £ |
|----------------------|------------|
| COST | |
| At 1 October 2015 | 15,434 |
| Additions | 18,971 |
| At 30 September 2016 | 34,405 |
| DEPRECIATION | |
| At 1 October 2015 | 1,543 |
| Charge for year | 1,879 |
| At 30 September 2016 | 3,422 |
| | |
| NET BOOK VALUE | |
| At 30 September 2016 | 30,983 |
| 44.20 Camtamban 2016 | 12 801 |
| At 30 September 2015 | 13,891 |

CIC 34

Community Interest Company Report

| | For official use (Please leave blank) | |
|--|--|---|
| Please complete in | Company Name in full | SAILSHIP CIC |
| typescript, or in bold black capitals. | Company Number | 9235505 |
| oup.tuio. | Year Ending | 25 TH SEPTEMBER 2015-30 TH SEPTEMBER 2016 |

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

In this reporting year (25th September 2015- 30th September 2016), Sailship's purpose has expanded to enable not only young adults (who have a learning disability) to achieve and maintain their potential in relation to physical, intellectual and emotional wellbeing, but all adults over 18 who have a learning disability or mental health support need. Sailship offers its Trainees the opportunity to use personal qualities and abilities to make a valued contribution. In-particular, the choice to pursue job and career paths – paid or unpaid/voluntary that match individual interests and skills, and for those with complex physical/severe learning disabilities, day provisions where they can enjoy meaningful work -related activities. The project provides work skills/life skills training through the ongoing development of a range of innovative social enterprise trading activities offering employment related support and opportunities to disadvantaged people. The site – an acre in total, is owned by the charitable trust - Rush Green Allotment Trust. During this financial year Sailship has secured a further 10 years lease for the land (incurring a small increase in rent - still a peppercorn rate of £120/year) which will enable the project to securely continue to develop and grow.

Sailship was awarded a grant by Comic relief in February 2016 (£10,000.00) to develop a Kitchen craft project. A static caravan was purchased and renovated. Commercial kitchen cabinets and appliances were installed to create a bespoke kitchen, suitable for disabled use as well as for those who require learning support. This project is intended to be used to produce preserves, such as chutneys/jams/jellies and will become a small registered manufacturer, utilising fruit and vegetables grown in the horticulture enterprise. This will enable Trainees to develop retail manufacture skills that can also be utilised to achieve an ASDAN Employability Award (Entry level 2 or 3) and will also benefit their CV's as well as their own personal experience of a truly vocational enterprise.

A further grant by the Anglian Community Trust in July 2016 (ACT) (£7,000.00) also enabled the project to continue to develop the site. A local decking company was contracted to build a further network of paths and decks to afford wheelchair access to the entire area, including the new kitchen area.

By March 2016, Sailship was supporting double the placements of the previous year as traineeships. Interest has again, this reporting year, been in horticulture, heavy craft (eg woodwork and conservation projects), continuing to develop the willow field cultivated in 2014 and harvested for the first time in February 2015 and further development of the allotments. New raised beds were constructed by the Trainees, supported by a staff team of experienced support workers and a specialist horticulturalist/arboriculturalist. In addition to this the development of the new Kitchen Project has proved very popular, attracting females as well as males. Acting as 'innovation chefs' the new team has worked closely together with an experienced jam maker and the sponsorship of a local (famous) jam manufacturer to create some really delicious jams, chutneys, relishes and jellies.

| Continued | | | | |
|-----------|--|--|--|--|
|-----------|--|--|--|--|

Continued...

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

(continued)

Sailship continues to be client led and therefore until September 2016 has been mainly devoted to these activities. The newly introduced ASDAN Employability Course, incorporating work skills training and life skills learning, has afforded the trainees the opportunity to demonstrate through their commitment to the project, progress beyond expectation, both for themselves but also for the project! New understanding of relevant work skills, such as team working, customer care and valuing each other's points of view, coupled with more general learning about workplace expectations - time-keeping, attendance, commitment to the job tasks, understanding the importance of workplace expectations - health and safety at work, applying for annual leave and calling their supervisor when ill and needing 'sick leave' are all areas in which the trainees have benefitted from the course. Initial assessment, followed by formative assessment (and in some cases summative assessment) have documented progress and reported increased confidence and self-esteem among participants. Horticultural skills and crafting skills through enterprise have also benefitted the trainees and have led the company to consider further educational development by the possibility of introducing City & Guilds level 1 Horticulture qualifications by September 2017.

A new venture, Social and Therapeutic Horticulture following extensive training and learning delivered by Thrive to three staff members and further accredited research work carried out by the CEO, was introduced to Sailship in April 2016. This therapeutic gardening supports people with mental ill health, people who suffer from depression, people living with disability as well as people who have a learning disability and thus extends the provision. This type of gardening focusses on the well-being of the participant and uses specific methods to help to rehabilitate, recuperate, restore confidence/self-esteem and create a 'stress- free' environment in which to recover.

The CEO applied to the Tudor Trust in 2016 for a grant to secure salaries for up to three years and in June 2016 a Grants Officer and a Trustee visited the site, following a successful first round application. By Xmas 2016 Sailship will know if the full application has been successful. If granted, this will allow for a full-time post of CEO and possibly other salaried posts. In turn, this will afford the opportunity to establish a CIC that can truly serve its members by developing its enterprises to become self-sufficient over time.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

The company's stakeholders are the Trainees who attend the project and the professionals who refer them, the volunteers who give their expertise and time to the project, the employees and Directors, the Charity - Rush Green Allotment Trust (RGAT) Trustees, and the local community who tend their allotments alongside the project.

Sailship is very much 'client led' and we work closely with our community to ensure it is they who steer the project the way they wish to see it developing. We achieve this by a variety of means, to include:

- Verbal feedback from our trainees.
- Suggestion and feedback forms.
- · Group meetings with trainees.
- Interaction with those who care for and work with our service users in differing capacities (e.g. parents/carers, social workers, careers advisers, personal assistants).

We consult stakeholders via a newsletter to trainees, parents/carers and for professionals, a brochure that details Sailship CIC's offer.

We also stage Open Days that showcase the project and welcome all.

We hold our Annual General Meeting (AGM) in June, in keeping with the time scale of trainee inclusion (ie from August 2015- August 2016).

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

No remuneration was received by Directors.

| PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below. |
|--|
| No transfer of assets other than for full consideration has been made. |
| • |
| (Please continue on separate continuation sheet if necessary) |

PART 5 - SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

Harrit !

Date 28/6/17

Office held (delete as appropriate) Director

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

| | uffolk. CO10 7NL | |
|-----------------|------------------|--|
| Tel 07875 63918 | · · | |
| DX Number | DX Exchange | |

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38 Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)