

## S4U HEALTHYLIFE LTD

Abridged Accounts

### **Period of accounts**

**Start date:** 01 April 2018

**End date:** 31 March 2019

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In order to assist you to fulfil your duties under Companies Act 2006, we have prepared for your approval the accounts of S4U HEALTHYLIFE LTD for the year ended 31 March 2019 which comprise the Statement of Comprehensive Income, the Statement of Financial Position, the Statement of Changes in Equity, and related notes from the company's accounting records and from information and explanations you have given us.

As a practising member of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com>.

This report is made solely to the member of S4U HEALTHYLIFE LTD, as a body, in accordance with the terms of our engagement letter dated 10 December 2019. Our work has been undertaken solely to prepare for your approval the accounts of S4U HEALTHYLIFE LTD and state those matters that we have agreed to state to the Board of S4U HEALTHYLIFE LTD, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants and as detailed at <http://www.accaglobal.com/factsheet163>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than S4U HEALTHYLIFE LTD and its members as a body for our work or for this report.

It is your duty to ensure that S4U HEALTHYLIFE LTD has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and Loss of S4U HEALTHYLIFE LTD. You consider that S4U HEALTHYLIFE LTD is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of S4U HEALTHYLIFE LTD. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

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SNP Plus Ltd

Accountants and Tax Advisors

2 Sigma Business Centre

7 Havelock Road

Harrow, London

HA1 1LJ

10 December 2019

**S4U HEALTHYLIFE LTD**  
**Statement of Financial Position**  
**As at 31 March 2019**

	<b>Notes</b>	<b>2019</b> <b>£</b>	<b>2018</b> <b>£</b>
<b>Fixed assets</b>			
Tangible fixed assets	2	5,618	6,497
		<b>5,618</b>	<b>6,497</b>
<b>Current assets</b>			
Stocks		99,067	101,867
Debtors: amounts falling due within one year		26,725	25,388
Cash at bank and in hand		37,213	43,689
		<b>163,005</b>	<b>170,944</b>
<b>Creditors: amount falling due within one year</b>		<b>(301,026)</b>	<b>(281,223)</b>
<b>Net current assets</b>		<b>(138,021)</b>	<b>(110,279)</b>
<b>Total assets less current liabilities</b>		<b>(132,403)</b>	<b>(103,782)</b>
Provisions for liabilities		(963)	-
<b>Net assets</b>		<b>(133,366)</b>	<b>(103,782)</b>
<b>Capital and reserves</b>			
Called up share capital	3	100	100
Profit and loss account		(133,466)	(103,882)
<b>Shareholders funds</b>		<b>(133,366)</b>	<b>(103,782)</b>

For the year ended 31 March 2019 the company was entitled to exemption from audit under section 477 of the companies act 2006 relating to small companies.

Directors' Responsibilities:

1. The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476
2. The directors acknowledge their responsibilities for complying with the requirements of the companies act 2006 with respect to accounting records and the preparation of accounts

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of Part 15 of the Companies Act 2006. In accordance with section 444 of the Companies Act 2006, the income statement has not been delivered to the Registrar of Companies.

The members have agreed to the preparation of abridged accounts for this accounting period in accordance with section 444(2A).

Signed on behalf of the board of directors

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Shibaji Shrestha  
Director

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Urmila Shrestha  
Director

Date approved by the board: 10 December 2019

**S4U HEALTHYLIFE LTD**  
**Notes to the Abridged Financial Statements**  
**For the year ended 31 March 2019**

**General Information**

S4U HEALTHYLIFE LTD is a private company, limited by shares, registered in England and Wales, registration number 09072142, registration address 2 Sigma Business Centre, 7 Havelock Place, Harrow, Middlesex, HA1 1LJ.

The presentation currency is £ sterling

**1. Accounting Policies**

**Significant accounting policies**

**Statement of compliance**

These financial statements have been prepared in compliance with FRS 102 – The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**Basis of preparation**

The financial statements have been prepared on the going concern basis and under the historical cost convention as modified by the revaluation of land and buildings and certain financial instruments measured at fair value in accordance with the accounting policies.

The financial statements are prepared in sterling which is the functional currency of the company.

**Turnover**

Turnover comprises the invoiced value of goods supplied by the company, net of Value Added Tax and trade discounts.

**Deferred taxation**

Deferred tax is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted.

**Tangible fixed assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and Machinery	15% Reducing Balance
Fixtures and Fittings	15% Reducing Balance
Computer Equipment	15% Reducing Balance

## Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow moving items. Cost includes all direct costs and an appropriate proportion of fixed and variable overheads.

## Provisions

Provisions are recognised when the company has a present obligation as a result of a past event which it is more probable than not will result in an outflow of economic benefits that can be reasonably estimated.

## 2. Tangible fixed assets

<b>Cost</b>	<b>Plant and Machinery</b>	<b>Fixtures and Fittings</b>	<b>Computer Equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
At 01 April 2018	3,560	4,137	2,231	9,928
Additions	-	112	-	112
Disposals	-	-	-	-
At 31 March 2019	<b>3,560</b>	<b>4,249</b>	<b>2,231</b>	<b>10,040</b>
<b>Depreciation</b>				
At 01 April 2018	1,555	1,436	440	3,431
Charge for year	301	422	268	991
On disposals	-	-	-	-
At 31 March 2019	<b>1,856</b>	<b>1,858</b>	<b>708</b>	<b>4,422</b>
<b>Net book values</b>				
Closing balance as at 31 March 2019	<b>1,704</b>	<b>2,391</b>	<b>1,523</b>	<b>5,618</b>
Opening balance as at 01 April 2018	<b>2,005</b>	<b>2,701</b>	<b>1,791</b>	<b>6,497</b>



### 3. Share Capital

<b>Allotted</b>	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
100 Class A shares of £1.00 each	100	100
	<b>100</b>	<b>100</b>

### 4. Staff Costs

	<b>2019</b>	<b>2018</b>
<b>Average number of employees during the year</b>	<b>Number</b>	<b>Number</b>
Sales	2	2
	<b>2</b>	<b>2</b>

### 5. Related parties

During the year the company entered into the following transactions with related parties:

	<b>Transaction value</b>		<b>Balance owed by/(owed to)</b>	
	<b>2019</b>	<b>2018</b>	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Mr. Shibaji Shrestha and Mrs. Urmila Shrestha</b>	-	-	295,983	278,910

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.