

**REGISTERED NUMBER: 09219450 (England and Wales)**

**UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019**

**FOR**

**STRONGER FITNESS AND MARTIAL ARTS  
LIMITED**

**STRONGER FITNESS AND MARTIAL ARTS  
LIMITED (REGISTERED NUMBER: 09219450)**

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**STRONGER FITNESS AND MARTIAL ARTS  
LIMITED (REGISTERED NUMBER: 09219450)**

**BALANCE SHEET  
31 March 2019**

	31.3.19		31.3.18
	£	£	£
<b>FIXED ASSETS</b>		7,435	14,869
<b>CURRENT ASSETS</b>	4,228		9,871
<b>CREDITORS</b>			
Amounts falling due within one year	<u>(34,863)</u>		<u>(21,953)</u>
<b>NET CURRENT LIABILITIES</b>		<u>(30,635)</u>	<u>(12,082)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		(23,200)	2,787
<b>CREDITORS</b>			
Amounts falling due after more than one year		<u>35,781</u>	<u>35,781</u>
<b>NET LIABILITIES</b>		<u>(58,981)</u>	<u>(32,994)</u>
<b>CAPITAL AND RESERVES</b>		<u>(58,981)</u>	<u>(32,994)</u>

**NOTES TO THE FINANCIAL STATEMENTS**

**1. STATUTORY INFORMATION**

Stronger Fitness And Martial Arts Limited is a private company, limited by shares , registered in England and Wales. The company's registered number and registered office address are as below:

**Registered number:** 09219450

**Registered office:** Brookwood House  
84 Brookwood Road  
London  
SW18 5BY

**2. AVERAGE NUMBER OF EMPLOYEES**

The average number of employees during the year was 2 (2018 - 2 ) .

**STRONGER FITNESS AND MARTIAL ARTS  
LIMITED (REGISTERED NUMBER: 09219450)**

**BALANCE SHEET - continued  
31 March 2019**

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and  
preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the director on 31 December 2019 and were signed by:

R L Romero - Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.