Registered Number: 09072142
England and Wales

S4U HEALTHYLIFE LTD

Abridged Accounts

Period of accounts

Start date: 01 April 2022

End date: 31 March 2023

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S4U HEALTHYLIFE LTD
Accountants' Report
For the year ended 31 March 2023

In order to assist you to fulfil your duties under Companies Act 2006, we have prepared for your approval the accounts of S4U HEALTHYLIFE LTD for the year ended 31 March 2023 which comprise the Statement of Comprehensive Income, the Statement of Financial Position, the Statement of Changes in Equity, and related notes from the company's accounting records and from information and explanations you have given us.

As a practising member of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at http://rulebook.accaglobal.com.

This report is made solely to the member of S4U HEALTHYLIFE LTD, as a body, in accordance with the terms of our engagement letter dated 30 December 2023. Our work has been undertaken solely to prepare for your approval the accounts of S4U HEALTHYLIFE LTD and state those matters that we have agreed to state to the Board ofs of S4U HEALTHYLIFE LTD, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants and as detailed at http://www.accaglobal.com/factsheet163. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than S4U HEALTHYLIFE LTD and its members as a body for our work or for this report.

It is your duty to ensure that S4U HEALTHYLIFE LTD has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and Profit of S4U HEALTHYLIFE LTD. You consider that S4U HEALTHYLIFE LTD is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of S4U HEALTHYLIFE LTD. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

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SNP Plus Ltd
Accountants and Tax Advisors
284 Station Road
Harrow, London
HA1 2EA
30 December 2023

S4U HEALTHYLIFE LTD
Statement of Financial Position
As at 31 March 2023

	Notes	2023	2022
		£	£
Fixed assets			
Tangible fixed assets	3	4,595	5,406
		4,595	**5,406**
Current assets			
Stocks		35,376	39,431
Debtors: amounts falling due within one year		16,170	40,219
Cash at bank and in hand		161,046	147,714
		212,592	**227,364**
Creditors: amount falling due within one year		(341,508)	(361,953)
Net current liabilities		**(128,916)**	**(134,589)**
Total assets less current liabilities		(124,321)	(129,183)
Creditors: amount falling due after more than one year		1	(1)
Provisions for liabilities		(915)	(1,079)
Net liabilities		**(125,235)**	**(130,263)**
Capital and reserves			
Called up share capital	4	100	100
Profit and loss account		(125,335)	(130,363)
Shareholder's funds		**(125,235)**	**(130,263)**

For the year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476.
2. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of Part 15 of the Companies Act 2006. In accordance with Section 444 of the Companies Act 2006 the income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with section 444(2A).

The financial statements were approved by the board of directors on 30 December 2023 and were signed on its behalf by:

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Shibaji Shrestha	Urmila Shrestha
Director	Director

S4U HEALTHYLIFE LTD
Notes to the Abridged Financial Statements
For the year ended 31 March 2023

General Information

S4U HEALTHYLIFE LTD is a private company, limited by shares, registered in England and Wales, registration number 09072142, registration address 284 Station Road, Harrow, England, HA1 2EA.

The presentation currency is £ sterling.

1. **Accounting policies**

Significant accounting policies

The accounts have been prepared under the historical cost convention and in accordance with FRS 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland (as applied to small entities by Section 1A of the standard)

Going concern basis

The directors believe that the company is experiencing good levels of sales growth and profitability, and that it is well placed to manage its business risks successfully. Accordingly, they have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

Turnover

Turnover comprises the invoiced value of goods supplied by the company, net of Value Added Tax and trade discounts.

Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the reporting date.
Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.
Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.
Current and deferred tax assets and liabilities are not discounted.

Tangible fixed assets

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and Machinery	15% Reducing Balance
Fixtures and Fittings	15% Reducing Balance
Computer Equipment	15% Reducing Balance

Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow moving items. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

Provisions

Provisions are recognised when the company has a present obligation as a result of a past event which it is more probable than not will result in an outflow of economic benefits that can be reasonably estimated.

2. Average number of employees

Average number of employees during the year was 2 (2022 : 3).

3. Tangible fixed assets

Cost or valuation	Plant and Machinery	Fixtures and Fittings	Computer Equipment	**Total**
	£	**£**	**£**	**£**
At 01 April 2022	4,477	4,249	3,726	12,452
Additions	-	-	-	-
Disposals	-	-	-	-
At 31 March 2023	**4,477**	**4,249**	**3,726**	**12,452**
Depreciation				
At 01 April 2022	2,651	2,781	1,614	7,046
Charge for year	274	220	317	811
On disposals	-	-	-	-
At 31 March 2023	**2,925**	**3,001**	**1,931**	**7,857**
Net book values				
Closing balance as at 31 March 2023	**1,552**	**1,248**	**1,795**	**4,595**
Opening balance as at 01 April 2022	**1,826**	**1,468**	**2,112**	**5,406**

4. Share Capital

Allotted, called up and fully paid	**2023**	**2022**
	£	**£**
100 Class A shares of £1.00 each	100	100
	100	**100**

5. Related parties

During the year the company entered into the following transactions with related parties:

	Transaction value - income/(expenses)		Balance owed by/(owed to)	
	2023	2022	2023	2022
	£	£	£	£
Mr. Shibaji Shrestha and Mrs. Urmila Shrestha	0	0	338,333	343,730

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.